



# SKAHA MATTERS

"Bringing Community Matters to You"

Volume 6 : Issue 10

October  
2014

Your FREE Monthly  
Community Newsletter

Published by Okanagan Matters Publications

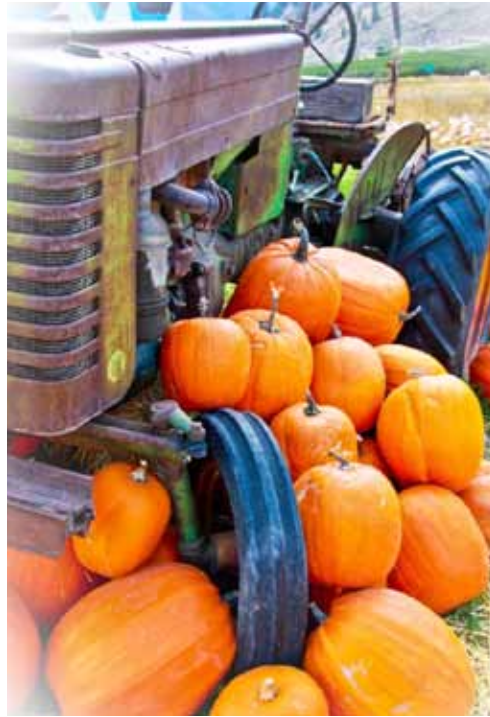
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## Oktoberfest

at the 1912 in Kaleden

**Saturday, October 18th ~ 6 pm**

Reservations Required

**250.486.8939**

[Facebook.com/flamecatering](https://www.facebook.com/flamecatering)



What did you think?

**Is Okanagan Falls Age Friendly?**

**OPEN HOUSE** - Survey & Interview Results  
from the Age Friendly Assessment Project in June.

**11-2 & 5-8 on Wednesday, October 1st**

at the Okanagan Falls Senior Centre.



*Falls Market*  
BC Liquor Agency

(OK Food Mart) The "Corner" Store  
Hwy 97 & 910 Main St  
in OK Falls

**Your One Stop Shop for All Your Needs!**

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**BIG SALE ~ BELOW BC GOVT PRICING - See Page 3!**

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&  
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Complimentary Tastings  
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## Beale Street Festival

A tribute to Southern food & music

Oct 4th 12-3pm \$45

## Shake, Rattle & Roll!

4 Course Dinner with Elvis tribute artist

Oct 9th 5-9pm \$79

**Smoke & Oak Bistro**  
Open 11-4



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info@wildgoosewinery.com



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wildgoosewinery.com



@wildgoosewines

# OCTOBER 2014 COMMUNITY CALENDAR

View Online at [www.SkahaMatters.com](http://www.SkahaMatters.com) ~ **Event Reminders on Facebook Page!**

Call 250.490.6951 or [skahamatters@telus.net](mailto:skahamatters@telus.net)

\* Event info is included in this issue.



**Get Your Event  
on the Community Calendar!**

Free Listing for Local Non-profit Groups.

Advertise Your Business Event Too!

<b>November 2014 Special Events</b> Nov 1-2 ~ Nonviolent Communication Workshop Nov 7 ~ Pharmasave's Flu Clinic Nov 11 ~ Remembrance Day with Legion #227 Nov 15 ~ Voting Day for RDOS Area 'D' Director Nov 15 ~ Kal-Rec Movie Night at Kaleden Hall Nov 19 ~ Pharmasave's Flu Clinic		<b>RDOS Election Nomination Period</b> Sept 30- Oct 10	<b>Age Friendly Study 1 Open House *</b> 11-2 & 5-8 Senior Centre <b>Family Storytime</b> OK Falls Library at 1pm * <b>Kaleden PAC AGM *</b> 7pm School Library	<b>Try Square Dancing *</b> Free Today in Penticton <b>SO Genealogy Event *</b> Penticton Library 7pm	<b>"Ten Beers After" 3</b> Ye Olde Welcome Inn * <b>Youth &amp; Teens Night *</b> OK Falls Rec Centre <b>Legion Meat Draws *</b> Every Fri & Sat at 5pm LA Dinner on 3rd & 24th	<b>Pancake Breakfast 4</b> OK Falls Seniors Centre * <b>Kal-Rec Family Yoga *</b> <b>"Beale Street Festival"</b> Wild Goose Winery * <b>Burger Bash &amp; Ride *</b> <b>Fall Art Show &amp; Sale *</b>
<b>Fire Prevention 5</b> Week * Oct 5-11 <b>Potato Contest &amp; BBQ</b> Ye Olde Welcome Inn * <b>Legion Fun Time *</b> Sundays - 1pm	<b>Kaleden Community Choir Starts *</b> Kaleden Church 7pm Everyone Welcome to Join	<b>Building Blocks * 7</b> OK Falls Rec Centre Tuesdays at 3pm <b>Helping Hand *</b> Meeting at 10am <b>OK Falls PAC *</b> 6:30pm School Library	<b>"Harvest Work Day &amp; Lunch"</b> Noble Ridge Winery <b>Legion Darts &amp; Pool *</b> Every Wednesday at 7pm	<b>Event Coordinator 9</b> <b>Closing Date *</b> <b>Blood Donor Clinic *</b> Penticton Senior Centre 9th & 10th - 1:30-5:30pm <b>"Shake, Rattle &amp; Roll"</b> Wild Goose Winery *	<b>GTLASS &amp; LNIID</b> <b>Annual Info Meeting</b> 2-4pm at 176 Twin Lake Rd <b>OK Falls Info Centre *</b> Doors Closed for season	<b>Peach Cliff Hike 11</b> Meyer Family Vineyards <b>Fall Flea Market *</b> OK Falls Senior Centre <b>Kraze Legz Fall Wine Festival Event *</b>
<b>Kaleden Potluck * 12</b> <b>Church Services *</b> Kaleden & OK Falls Community Churches 10am OK Falls United Church & Anglican Church 9:30am Catholic Mass 11:30am	<b>Thanksgiving Day 13</b>	<b>Preschool Storytime 14</b> Kaleden Library * Tuesdays at 10am	<b>Skaha Estaes 15</b> Reservoir Repairs Oct 15-18 <b>Kaleden Women's Weekly Drop-in * 1-4pm</b> <b>Women's Institute *</b> Meet 3rd Wed each mth	<b>Thursdays Bridge/Crib 16</b> OK Falls Seniors Centre * <b>Legion Shuffleboard</b> Tue & Thur afternoons *	<b>Museum's Last Day 17</b> in OK Falls until Spring* <b>Youth &amp; Teens Night *</b> OK Falls Rec Centre <b>Parenting Conference</b> Oct 17 & 18 *	<b>1912's Oktoberfest* 18</b> Seniors Centre Bingo * Watch the Dresser at Falls Furniture 11-3pm * <b>Candlelight Ceremony &amp; Lunch at Legion *</b> <b>Kal-Rec Movie Night *</b>
<b>Pancake Breakfast 19</b> OK Falls Legion * <b>Restoration Service *</b> OK Falls Community Church <b>Open House *</b> 12-4pm OK Falls Fire Department	<b>Gentle Yoga 20</b> OK Falls Zen Centre Mon/Fri at 9:30am	<b>Tuesday Bingo *</b> OK Falls Senior Centre 1st 3 Tuesdays/Mth at 1pm <b>Legion Meeting *</b> General Meeting at 7pm	<b>Chair Yoga *</b> OK Falls Zen Centre Wednesdays at 9:30am	<b>Pharmasave's Foot Care Clinic *</b> "Fittings & Feet by Dana"	<b>Music &amp; Coffee *</b> OK Falls Seniors Centre Every Wed & Fri 9-10:30am	<b>Legion Fun Darts* 25</b> Saturday Afternoons <b>Potluck Dinner &amp; Pies*</b> OK Falls Senior Centre <b>St. Barbara's Church *</b> 1st 3 Sundays at 9:30 4th Sun on Sat @ 5pm
<b>"Watch the Dresser" 26</b> Falls Furniture & Cabinet Co at Penticton Speedway <b>LA Fowl Supper *</b> OK Falls Legion 5-7pm - tix at lounge bar	<b>WestJet in Penticton *</b> New Flights - Oct 26-31	<b>Pharmasave's Flu Clinics *</b> <b>Evening Pool *</b> OK Falls Seniors Centre Tuesday Nights at 6:30pm	<b>Pharmasave's Customer Appreciation Day *</b>	<b>Gentle Fit* 30</b> OK Falls Zen Centre Tue/Thur at 9:30am <b>Lego Night *</b> Kaleden Library 6-7pm	<b>Kal-Rec Halloween Dinner &amp; Dance *</b> Kaleden Community Hall <b>Legion Halloween Bash with Shindigger*</b>	



# Falls Market

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Limited quantities available.**SALE PRICES****October 1st - 25th, 2014**

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6 pack cans - 355ml  
.71¢ BELOW BC GOV'T  
**\$8.99** ea



**Peller Estates**  
Proprietors Reserve  
Shiraz or Pinot Grigio  
750ml  
\$1.34 BELOW BC GOV'T  
**\$7.55**



**Verano Wine**  
Tempranillo Cabernet  
or Shiraz - 750ml  
\$5.75 BELOW BC GOV'T  
**\$7.25**



**Smirnoff Vodka**  
750ml  
\$2.50 BELOW BC GOV'T  
**\$22.25**



**Growers**  
Raspberry - 2L  
\$1.50 BELOW BC GOV'T  
**\$7.50**



**Bacardi Rum**  
750ml  
\$1.75 BELOW BC GOV'T  
**\$22.50**



**Budweiser - Bud Light**  
or **Kokanee** 24 pack cans  
\$2.30 BELOW BC GOV'T  
355ml  
**\$35.25** ea

**BUY 3**  
**Packs Get**  
**a**  
**FREE**  
**Lighter!**



**Caribou Genuine Draft**  
6 pack cans - 355ml  
.45¢ BELOW BC GOV'T  
**\$7.55**



**Sawmill Creek**  
Cabernet Sauvignon  
1.5L  
\$1.75 BELOW BC GOV'T  
**\$14.75**



**Crown Royal Whisky**  
1.75L  
\$7.00 BELOW BC GOV'T  
**\$55.00**



**Naked Grape**  
Riesling or Shiraz  
750ml  
.71¢ BELOW BC GOV'T  
**\$8.99**

**TOONIE WEEKS**



Includes two pieces of chicken and fries or mojos.  
**\$2.99** for 2 piece meal  
1 coupon per person. Expires October 15, 2014

**20 PIECES OF CHICKEN**



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**\$25.00**  
1 coupon per person. Expires October 31, 2014

**TO PENTICTON**  
← HWY 97 Corner of 9th Ave.  
9th Ave.  
Ash St.  
Willow St.  
10th Ave.  
and Main St. →  
**TO OSOYOOS**  
Birch St.

## AN OPEN LETTER to The Residents of RDOS - Area 'D'



### Re-Elect Tom Siddon

Dear Friends,

Given the forthcoming local elections on November 15th, and having carefully weighed my options, I have decided to seek a renewal of my mandate as your Electoral Area Director for RDOS Area 'D'.

If re-elected, I will continue to provide open, effective and accountable leadership on behalf of all residents in Area 'D'.

Some of my priorities are:

- Moving forward with the Town Centre Revitalization Project for Okanagan Falls.
- Implementation Plan for Sewer Extension to Kaleden and Skaha Estates.
- Completion of Lakehill Road Walkway and the KVR Trail through Kaleden.
- A New Neighborhood Park for Heritage Hills and Lakeshore Highlands.
- A Revised Official Community Plan for Area D-1: Kaleden, Twin Lakes, and Apex.
- New Transit Services and improved Seniors Housing in Okanagan Falls.

May I count on your support at the polls on November 15th?

With appreciation,

Tom Siddon

This ad authorized by Lisa Lawson  
Financial Agent for Tom Siddon Campaign: 250-488-4614

***Proven Leadership for Area 'D'***

## RCMP Community Report



with Sgt Rick Dellebuur, Penticton RCMP

Penticton RCMP are reminding residents that school is now back in session and with that comes School Zones and School Buses. The Penticton RCMP will be monitoring school zones for speeders and persons parking in no stopping zones to unload or load their children. The No Stopping Zones are just that ... No Stopping Zones. They are there to provide visibility and a buffer zone for children entering and leaving school. People are reminded that it is also a Motor Vehicle Act Offence for vehicles to pass a school bus in either direction when the bus is stopped and warning signals are activated while children are loading or unloading. Vehicles following and approaching a school bus with its signals activated must stop until the bus driver shuts off the signals to indicate it is now safe to proceed. As in previous years, Penticton RCMP members will be occasionally riding school buses to identify and ticket drivers that fail to stop for a school bus. The fine is \$167.00.

There has been a recent increase in property thefts in the rural areas. Penticton RCMP and RCMP in the South Okanagan have increased resources to investigate these thefts and as of Wednesday, September 23rd had arrested two males responsible for a combined total of 40 property thefts in the area. The RCMP are continuing to investigate area property crimes in hopes of more arrests and charges.

In order to further reduce property crime, RCMP ask that rural residents to not be complacent when it comes to securing their rural homes and property. Often rural residents get a false sense of security in that they feel in their rural location they are less likely to be a victim of property crimes than an urban resident. In fact, rural areas can be even more susceptible when residents are away as they often do not have neighbours nearby that can watch their property and report suspicious activities. This provides thieves with a very good environment in which to ply their trade in that the chances of them being seen, caught in the act and apprehended are low. Residents need to secure their property as best as they can, don't leave keys in vehicles, equipment and ATVs. Don't leave off road vehicles such as ATVs, dirt bikes, snow mobiles on unsecured trailers. When you go away, even for the day, secure your home and give it the appearance that somebody is home, such as leaving lights on controlled by timers, and/or leaving a radio on. If you are going to be away for a period of time, consider an alarm system and the very least have someone regularly check on your property. Alarm systems and security cameras have become very affordable and some systems can be controlled and monitored by your smart phone even when away from home. If you require more information on how to better protect yourself from property theft, please contact The Penticton RCMP Community Policing Unit.

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## Elect Alan Whitman Area D Director To Stop Incorporation

### Incorporation Will Mean Much Higher Property Taxes and Worse Road Maintenance

Director Siddon has asked the province to study the incorporation of South Skaha, a proposal which would join the communities of Heritage Hills, Lakeshore Highlands, Skaha Estates, Okanagan Falls, Vaseux Lake, Kaleden, and St. Andrews together into one spread-out town. The province currently maintains our roads and, while we do have our share of potholes, there are far more potholes on the main streets of Penticton year around. How could the large, thinly populated proposed town of South Skaha possibly afford to maintain our streets and rural roads as well as the compact and densely populated city of Penticton can? When you drive along Eastside Road in winter you always know when you have reached the Penticton city limits - there is far more ice and slush on the main streets of Penticton than we have on our roads, currently maintained by the province.

The new town would need to hire five department heads and their staff at high salaries, instead of having the cost of those salaries spread across the entire RDOS as they are now. **The only South Skaha residents who will benefit from incorporation will be the new mayor and councillors.**

Twice Okanagan Falls wisely voted against incorporation in referendums. On October 16, 2013 Director Siddon asked for a show of hands at a Town Hall Meeting. About 60 percent of those present were opposed to an incorporation study, but he still proceeded with his incorporation agenda. Much as I like and respect Tom Siddon, **I believe that the purpose of public meetings is to learn the will of the residents and to listen to their joint wisdom.** Director Siddon has repeatedly lobbied the Minister of Community, Sport and Cultural Development to begin an incorporation study. **What he has not told you is that the province will be in charge of which direction the study goes, not the RDOS director.** The province can do whatever it wants where municipalities are concerned, just as it did in 1973 when it forced Rutland and Okanagan Mission to become part of Kelowna without holding a referendum. (The province also did this to the suburbs of Kamloops, Prince George, and Nanaimo). **The province does not have to hold a referendum if it decides to create Director Siddon's proposed town of South Skaha by legislation. But you have the opportunity to vote on incorporation now, at this election. If elected, I will tell the Minister that preventing incorporation was the election question.**

### Don't Bite the Hand That Feeds You!

Municipalities and Regional Districts do not have the financial resources to build major infrastructure projects like the sewer extensions to Kaleden and Skaha Estates by themselves. They have to apply for infrastructure grants from the provincial and federal governments. That is why regional district directors and town councillors keep their opinions about federal and provincial politics to themselves, so that they can work with whichever party is in power at the two senior levels of government. But Director Siddon has lambasted the federal government many times in the national media, including appearing frequently on the CBC TV national news. Regardless of whether you agree with Director Siddon's strong criticisms of the federal government or not, and regardless of whether you vote Conservative, Liberal, NDP, or Green, you must realize that **Director Siddon's many attacks on the federal government have ensured that there will not be any federal infrastructure grants given to RDOS Area D while he is the director. Don't bite the hand that feeds you!**



**Upper Carmi** said years ago that they want fire protection. They deserve to have a feasibility study. Fire protection would make their insurance premiums much less.

**Heritage Hills and Lakeshore Highlands** do not have any park, not even a playground. This is far overdue. Let's get this done!

**Skaha Estates** and lower **Kaleden** want sewer service extended to them. This will require infrastructure grants from the federal and provincial governments.

**Okanagan Falls** will enjoy lower sewer rates when service is extended to Skaha Estates and Kaleden. I am in favour of some of the revitalization concept for downtown Okanagan Falls, but only if residential property taxes are not used to pay for it. The idea of a Wine Centre focal point is an excellent one; but the consultant's recommendation for a one-way couplet on 7th and 8th Avenues is premature -- common sense says that you don't make one-way streets before the traffic volume requires it. To attract tourists we need signage on Highway 97 indicating that our beaches have very shallow water and so are more suitable for children than most beaches are.

**Kaleden's** sidewalk on Lakehill Road is a priority, as is the protection of undeveloped riparian areas on Skaha Lake.

The oversubscribed aquifer at **Twin Lakes** must be protected.

There still isn't a garbage transfer station at **Apex**. How many years does it take to build what amounts to a giant garbage can? The entire Alaska Highway was built faster!

As Officer-in-Charge of the Prince George Weather Office, I was always careful with taxpayer's dollars. When I was assigned to build a new weather office, I completed the office and its specialized equipment for only 28 percent of budget and a year ahead of schedule. **If elected, I will never claim any travel expenses.**

Gretchen and Alan have two adult children. After retiring to Skaha Estates, Alan became a freelance author, and Sky & Telescope Magazine recently made him a Contributing Editor. He has served on the executive of most clubs that he has joined, and was on the National Council of the Royal Astronomical Society of Canada for over a decade. He also served as a Skaha Estates Improvement District (SEID) trustee for seven years. (SEID manages our water system and park.) In the last year, Alan has listened to your concerns at community meetings held in Twin Lakes, Kaleden (several meetings), Okanagan Falls (several), Skaha Estates, Heritage Hills/Lakeshore Highlands, and Apex (where he is a season pass holder).

**Elect Alan Whitman to stop incorporation and the higher property taxes and poorer road maintenance that would result. Let's put Tom Siddon's incorporation genie back in the bottle, while we in South Skaha still can!**

Authorized by Alan Whitman, financial agent, 250-497-6759.



## Area 'D' Economic Development Office

with John Powell

FROM THE FALLS  
TO THE BLUFFS  
TO THE MOUNTAINS

From 26th October onwards, the world will be getting just that little bit smaller for residents and businesses in the South Okanagan and Similkameen Valleys. WestJet is coming to town! Direct daily flights from Penticton to Calgary and a plethora of connections from Calgary to worldwide destinations will now be at our finger tips!

While this new service is undoubtedly fantastic for the economy of our region, none of us should be under the illusion that WestJet will remain in Penticton indefinitely if the service does not prove to be viable. It is therefore up to all of us to actively support this service and help spread the word amongst friends, family and colleagues in the area, in Alberta and overseas.

Establishing an eastbound daily service to Calgary has been a long-held dream of many people in our region. Finally getting this service to such a lucrative destination will give the economy of our region a much needed boost. Based on statistics from other BC communities where WestJet Encore has entered the market, South Okanagan businesses can expect to see their average travel costs reduced by 25-30%. This is due in part to increases in competition and reduced travel times and costs associated with getting to airports further afield. Statistics also indicate that these communities can expect to get 50-70% more connecting flight options as new destinations are opened-up. From Calgary, connections are available daily to Vancouver, Victoria, Edmonton, Grand Prairie, Regina, Saskatoon, Winnipeg, Hamilton, Toronto, Ottawa, Halifax and Las Vegas. There are also numerous direct connections to destinations around the world.

It is worth pointing out that our long-standing and much valued relationship with Air Canada will remain. Their regular services between Penticton and Vancouver will be unaffected.

The WestJet Scheduled Service is planned to operate as follows:

Flight #	Depart	Arrive	Start Date	End Date	Time
WS 3281	YYC	YYF	26-Oct-14	31-Oct-16	2:05pm / 2:21pm
WS 3280	YYF	YYC	26-Oct-14	31-Oct-16	2:55pm / 5:00pm



## REGIONAL DISTRICT of OKANAGAN-SIMILKAMEEN

### Okanagan Falls Christmas Light-up Event Coordinator Opportunity

#### PAID POSITION! PAID POSITION! PAID POSITION!

Are you interested in organizing this year's Christmas Light-Up event on Saturday, December 6th, 2014?

Responsibilities will include, but not limited to:

- Recruiting and organizing volunteers
- Promoting & Marketing the event
- Sourcing sponsorships
- Hanging decorations
- Arranging all insurance and any required licences/ permits
- Other responsibilities associated with arranging a successful community event



Please email John Powell at [jpowell@rdos.bc.ca](mailto:jpowell@rdos.bc.ca) with a short commentary outlining to the selection committee, why you would be a suitable candidate for this paid position.

Send your email Attention: Christmas Light-Up Committee by 4pm on Thursday, October 9th, 2014.

As another long, hot South Okanagan summer winds down, I am turning my attention to updating the Area 'D' events calendar for the remainder of this year and into 2015. This calendar is listed on the 'Visitor' section of [www.okfalls.ca](http://www.okfalls.ca). I would greatly appreciate it if you could forward details of community events that will be taking place throughout Area 'D' in the run-up to Christmas and into 2015. I am working with neighbouring communities to explore ways of better communicating events that are taking place throughout the wider region. Our challenge is to communicate this information on a single site that will be easily navigable and user-friendly. Please provide me with this information at your earliest opportunity, as we would like to get the word out to coincide with the WestJet launch. Contact information below.

It has been a long time coming, but the Okanagan Falls Bandshell in Centennial Park is about to become a reality! The Bandshell Committee have been making great strides in recent months to raise the funds and apply for the grants that are needed to supplement the incredible financial support of the community. Generous contributions from many organizations, such as the South Okanagan Community Foundation and companies such as Fortis have already been well publicized and celebrated. Yet there are many others that have not yet been recognized. The extremely generous support of both the Okanagan Falls Irrigation District and the Okanagan Falls Winery Association has really helped to tip the balance and helped to turn the conversation away from 'fund raising' and towards 'construction'.

And finally ... it would be remiss of me not to talk about the great turnout we had to last month's Okanagan Falls Town Centre Revitalization meeting at the Senior Centre. Thank you to everyone who took the time to attend and share your thoughts. Two of our consultants for Phase One, Bob Ransford from Counterpoint Communications and Tom Baumgartner from Boulevard Transportation attended. Their presentation slides, together with the minutes of the meeting are available on the 'Community News' section of [www.okfalls.ca](http://www.okfalls.ca).

Feedback received indicates considerable support for proceeding with Phase Two of the project and conducting a more in-depth transportation/ Highway 97 study. This will likely take place either later this year or early in 2015.

If you would like to discuss anything mentioned in this article or if you want to discuss the role of the Economic Development Office, get assistance with RDOS-related matters or other related questions, please contact John Powell, Area 'D' Economic Development Coordinator, at 778.515.5520 or [jpowell@rdos.bc.ca](mailto:jpowell@rdos.bc.ca).



**Linda Larson, MLA** ~ Boundary-Similkameen

6037 Main Street, Box 998, Oliver, BC V0H 1T0

Tel: 250.498.5122 Toll-free: 1.855.498.5122

"Your Voice in Victoria!" [Linda.Larson.MLA@leg.bc.ca](mailto:Linda.Larson.MLA@leg.bc.ca)



## Information Centre Update

with Barbara Few, Manager

Every year I seem to say, "where did the summer go?" This year is no exception. We are closing our doors on another season on October 10th, having had a good summer with lots of experiences and some very interesting visitors. Again, we have had visitors from all over the world, from Finland to South Africa to New Zealand.

It has been an honour to be with the Centre, and for 10 years now! However, I am stepping down from running this exciting place, although I may still do a shift. Be sure to watch for the new format, which will be revealed in the Spring!

Nothing could have been done without the wonderfully knowledgeable and fun crew to whom I want to thank: Ed Magee, Lorraine Thompson, Lorna Markle, Barb Ashenbrenner, Ed Findlater, Lynn Defossez, Eileen Cross, Mary Findlater, Marla Wilson, Denise Head, and our always cheerful stand in, Woody Ashenbrenner. These people are some of the most outstanding volunteers around. Again, thank you everyone for making my job so much easier.



## WestJet Winter Vacations Are Here!

Westjet is coming to town in October! We must support them, so they will stay! Starting October 31st, Westjet Vacations is offering Pentiction to your favourite warm destinations. Yes, you might have to overnight in Calgary instead of Kelowna, but the up side is you can leave your car at home! Call Vi or Wendy to book your winter getaway today.

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*We can come to you!*

**Book your winter vacations departing from Pentiction. Call for more details.**



### Vi Creasey

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Toll Free: 1-866-497-8785



### Wendy Busch

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### Are you over 50? Just \$15/yr to join!

*Enjoy activities that interest you.*

*Meet new people. Get out and have FUN!*

**Become a member of the OK Falls Seniors Centre!**

Call Ed @ 497-5570 or Audree @ 497-5572



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## SKAHA ESTATES IMPROVEMENT DISTRICT

### Important Message to the Residents of Skaha Estates!

with Don Allbright, Chair

Skaha Estates Improvement District is about to have major repairs done to its #1 reservoir. Repairs will be done to the inside and outside of the reservoir. From October 15th to October 18th the reservoir will have to be emptied to facilitate the repairs to the inside. During this time, the water system will be run on direct pump pressure with no reserve water. This means there will be limited water supply to your homes.

We ask that all homeowners do not water outside, as it could affect water supply to homes in the higher pressure area; namely Sunny Bay Road and Panorama Crescent. We do not anticipate any problems, as long as everyone cooperates with our request.

When the reservoir is brought back online, one might experience a little higher taste and smell of chlorine. This is expected as everything will be thoroughly cleaned and disinfected.

Any questions, please call Bailiff, Lou Caron at 250.497.8392 or Don Allbright at 250.497.5688.

The Board of Trustees thank you in advance for your full cooperation.

Greater Twin Lakes Area Stewardship Society & Lower Nipit Improvement District (Letters Patent 1965 RR#1 Site 26A C1, Kaleden VOH 1K0)

### Annual Information Meeting

**Friday, October 10th 2-4pm ~ 176 Twin Lake Road**

This year, we are pleased to have a guest speaker from the Interior Health Authority. Karl Wong (or Rob Birtles) will discuss 'Small Water Systems', explain details regarding application for designation, the challenges and benefits of becoming a small water system, update on the BC Water Modernization Act, and 'what's up' with Blue Green Algae Pilot Project. Any Questions? Call 250.497.8550.

## Okanagan Falls Irrigation District News

with Bob Daly, OFID Chair

September was a particularly busy and productive month for Trustees and Staff of Okanagan Falls Irrigation District.

As a result of July's Boil Water Advisory, the Board has held a succession of meetings with Interior Health personnel. To date, the Board has reviewed and amended its Emergency Response Plan, particularly with regard to the protocols with Interior Health and in communicating with the public. The Board has also upgraded its water sampling procedures to ensure samples are free from external contamination and that sampling tests the entire system.

Another project the Board and Staff have completed is a review and revision to the fire hydrant service procedures. This will see that the Board is in compliance with fire code regulations and most importantly that the hydrants are in working order when required.

As part of the Board's planning objective for 2014, the Irrigation District contracted for an audit of its operation. Bob Hrasko of Agua Consulting of Kelowna met with Trustees and Staff to get a thorough look at the system in order to let us know what parts of the operation are working well and what parts may be in need of attention. This was an initiative of the Board in order to get an objective look and to help set priorities for improvement. We expect the report sometime in October and will share the results with you.

When the Community Band Shell Committee began work to create a band shell for Okanagan Falls Irrigation District's Centennial Park several years ago, the Board made a commitment to assist the project, as the band shell will become an asset of the Irrigation District as well as to the community. As the fundraising for the project has neared its goal, the Irrigation District will be stepping up with a donation of \$5000, so that the construction can soon begin.

September 30th marks the end of watering restrictions for this year. On behalf of the Board and Staff, thank you for your help in reducing water consumption over a very hot and dry summer.

## Spotlight on Volunteers!



Mike at the Skate Park Grand Opening.

### Meet Mike Pearce

Mike Pearce is a person who is always willing to lend a hand to anyone and, in particular, to his Community of Okanagan Falls.

On top of being a great family guy with his wife Karen, son Memphis and daughter Piper, Mike's commitment to his community cannot be overstated. Mike has served on Okanagan Falls Parks and Recreation Commission since 2006, and he has chaired the Commission for the past two years.

During that time, Mike's skills and expertise have been instrumental in the vast improvements to all of Okanagan Falls' Parks, making them among the most beautiful in the Okanagan. Mike has lead numerous community projects including the development of Keogan Sports Park with its sports fields and skateboard park, the construction of the John Bell Playground, the expansion of Kenyon Park including the popular Spray Park, and the acquisition of Christie Park from BC Parks to the Community of Okanagan Falls. While leading the Commission as Parks and Recreation Chair, Mike can just as easily roll up his sleeves and do the physical volunteer work required to make an organization and its projects successful.

Mike's love for Okanagan Falls is evident in everything he says and does, and his service to his community has made a difference to residents and visitors alike. (Submitted by Luis Barriqueiro and Bob Daly)

### Volunteers Making A Difference

If there is someone *you* would like to see honoured in this column, please contact Janet or Nancy at [info@okfalls.net](mailto:info@okfalls.net) or 250-497-8188.



## Working Together

with Janet Black, Okanagan Falls Recreation

Okanagan Falls welcomes Jody Hopper to her new position with Kal-Rec. We look forward to working closer with Kal-Rec, to sharing resources and finding innovative ways to partner for the benefit of both communities.



Our first joint project was a day camp for students and parents who needed support during the BCTF strike. Jody and Kal-Rec were kind enough to open their doors to the hall to provide a terrific venue for the day camps. The Kaleden Hall is a gem of a facility and was much appreciated by all.



## An Okanagan Falls Healthy Communities Special Feature

*Making the Healthy Choice ... The preferred Choice!*

### Meet Jim

His secret to happy aging is refreshingly simple - 'walk everyday in the fresh air'. Jim also quit smoking over 10 years ago and wants to tell folks who still smoke that they can quit too!

If there is someone *you* would like to see honoured for healthy choices, please call 250-497-8188 or [info@okfalls.net](mailto:info@okfalls.net)



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Register online for fitness, yoga and spin classes: [okfalls.net](http://okfalls.net)

### Gentle Classes at Zen & Fitness For October!

For anyone who needs a gentler approach to physical fitness.

Two classes that benefit overall health and functionality in daily life. Designed to increase your balance and strength, so that you can keep moving and enjoying a full and active lifestyle.

***Continuous intake, start when your ready!***

**GENTLE FIT: Tuesdays & Thursdays at 9:30 am**

**CHAIR (SEATED) YOGA Wednesdays at 9:30 am**

### New Program ~ October 7-28

## Building Blocks & Balance

***Stack them, knock them and jump them!***

For ages 2-4 / Tuesdays at 3:00 pm / \$10

## Youth & Teens

*For 11 years & up*

### 2 Drop-in Nights October 3rd & 17th

We'll have a theme each night, but you can check out any sports equipment you like.

\$2 drop-in fee





## Kaleden Parks & Recreation Update

By Jodie Hopper, Kaleden Parks & Recreation Assistant

**Family Yoga @ the Park** ~ Saturday, October 4 from 1-4 pm @ the 1912 Hotel grounds. Join us for this wonderful fall community event fit for the entire family. Bring a towel or mat and share in a Family Yoga Session followed by Kids Acro Yoga. CommuniTEA afterwards with Hot Chocolate, Tea and Goodies! Brought to you by Roshni Yoga and Kal-Rec. Participation by Donation to the Kaleden Benevolent Fund - a fund that helps members of our community in need.

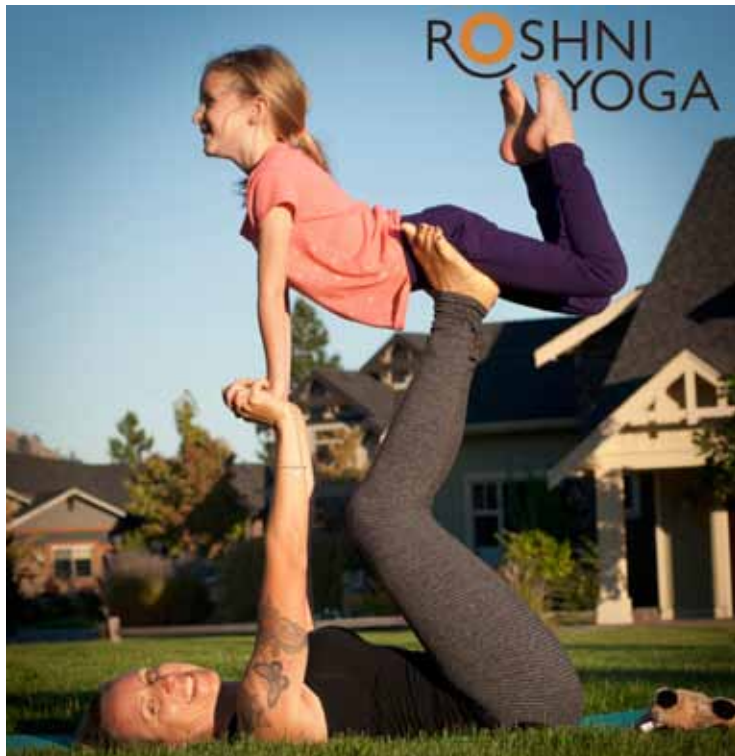
**Hall Movie Nights are ready to roll!** ~ Movies return to the Kaleden Community Hall on the 3rd Saturday of the month. Saturday, October 18th at 6pm & Saturday, November 15th at 6pm. Popcorn, juice and water available at the Hall.

**Annual Halloween Dinner and Dance** ~ Friday, October 31st at the Kaleden Community Hall. Stay tuned for further details.

**How to find out "What's Happening" in the Community** ~ Updates will be available on our new Kaleden Parks & Recreation Community Facebook page and on our website at <http://www.kal-rec.ca/happenings.html>



Please email your great ideas to Kaleden Parks & Recreation Assistant **Jodie Hopper** at [jhopper@rdos.bc.ca](mailto:jhopper@rdos.bc.ca) or phone 250-488-0260.



### FAMILY YOGA @ THE PARK

Saturday, October 4th

1-4pm @ The 1912 Hotel Park in Kaleden

Bring a mat & join us for this wonderful fall community event fit for the entire family! We will all share in a Family Yoga session followed by Kids Acro Yoga! CommuniTEA afterwards with Hot Chocolate, Tea & Goodies!

Participation by Donation. 100% of proceeds to Kaleden Benevolent Fund.

### INNER BLISS BELLY DANCING by Jenny

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Perry Tompkins, Pharmacy Mgr

## Live Well HEALTH TIP

brought to you by  
**Pharmasave  
Okanagan Falls**

**Foot Care** ~ Foot Care can become challenging in later life, but remains important for good health. As mobility is diminished, it can be challenging to maintain optimum foot hygiene, including maintaining appropriate toenail length, unbroken skin and good circulation. Studies have shown that older adults with regular foot care maintain better balance and reduced risk of falling, which in turn, can prevent hospitalization and worsened mobility. Over time, the skin on the feet can become dry, cracked and calloused, and if it breaks, infection can occur. In the presence of diminished circulation that is common in the elderly and those with vein disease, and combined with certain conditions such as diabetes, small infections can grow into chronic wounds that sometimes become treatable only through amputation. Recognizing the importance of foot care to well-being and good health, OK Falls Pharmasave is pleased to announce our upcoming Foot Care Clinic on Thursday, October 23rd, 2014, which will be lead by Dana Heppner, Foot Care Professional of Fittings and Feet by Dana who brings years of experience providing superior foot care to South Okanagan patients. Please feel free to drop in or call us for more information or to book an appointment with Dana for foot care services. The cost is \$35 payable by cash or cheque (unfortunately we cannot accept debit or credit cards).

On a separate note, Flu Season is fast approaching and we are pleased to announce our annual flu clinics, which will be starting Tuesday, October 28th pending the arrival of flu vaccine from Interior Health. If you can't make it in October, additional dates include Nov 7th and Nov 19th. For more information, please call us or inquire in-store for more details. Appointment scheduling will begin Oct 20th. We hope to see you there!

### Stop by for your Treat on Halloween!

### Pharmasave Okanagan Falls

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**Wednesday, October 29th ~ Receive 15% OFF\***

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## Health Benefits of Alpha-Lipoic Acid

By Dr. Tamara Browne, Naturopathic Physician,  
Licensed & Registered by the BC Ministry of Health



Alpha-Lipoic Acid (ALA) is one of the most powerful antioxidants in the natural world. Researchers and Doctors who work with this nutrient are having some phenomenal results treating some of our most resistant chronic diseases. These include diabetic peripheral neuropathy (numbness, usually in the feet of diabetics), pancreatic and other cancers, liver disease, and auto-immune diseases.

Amazing as this may sound, the proof is in the pudding, so to speak. Dr. Burton Berkson, a PhD, MD, has been studying and administering Intravenous and oral ALA for over 30 years. His patients include those with a diagnosis of Diabetes, auto-immune disorders such as Rheumatoid Arthritis and Lupus, those with liver failure from toxins and viruses, as well as chemo-resistant cancers. You can see his 'YouTube' presentation by entering "Dr. Berkson complete talk LDN09". He often uses LDN or low dose naltrexone, along with the ALA for auto-immune disorders and cancer. LDN has a positive, modulating effect on the immune system and research data shows that it will decrease auto-immune markers and significantly improve symptoms in these debilitating diseases.

Alpha-Lipoic Acid is a natural substance our bodies manufacture; however, with age we make less of it. When prescribed in the correct form and dose, ALA has virtually no side effects. Its effects on the body are wide ranging, since it works at the cellular level as both a water and fat soluble antioxidant, an energy inducer (by increasing the production of ATP our body's energy source), a recycler of other antioxidants, a toxin and heavy metal detoxifier, as well as a stimulator of healthy organ regeneration and healthy gene expression. What does this all mean to patients? Clinical experience and research reveals that ALA is amongst the most powerful anti-aging nutrients available and has the ability to reverse some serious illnesses. I believe it can help heal many advanced conditions from cancer to neuropathies and serious liver diseases.

I am always grateful for people like Dr. Berkson who devote their lives to helping some of the sickest patients. These new treatments offer hope where there was little before. As always, Naturopathic Doctors follow holistic principles and treat each individual with a tailored protocol designed for each person's unique needs. Having great researchers and clinicians to draw data from, helps us immensely in our goal to improve your health.



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[www.chelationokanagan.com](http://www.chelationokanagan.com)

## Your Thoughts Affect Your Health

By Lynn Andersen, GCFT (Guild Certified Feldenkrais Teacher),  
Advanced Level Training in Somatic Experience Trauma Recovery Program

Think about all the things that have happened in your life that you did not like. Take notice on what changes in your body, as you think about them. Then think about all the wonderful, fulfilling events that have happened to you. Check in again to see how your thoughts change how you feel and see how your body responds. Every time you have a thought in your brain, it causes a physical reaction.

What you think affects what you feel, as well as how your body organizes. Often spoken as separate aspects, they are really linked together creating the unique human being that you are. Together they influence who you are, your well being, and your health.

Your thoughts are powerful. Be aware of how your thoughts influence. Most thoughts seem to arrive without effort or request, coming out of your history and experience. They direct what you focus on and how you experience each moment of your life. Thoughts are not always truths and should be questioned and changed. Notice during the day and where your attention goes. Do you focus mainly on what is not working or towards what is working for you? An uninterrupted flow of negative thoughts will impact your health and your mobility. Changing your thoughts can be an important part of moving and feeling well.

Learn a new way to communicate better with yourself and others. **November 1st & 2nd - "Nonviolent Communication Workshop"** in Oliver. An Early Bird discount is available when payment is received by October 3rd. Contact Lynn at 250-498-4855 or [lynn@selfsense.ca](mailto:lynn@selfsense.ca) for more information.



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## Stop Worrying

By Wendy MacKay

Many years ago, I was a student of the Dale Carnegie course. The book "Stop Worrying and Start Living" had a huge impact on me. I had a big shift in my thinking and feeling like a victim. When I took responsibility for my thoughts and stopped blaming people or things outside of me, I discovered freedom, confidence and peace.

Aren't most disputes a power struggle of who is right and who is wrong? Being right or wrong is only a matter of opinion based on our own perception. When we give energy to the 'wrongness' of something, we allow it to expand. When we can accept it for what it is in this moment and consciously decide how we want to move forward, then we neutralize it. If there is a cause you want to support go for it, but go for it with a plan knowing what the cost to your own health could be. Worrying about the 'what if's' and problems of the world can only cause you stress and unhappiness. It serves no purpose for you or the problem.

Most of us are far more aware of what's happening outside of our own life and distressed over circumstances we have little or no control over. We focus more on the bad things happening than the amazingly great things. For what purpose? Consider what are you willing to fight for ... your health or the world's problems?

Next time you begin to feel yourself getting upset over something you hear or see, ask yourself what you are willing to do to change it and whether it's where you want to spend your energy.

Don't worry ... Be happy! Enjoy, appreciate and accept the abundance of joy that is available to you when you allow it in.



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## Okanagan Falls Fire Department Invites You To An Open House

with Lyonel Doherty, Volunteer Firefighter

The Okanagan Falls Volunteer Fire Department is rolling out the welcome mat for families on **Sunday, October 19th**. The fire hall is proud to host an **Open House from 12-4 pm**, during which time the public can have fun and meet the firefighters who serve the community. Events include a tour of the fire hall, face painting, a "bouncy" fire truck for the kids, a barbecue and an old fashioned marshmallow roast. No doubt the kids will love to see all of the shiny trucks and maybe toot some horns.

Ever thought about being a volunteer firefighter? Well, here is your chance to learn all about it. Recruiting information will be available.

Okanagan Falls firefighters are a dedicated group of people who share a common goal - to help others in times of crisis. The camaraderie they share is a special bond that is felt throughout the community. These men and women invite you to witness that firsthand on October 19th - a day of fun and learning for the whole family.



**OKANAGAN FALLS  
FIREHALL  
OPEN HOUSE**

**EVENTS FOR THE WHOLE FAMILY**  
Tours of the hall | Face painting  
Bouncy fire truck for the kids  
BBQ and refreshments  
Marshmallow roast

**RECRUITING INFO**  
ever thought  
about being  
a firefighter?

**SUNDAY OCT 19 12-4pm**



## Kaleden Volunteer Fire Department Fire Prevention Week October 5-11, 2014

**"Working Smoke Alarms save Lives, Test Yours Every Month!!"**

Smoke alarms have become such a common feature of most households that they're often taken for granted, and aren't tested and maintained as they should. However, working smoke alarms are a critical fire safety tool that can mean the difference between life and death in a home fire.

### Smoke Alarm Tips:

- Install smoke alarms outside each separate sleeping area and on every level of the home, including the basement.
- Interconnect all smoke alarms throughout the home. When one sounds, they all sound.
- Test alarms each MONTH by pushing the test button.
- Replace all smoke alarms when they are 10 years old or sooner if they do not respond properly.
- Make sure everyone in the home knows the sound and understands what to do when they hear the smoke alarm. Try testing your alarm when your children are sleeping and see if they respond.

Go to [www.firepreventionweek.org](http://www.firepreventionweek.org) for more information, resources and activities for children.

## "Got Bats?"

with Margaret Holm, Okanagan Community Bat Coordinator

The Okanagan Community Bat Program is a new initiative to support bat conservation in the Okanagan by providing information about bats and getting the public's assistance with locating and monitoring bat roosts. Residents can ask questions about health and safety concerns, get information on attracting bats and learn about options for dealing with bats in buildings. Contact the Community Bat Program through [okanagan@bcbats.ca](mailto:okanagan@bcbats.ca), the web site [www.bcbats.ca](http://www.bcbats.ca) or leave a message for the Okanagan Coordinator, Margaret Holm, at 1-855-922-2287.

Six out of fourteen species of bats that live in the Okanagan inhabit buildings. During June through August, young bat pups are born, feed and learn to fly. By September many bats begin to leave their summer roosts and by the end of October, most bats have left for the winter.

Late fall and winter is the ideal time to make home repairs if bats are to be excluded from buildings. Holm has suggestions on sealing up areas that are access spots for bats, but warns that the bats must not be present. One-way flaps can be installed that allow bats to safely exit buildings, but prevents them from getting inside again.

If the bats are using an attic, barn or storage shed, many people are happy to co-exist with bats and benefit from the insect control that bats provide. Some people have lived with bats in their attic for decades, since they do not come into contact with them. In other cases, where bats find ways into human living spaces or guano cannot be regularly cleaned out, exclusion may be the best option. Homeowners are encouraged to install bat boxes in cases where bats are being excluded from buildings, since bats play an important role foraging on flying insects including agricultural pests.

## Okanagan Community Bat Program



[www.bcbats.ca](http://www.bcbats.ca)

- Information and advice
- Help us locate and count bat colonies
- Advice on bats in buildings
- Enhance bat habitat on your property
- Get bat-house plans and ideas

Email: [Okanagan@bcbats.com](mailto:Okanagan@bcbats.com)

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## Here's What's Happening at Dogtown

Dogtown Coffee Co would like to officially welcome our new General Manager, Chef Richard Desnoyers, to the team! Richard is a local Okanagan Falls resident and has some wonderful experience in the food industry. Many people have gotten to know him through his "Spice Pit" business at the Downtown Penticton Association market throughout the summer. We are excited to have the opportunity to work with Richard on some big projects at both the Penticton and Okanagan Falls locations.

Beginning October 1, our hours will be changing. Our Okanagan Falls Café will be open throughout the Fall & Winter Tuesday - Saturday 7am - 3pm. Due to our new hours, the Saturday Jam Session will change to 1-3pm. Wednesday Jams will be cancelled for now ... but we are working on other events in both Okanagan Falls and Penticton throughout the winter.

Attention Small Businesses: Don't spend Christmas alone! Join the "Community Christmas Party" at Dogtown in Penticton on Nov 28th, Dec 5th, 12th or 19th. \$50/person includes gourmet holiday buffet, live music, dancing and more. Local beer, wine and spirits available. We also have a great new catering menu available for your next function. Check it out at [www.dogtowncoffee.ca](http://www.dogtowncoffee.ca) or give us a call 778-515-5524.

## Watch For The Dresser!

We're gearing up for "Day of Destruction Sunday, October 26th" at the Penticton Speedway and are giving you a one chance sneak preview.

**CHECK IT OUT! OUR SNEAK PREVIEW EVENT**

**Saturday, October 18th ~ 11am - 3pm**

At The Falls Furniture & Cabinet Co., *Watch for the dresser!*  
5119 Highway 97 in Okanagan Falls

- **Check It Out!** Car & Dresser will be on display, geared up and ready for "Day of Destruction".
- **Meet The Driver!** Norm will be at the Falls Furniture & Cabinet Co. on October 18th from 11-3 to answers any questions.
- **Hot Dogs & Pop!** All proceeds to Okanagan Falls Helping Hands and Ladies Auxiliary, Okanagan Falls Legion. Thanks for your help Ladies!
- **Help Fill The Bin & Enter To Win!** Bring a food item and enter to win a ceramic wine country mug and gift box - a \$25 value!

***Dress Warm & Have Fun ... See You There!***



***We've always said it,  
now we're willing to prove it!***

**Sunday, October 26th**  
Day of Destruction - 2pm  
Penticton Speedway

***Watch for the dresser!***

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## Local Independent Sales Director Earns 10th Mary Kay Career Car

Mary Kay Independent Sales Director, Georgie Anderson of Okanagan Falls, recently earned her 10th Mary Kay vehicle ... a Pink Ford Edge! This is a direct result of her outstanding achievements in operating her Independent Mary Kay Business.

"The Career Car Program provides the Mary Kay independent sales force with the opportunity to earn the use of a visible, tangible symbol of success", says Ray Patrick, President of Mary Kay Cosmetics Ltd. "Each car obtained through this exciting program reflects the hard work, determination and professionalism of the independent sales force member who has earned its use".

Georgie has been loving her Mary Kay business since 1990, as she empowers women to build successful independent businesses of their own. She believes in the Golden Rule, "treat others the way you would like to be treated", which is the basis for the success of the company. Georgie also encourages her customers to "try before they buy" and is always ready to meet anyone's changing beauty needs.

Mary Kay Cosmetics supplies top quality product for all ages, and backs it with a 100% unconditional guarantee. The Mary Kay product line includes facial skin care, men's skin care, colour cosmetics, body care, sun protection and fragrance, and is available exclusively through Mary Kay Independent Beauty Consultants.



Congratulations to Georgie Anderson who took delivery of her new Pink Ford Edge. Some of her team of Mary Kay Beauty Consultants were available to celebrate with her. From left to right - Jennifer Perozuk, Margaret Ogilvie, Lorraine Harrison, Helen Robinson, Rita Masson, Loretta White, and holding the bouquet is Georgie Anderson.

**Georgie Anderson**

Independent Sales Director

**250-497-8391**

[www.marykay.ca/ganderson](http://www.marykay.ca/ganderson)

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## When Is the Right Time to Sell Your Home?

with Brian Moen, Realtor with Royal LePage Locations West

Timing the housing market to the moment when interest rates are low and buyer demand is high may seem ideal, but if everyone had the ability to see exactly when home values are at their peak, we'd all be millionaires.

The decision to sell your home should be based on a variety of factors that are both financial and emotional. While you should definitely pay attention to market conditions as part of your thought process - and those conditions will absolutely impact your home sale - you should always keep in mind that the choice to buy or sell a home is completely individual.

**Reasons to Sell** ~ Homeowners have a variety of reasons to sell their home at any given time. Some of the obvious reasons include an expanding family or a shrinking family that changes the amount of space you need; a job change or retirement to a different location; a local job change that impacts your commute; or a desire to move to a particular school district as your children get older.

In other cases, the reason to move can be purely financial: Your income has decreased, you've recently divorced and you need to live in a less costly home, or your income has significantly increased and you can now afford to live in a different neighbourhood or a more expensive property.

**How to Decide When to Put Your Home on the Market** ~ Once you have made up your mind that you want to sell your home, you need to gather some information before you determine when to put it on the market. First, find out your loan payoff amount, so you have an accurate idea of what your sales proceeds will be after you've paid off all home loans and paid your closing costs, including the REALTOR®'s commissions. Next, find out the recent sales price of comparable homes in your community. You will need to interview several REALTORS® and consult with them about current market conditions to estimate a listing price and how long it may take for your home to sell.

Many sellers opt to put their homes on the market in the spring because that's when more buyers are looking, but you can choose to sell at any time of year. If your home attracts families and is in a sought-after school district, you are just as likely to get offers in the summer as in the spring, because buyers want to settle in before school starts. On the other hand, if your home is located in a resort area or appeals to young professionals or empty-nesters, the school calendar is meaningless.

**Prepare Your Home for Sale** ~ An important element in determining when to list your home is its condition. You will need time to make repairs and improvements, to deep-clean your home, and to clear away many of your possessions. If you have a large, disorganized home with overflowing closets and a garage with no space for a car, you may need weeks or months before you're ready to put your home on the market. It's extremely important to recognize that today's buyers have high expectations of your home's condition, so don't expect to be able to work on your home after it's listed. Your home should be priced correctly and in prime condition on day one in order to sell quickly and for the best possible price.

**Brian Moen**



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## Great Things Are Happening At Kaleden Elementary School!

### This month's 5 "Great Things" include ...

1. Kaleden students and families are back at school eager and ready to begin a new school year!
2. Teachers are working with their classes to create brain-friendly, emotionally safe places for their students to learn and thrive within.
3. Kaleden students are spending a part of each day engaging in a school-wide walk/run routine in preparation for our annual Terry Fox and School District Cross Country runs.
4. Our new Kindergarten students are very excited to have begun their transition into full days at school.
5. Kaleden School has become a sponsor of "The Hub". The Hub's mandate is to create a wrap-around approach to responding to the needs of the community.



Principal Heather Rose & Secretary Lorraine Hague are pleased to see 102 students enrolled at Kaleden Elementary School. Looking forward to a great year ahead!



### Piano and Theory Lessons in Kaleden

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## Kaleden Elementary PAC Update

with LeeAnn Thompson, Chair Kaleden PAC

Finally, school is back in. I hear all around that the kids are excited to see their friends, meet their teacher and start some learning. I hear parents are excited to get back to the routine that school provides.

PAC will be full of fun and exciting news after October 1st when we will be holding our first meeting of the year, which will include our AGM.

If looking for a great way to support PAC and enjoy some yummy produce, Farm Bag is back for another year. The set up looks a little different this year. You need to sign up before October 3rd and it is \$30/month until February. Pick up will still be at Kaleden Elementary School, unless you need to make other arrangements. Sign up through the Farm Bag web page at [www.localmotive.ca](http://www.localmotive.ca)

Look for more exciting news from PAC in November, when everything is up and running.

## School Trustee Report for SD67

with Ginny Manning

The Penticton Tennis Club is seeking property to set up a replacement indoor tennis facility (tennis bubble). They approached the Board regarding the use of an empty piece of land adjacent to West Bench School, which is currently a bus turnaround and overflow parking area. Ken Naylor, President of the Penticton Tennis Club, also suggested there might be an opportunity for a Tennis Academy similar to the Okanagan Hockey Academy. The Board asked to have the particulars and building specs forwarded to the Secretary Treasurer for review.

Jonathon McGraw, of BDO Dunwoody, has completed the annual audit of the School District accounts and reported that they are in excellent shape and he has no concerns.

At the September Board meeting, the Secretary Treasurer reported that there are unspent funds from the 2013/14 budget. These funds will be used for a variety of one-time in-school projects.

Through careful management practices, the district has seen Worksafe BC rates reduced from \$0.64 to \$0.54 per \$100,000, which will save the district a considerable amount of money over the next year.

The Board has approved a new policy for circulation and comments. Policy 580 Whistleblower Protection is up on the website for comment.

After many hours of negotiation, a six-year tentative collective agreement between the BCPSEA and the BCTF was reached in the early morning of September 17th. The collective agreement was ratified by the BCTF on Thursday, September 18th and by Boards of Education on Friday, September 19th. It takes effect immediately.

Over the summer, SD67 trustees wrote two letters to BCPSEA, BCTF and the Minister of Education, copying to MLA's and the Premier, asking for a negotiated settlement by whatever means available, a fully funded education system - new money, not reallocating from within the current budgets, and students back in school ASAP. We also wrote to the Minister of Finance with copies to 'everyone' asking that all savings from job action be returned to education. There was an open letter to parents as well outlining our advocacy and our support for students, teachers and a speedy negotiated settlement. Our provincial organization, BCSTA, worked very hard advocating on behalf of students, boards and parents directly with the Ministry. I have spoken directly to MLAs Dan Ashton and Linda Larson regarding the job action and the need for increased funding. The Board met with Dan and Linda in the spring and met with Dan again in September. A meeting with Linda will be scheduled in the very near future.

From time to time during the strike, I visited with teachers on the picket lines at Naramata, West Bench and Kaleden. They are passionate about students and the work they do. We are fortunate to have so many talented and hardworking teachers in our district.

I am putting my name forward for another term as the RDOS trustee representative on the SD67 Board of Education. The election will take place on November 15th. Thank you very much for your support over. Any questions? Call 250-497-6462 or email [gmanning@summer.com](mailto:gmanning@summer.com).



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## Okanagan Falls Elementary School Top 5 Back to School Highlights

- Enrolment of 122 Students** - Special welcome to 13 new students, along with our 11 new Kindergarteners!
- Year Two Focus on our School Vision** - "We will be connected, capable, responsible, & resilient."
- Two New Little Learning Libraries Up & Running!** One is at Kenyon Beach and the other just outside our Strongstart. Come and borrow a book or donate a book and embrace a love of reading. Thanks to Mr. Jay Mallach for kindly donating his time and craftsmanship to create the wooden library and students for decorating them so creatively. Happy reading!
- One to One Reading Program entering Year Three!** Thanks to our volunteer program coordinator/tutor Mrs. Sherry Reynolds and our fabulous group of volunteer reading tutors, 9 students a term will be engaging in extra one on one reading time!
- Random Acts of Kindness:** Thanks to Mrs. Faye Arcand for dropping off backpacks/school supplies for students, Telus for a number of backpacks we used in school draws, and students/staff/parents for coming back to school with a real "attitude of gratitude" and focusing on being the best we can be in teaching and learning.



Principal Lisa McCall (right) and Secretary Jane Slater (left) are thrilled to have the school doors open again! With 122 students enrolled in K-7 this school year, Okanagan Falls Elementary School will once again be a busy community school.

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## Okanagan Falls PAC Update

with Deborah Rivest, Parent Advisory Council Chair

It is absolutely wonderful to see all our children back in the classroom! Three months of 'summer holidays' can get a little draining on all our brains. Back to early bedtimes, healthy eating and home reading.

Okanagan Falls Elementary School is once again a part of the Farm Bag Fundraiser. Sign up to receive a fresh bag of produce each month from October - February. The cost is \$30/mth, with partial proceeds to our school's PAC, all while supporting local farmers in the process. Visit [www.localmotive.ca](http://www.localmotive.ca) and choose 'Okanagan Falls Elementary', when you sign up online. The deadline is October 3rd.

We invite ALL parents to join us for our first PAC meeting of the school year on Tuesday, October 7th at 6:30pm in the school library. We have changed our monthly meeting to the 1st Tuesday each month. Free child minding is available during all PAC meetings. See you there!

## Okanagan Falls StrongStart Centre

with Samantha James

During the month of October, we will be learning all about the Farm and Autumn. We have Infant Development visiting on Friday, October 17th at 10am. We are closed for Thanksgiving Day and are looking forward to hosting our fun Halloween Dress Up Party on October 31st.

The Okanagan Falls StrongStart Centre is a free drop-in early learning centre for children 0-5 years of age. We are located in the Okanagan Falls Elementary School and are open Monday, Wednesday and Friday from 8:30-11:30 am, as well as Tuesday and Thursday from 12-3 pm during the 2014/2015 school year. Monthly calendars are available to know daily activities in advance, so you and your little one can come prepared. For more information, call Sam at 250-809-2802.

## Parenting Conference ~ Oct 17 & 18

Penticton Ramada Inn

Get Connected! Practical parenting tips from Dr. Vanessa LaPointe and Jeff Hay. Limited Registration. Free Lunch & Childminding.

**\$15 Friday Evening. \$30 Two Days. \$45 Couple.**

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**Kaleden Branch:** 101 Linden Avenue - 250-497-8066  
 Tuesday 1 - 5 pm / Thursday 1 - 8 pm / Friday 1 - 5 pm

Kaleden Library's Fall Storytime runs every Tuesday morning at 10am. We have lots of fun listening to stories, playing with puppets and meeting new friends! Join us for a special Halloween storytime on October 28th. Don't forget to wear your costume!

By request, we will also be hosting another of our popular "Lego Night at the Library!" on Thursday, October 30th from 6-7pm. Registration is required as space is limited. Please call 250-497-8066 or drop by the library for more details.

**OK Falls Branch:** 101 - 850 Railway Lane - 250-497-5886  
 Tuesday 12 - 8 pm / Wednesday 10 am - 4 pm  
 Friday 10 - 5 pm / Saturday 10 - 2 pm



Congratulations Denzer!  
 Top summer reader in OK Falls.

The top reader during the Summer Reading Program was Denzer Mallach. Congratulations Denzer! Your effort and determination to read during the summer and completing three reading records has awarded you a prize. Keep up the good work!

Family Storytime begins October 1st and runs until December 17th. Wednesday afternoons at 1:00 pm. Please join us for stories, songs and crafts!

The ORL is switching over to a new computer system on October 6th. This system called Polaris, controls all aspects of the movement of items in

our libraries, as well as patron accounts at the library and at home. It will allow for better workflow for staff, enable the public to register for programs on-line, make searching for e-books much simpler, and allow us to connect with and promote our community partners. During the week of September 29 - October 05, all bookdrops will be closed. We are extending our loan periods to ensure nothing is due during this transition. There will be some new learning for staff and patrons - so please be patient.

Please Note: Our bookdrop will be closed for Halloween from 5:00 pm October 31st to 10:00 am November 1st.

As always free WiFi and internet access is available. Please call 250-497-5886 for any further information.

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## OK Falls Heritage & Museum Society

with Marla Wilson

Summer is done and a beautiful, colourful Autumn is upon us. The Heritage Society and the Thrift Shop have been very busy this summer. We had an excellent "End of Summer" sale to thin down the summer frocks still in stock. What was left after the sale has gone into storage to be brought out next spring.

There were frequent tours through the Museum, Bassett House and Kenny McLean Trophy Room this season. However, our season is coming to a close on Friday, October 17th, which will be our last day the Museum will be open. So, come on in on or before October 17th. In September, members of the Kenny McLean family, Nancy Schmidt, Joan Thomas, Rhonda McLean and Verna Schreiber all came to polish up the trophies in the Kenny McLean room. The entire display was cleaned, oiled and it all looks so nice now. Thank you so much for all your help.

A grant was received from the RDOS, which will help us do some much needed work in the Museum and Bassett House. This will be our winter's projects. Thank you so much to the RDOS for assisting us to keep the Museum and Bassett House in good order and an interesting place to visit.

The Heritage Society will not be meeting on a regular monthly basis. All the evening meetings have been cancelled. The Executive will continue to look after the needs of the society. In March, we will have an Annual General Meeting to elect a new executive. If you have any concerns you would like brought to the executive, you can phone Marla Wilson at 1-778-439-2275.

## CatMatch

### Rinnah's Story



I was kicked out of my former relationship approximately four years ago and was forced to live on the street. I have recently found temporary housing, but am

anxious to set up housekeeping again within a loving family atmosphere. I may be older than some prefer, but let me assure you there is still lots of love left in this old girl. If I have peaked your interest, you can arrange a date to meet me. **Just contact [www.AlleyCATSAlliance.org](http://www.AlleyCATSAlliance.org).**

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## Okanagan Falls Helping Hand Update

with Fred Lindsay, Helping Hand Volunteer

Autumn is here. Okanagan life returns to normal and Helping Hand is beginning preparations for our Christmas Hamper program, as well as the other community support programs we are a part of. (We delivered 110 Christmas Hampers in our area last year.) Thank you to all those who supported the food drive on Saturday, September 20th at IGA, and thanks to Werner Thayer and Dan Kane for organizing it. They collected 520 lbs of food and \$400 in cash donations. Your generosity gives us a good start.

Helping Hand will hold its first organizational meeting for this season on Tuesday, October 7th at 10 am in the lower level of the Okanagan Falls Community Church at 1356 McLean Creek Road. If you would be interested in helping out this year, or just coming to listen in and see what we are about, please join us for this first meeting.

If you have any questions, or require emergency assistance, please phone **250-486-2767** and leave a message. Your call will be returned.



## Kaleden Museum ~ A History Tid Bit

with Meredith King

1910 was a year of progress in Kaleden. The irrigation system was under construction. The water was taken from Shatford Creek by means of a diversion dam and crossed the valley at Allen Grove through an inverted syphon of wood stave pipe. From that point it was conducted by ditch and wooden flume to a point on Marron Creek, 1 1/2 miles west of the junction of what is now Highways 3 and 97 where an intake was built. Because of the hilly nature of Kaleden, below the intake, the only alternative for distribution was a system of pressurized pipes. The pipe was made of Douglas fir staves wound with heavy tempered steel wire and covered with pitch and two thicknesses of burlap. It was built to withstand 300 pounds pressure and varied in diameter from two to 18 inches. Much of the original pipes lasted for over 30 years. One of the pieces of construction was a concrete lined ditch at the north end of Marron Valley, designed to prevent the soil washing down a steep slope. This was one of the first pieces of concrete irrigation ditch built in the Okanagan.

Although work on the irrigation system was progressing rapidly, no water would arrive in time to supply irrigation for the 27,000 fruit trees newly planted in the spring of 1910, trees planted almost entirely by Harry Corbett and Frank Harrison. Water had to be hauled manually to keep the young trees alive. The apple trees, which would make up the mature orchard, were planted in a grid 30' x 30' which would result in about 50 trees per acre. Soft fruits or pears (called fillers) were planted interspersed between the apple trees, only to be pulled out over the next 15 years, as the trees grew and crowding took place. The trees planted in 1910 would not produce any soft fruit until 1913 and no apples until 1914.

A great deal of activity centered around the lake. Supplies for the water system and the first buildings were brought in by boat. A.S. Hatfield had purchased two boats, and his father, an old sea captain from eastern Canada commanded the fleet and plied the waters from Okanagan Falls to Penticton, ferrying people, mail and goods. At first there were no wharves here and the boats were just driven onto the beach. But finally, a low structure was built just in front of today's 1912. That served Kaleden well enough for its first few years. Despite the primitive conditions, families began to arrive, but you will have to wait until November for the next instalment.

Join us next month, as we share stories and facts down the historical path and building of our community of Kaleden. To donate an item to the Kaleden Museum, please contact Meredith at 250-497-6995.



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**New Year-Round Helping Hand Drop Off Location**

We will be accepting non-perishable food items and monetary donations for the Okanagan Falls Helping Hand all year long. So, anytime you have a little extra to share, come on by and donate to a local worthy cause that needs your support.

## 250.497.3279

Office Hours: Mon-Fri 8:30-4:30 & Sat 9:30-4:00

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## THE HUB

For knowing and responding to individual and family needs in the community

The Hub is a joint project sponsored by Kaleden Community Church, Elementary School, Recreation Commission, Volunteer Fire Department, Library, Restaurant, Lakeview Store, Linden Gardens, Irrigation District, Twin Lakes Store & Skaha Matters.

The Community of Kaleden is coming together to help those in need. Whether you may need assistance or would like to volunteer to help your neighbour, The HUB is a great new way to know and respond to those needs within the Kaleden area. From meals provided in times of illness or crisis, to welcoming new neighbours to Kaleden, to help with small projects and maintenance, to compassionate care and local transportation, to women networking and even confidential prayer ... The HUB is Kaleden's opportunity to take care of our neighbours.

Look for our new poster around Kaleden and call to either receive help or volunteer when and where you can. The HUB contacts are:

- **Les Clarke** ~ 250-497-5995 or kalgarden@shaw.ca  
Pastor of Kaleden Community Church
- **Heather Rose** ~ 250-770-7692 or hrose@summer.com  
Principal of Kaleden Elementary School
- **Judith King** ~ 250-497-6985 or judithking@shaw.ca  
Kaleden Community Member

The HUB is a work in progress ... neighbours helping neighbours in and around Kaleden, St. Andrews and Twin Lakes. We are currently accepting financial donations through Kaleden Community Church's Benevolent Fund, if anyone should be interested. We look forward to hearing from you and growing this community service together.

## OK Falls Hotel Pub & Grill

### Hours of Operation

Restaurant ~ Open for Private Functions  
 Pub ~ Open Daily from 11am - 11pm (or later)

### Annual BURGER BASH ~ October 4th

Featuring a **"Ride for Kyle Hardisty"**  
 All proceeds from this run will be going to his daughter Paisley.  
*Everyone is Welcome ... Bring the kids too!*

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## Okanagan Falls Seniors Activity Centre

with Di Stewart

Don't you just love the Fall? The beautiful colours, cooler temperatures, and fresh air make an Okanagan Fall our favourite season. Our extended summer caused September to be a little late start for the Seniors Centre year. Many people were still away on holidays, causing the startup of many programs to be delayed. **Bridge, crib, pool and music & coffee are back** with many members attending. You are all invited to come and enjoy these programs!

**Tuesday Bingo** is also back in full swing on **the first 3 Tuesdays at 1:00**. It's a fun way to spend the afternoon, especially with the long winter days ahead (you might even win a jackpot!) **Drop in Bingo** is held the **3rd Saturday of each month from 1:00pm until 4:00**. We had a great turnout in September and we're hoping this keeps up.

Our **1st Pancake Breakfast** after summer will be held **October 4th**. They are a great deal at \$3.50, which will buy you pancakes, scrambled eggs, sausages and a beverage (juice, coffee, tea). Bring the whole family - it's a terrific way to start your weekend.

**Pot Luck Dinners** are held the **last Saturday of each month** with September's providing background music to give members and guests the opportunity to catch up on all the news now that we are all settled back in our daily routines. Everyone brings a dish to share and these dinners are always fun and friendly. At the dinner on **October 25th**, we will be having a **Pie Auction**, and judging from past experience, the bidding provides lots of laughs as people compete for the homemade pie of their choice.

The **Fall Flea Market** will be held **Saturday, October 11th from 9:00am to 1:00pm**. Besides 14 tables rented to outside vendors, the Seniors Centre has a White Elephant Table, Book Table, Baked Goods Table, and a Silent Auction with really great deals to be had. You can also purchase lunch, snacks, and coffee there, so be sure to come and meet your neighbours.

The Seniors Centre is accepting donations of good, used household items for our Flea Market. If you are doing your Fall cleaning and looking for a place to donate that box of no-longer-used goods, keep us in mind. Our Flea Markets are one of our major fund raisers and help the Seniors Centre provide programs to our members throughout the year so it is all for a good cause.

If you have items you would like to donate for our Flea Market, please phone Dave at 250-497-7089 or just drop your donations off at the Senior's Centre on or before October 9th. (No electronics please.) We would also be grateful for donations of baked goods for our Bake Table.

### MARK YOUR CALENDAR

**Evening Pool** ~ 6:30pm Tuesdays

**Tuesday Bingo** ~ 1pm the first 3 Tuesdays of the month

**Music and Coffee** ~ 9-10:30am Wednesdays & Fridays

**Bridge** ~ 1pm Thursdays

**Crib** ~ 7pm Thursdays

**Pancake Breakfast** ~ 8-10am Saturday, October 4th

**Fall Flea Market** ~ 9-1pm Saturday, October 11th

**Drop In Bingo** ~ 1pm Saturday, October 18th

**Pot Luck Dinner & Pie Auction** ~ 5:30pm Saturday, October 25th

## EAST SIDE SALON

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## Gift Shop & Gallery

**250.497.7129**

Please call for hours of operation

1788 Hwy 97, 2km South of Okanagan Falls  
(Turn right on Alba Road & turn at the sign)

e: [info@okanaganstoneworks.com](mailto:info@okanaganstoneworks.com)



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wine racks wine coolers stone vases candle rocks bowls  
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## Okanagan Falls Women's Institute

with Betty Lynch

Look, up in the sky - is it a bird, a plane? No, It's your SUPER BANDSHELL COMMITTEE, once again destroying barriers set in the way of its progress.

Talk about a bad week, dear reader, we just couldn't win for losing with all the bureaucracy rolling our way. However, we prevailed and hopefully, we can, once more, keep this ball rolling. We are nearly there, with some in-kind donations still to be counted, we will reach our must-have goal very quickly. Possibly, soon into October, we will be able to name the contractor, and then watch the development begin! Needless to say, we are all very anxious, as I am sure you are, faithful reader. Why do some things which are of such importance to us seem to take the longest to come to fruition? I scribble this on the first full day of Autumn, and so, the organizational meetings begin to take place in the usual manner.

The Women's Institute will meet at 7 pm on October 15th in the usual place at the Community Centre. We will probably spend that time discussing our Christmas events and dinners, etc. YAY!

If we look up, we might see a rainbow after the rain. If we look down, we will probably see a mud puddle.

"For Home And Country", Betty Lynch

*The Women's Institute meets the 3rd Wednesday of each month, September - June, at 7 pm in the Club Room of the Community Centre.*

### Main Street Consignments

**\*\* FURNITURE ON SALE ~ Now 20-30% Off \*\***

Table Saw, Chest Freezer, 39 inch Folding Cot, Computer, Fridge & Stove, Workmate Oak Table & Chairs, & More!

**924 Main Street, Okanagan Falls 250-497-8488**

## Ladies Auxiliary of Branch #227 Update

with Audrey Steeves

A black cloth covered chair and one minutes silence opened the September meeting of the Ladies Auxiliary in memory of Life Member Anne Wiens.

In meeting recess since June, members of the LA had a most busy July and August with catering for Weddings, Celebrations of Life, assisting the Branch on Legion Day and catering for the very busy three day family re-union. President Louise Sax expressed her thanks and appreciation to those LA members who had given of their time and worked so hard at the various events. Monies raised from these catering events go towards charities and helping Branch #227 financially. A donation of \$2000 had been presented to the Branch in June to help with the taxes.

The LA Grade 7 School Award for the best athletic student went to Branden Kinley. The \$500 bursaries went to Aileen McLean and Tanina Rush of the South Okanagan Secondary School.

Arrangements were made for help at the Friday and Saturday Meat Draws, and also for the LA Dinner on Sept 19th and for the Celebration of Life of Sept 13th and 23rd. Several members will be attending the South Okanagan & Similkameen Zone meeting being held on Sept 21st at Summerland Branch #22.

Branch #227 will hold the annual Candlelight Ceremony on Saturday, October 18th at 11am at the Okanagan Falls Cemetery, following by a Veterans Lunch at the Legion Hall. Plans for the LA Annual Fowl Supper planned for Sunday, October 26th will be finalized at the October meeting. Tickets will be available at the Lounge Bar with admission of \$12 for turkey, ham, cabbage rolls, veggies, dessert, etc. A nominating committee of Iris Moldowan, Noreen Morrice, and Lucy Smallenberg was appointed to bring in a slate of Officers and Executive for 2015 to the October meeting. Winners of the meeting draws were Merle Laidlaw and Sue Tymchuk.

## Sharon's Care Services

for seniors



**Transportation, Personal Care, Companionship,  
Respite & Light Housekeeping Duties**



**Contact Sharon at 250.770.0497**

thompson298@hotmail.com

## The Royal Canadian Legion Branch #227

with Barbara Few

As we gear up for Fall and Winter, the programs are starting up so that you can enjoy some cozy winter evenings with good company, a nice beverage, and have some fun! Darts League is starting on Wednesday, October 15th. You don't have to be a good player, just come along and learn to throw among friends. Also, starting back up is Shuffleboard on Tuesday, October 14th. We are hoping to form Crib and Pool this winter, so if you are interested make sure you put your names up on the lists posted in the sports room or leave them at the bar.

A beautiful ceremony is held every year, called the Candlelight Ceremony. We are holding ours on October 18th. This moving event is held at the Okanagan Falls Cemetery in the morning, when a uniformed member leads a child up to a veteran's grave and they light a candle in memory of that person. This way the light is being passed down the generations, so that we do not forget. Afterwards, they are invited back to the Legion for lunch. There is also a luncheon given to the Legion vets as well, with a small fee for their spouses.

Inviting all witches and warlocks, goblins and ghosts to our **Halloween Bash on October 31st!** Prizes will be given to the scariest costume. Enjoy a ghoulish supper of eyeballs, spiders, etc. for a small \$10 fee, followed by entertainment by "SHINDIGGER". See you there!

### Dates to Remember:

Monday Crib ~ If enough interest

Tuesday Afternoons ~ Shuffleboard at 1pm

Wednesday Nights ~ Drop-in Darts & Pool at 7pm

Thursday Afternoons ~ Shuffleboard at 1pm

Fridays & Saturdays ~ Meat Draws at 5 pm

Friday LA Dinner ~ Oct 3rd & 24th following Meat Draw

Sundays ~ 1pm Fun Time with Hotdogs, Horse Racing & more

Saturday, Oct 18th ~ Candlelight Ceremony & Luncheon

Sunday, Oct 19th ~ Pancake Breakfast with sausage, bacon, eggs, juice and coffee, with all you can eat pancakes \$5/person from 8-11

Tuesday, Oct 21st ~ General Meeting at 7pm

Sunday, Oct 26th ~ LA's Fowl Supper from 5-7pm - Tix at bar

Friday, Oct 31st ~ HALLOWEEN BASH following the Meat Draw, Supper is \$10, with live entertainment by SHINDIGGER!

### OK BARBER SHOP

**Daniel W. Markin - Certified Barber**

**New Location - 5208 9th Ave. OK Falls**

**8-5 Tue-Fri / 9-2 Mon & Sat**

**250-328-3888**

## Kaleden Community Women's Weekly Drop-in Wednesdays from 1-4 pm

Meet at the Kaleden Community Church

*Come for the afternoon or just drop by for coffee.*

*Meet & connect with other ladies in your community.*

*Enjoy friendly conversation, games & crafts.*

*(Some instruction available on quilting, knitting, crocheting & card making.)*

Any Questions? Call Fran at 250-497-7850. No children please.

If you need a ride, please call Meredith at 250-497-6995.

## Local Church Directory

### Kaleden Community Church

Family Worship ~ Sunday at 10:00 am

Potluck Brunch ~ October 12th following Thanksgiving Service

443 Lakehill Rd, Kaleden / Phone: 250-497-5995

Pastor Les Clarke. Church email: kalgarden@shaw.ca

[www.kaledencommunitychurch.org](http://www.kaledencommunitychurch.org) - Please check out our new website for up to date information on church events.

### Okanagan Falls Community Church

Sunday Worship ~ 10:00 am & 6:00 pm

Special Restoration Service ~ Every 3rd Sunday Night (Oct 19th)

For spiritual, emotional and physical challenges.

1356 McLean Creek Rd, OK Falls / Office: 250-497-5131

Pastor Ron Crooker ~ Come join us in celebrating God's Love!

### Okanagan Falls United Church

Sunday Service ~ 9:30 - 10:30 am

Children are welcome! Coffee and social time to follow service.

**The United Church has a New Minister, Wade Lipton.** Wade is a candidate for ordained ministry in the United Church of Canada. His work has ranged from co-founding a rainwater harvesting project in Ghana to working with people of all ages in church, camp and retreat settings. He has studied musical theatre, theology, youth ministry and social change leadership, and is currently in the Center for Courage & Renewal's facilitator preparation program. A playful and contemplative extrovert, Wade believes cookies and dancing are essential to building a better world. 1108 Willow St, OK Falls / For more info, call 250-497-1171 or visit us at [okfallsuc.shawwebpace.ca](http://okfallsuc.shawwebpace.ca)

### Our Lady of Lourdes Catholic Service

Sunday Mass ~ 11:30 am

1039 Willow St, OK Falls / Administrator - Father Neil

Okanagan Falls Contact: Lorraine Harrison - 250-497-8781

### St. Barbara's Anglican Church

Sunday Service ~ 9:30 am for 3 Sundays of the month. The 4th Sunday of the month Service at 1:00 pm will now be held on the 4th Saturday at 5pm. These dates will be Oct 25th and Nov 22nd. Coffee and social time after the Church Service.

1039 Willow St, OK Falls / Incumbent Rev. Rick Paulin - 250-494-0704



### Ann Wiens

1924 ~ 2014

Ann passed away peacefully with her family by her side on Friday, September 5, 2014 at the age of 89 years. Beloved wife of the late Peter Wiens (2009); lovingly remembered by children, Dorothy; Richard (Jeanette) Wiens and Jake (Jannelle) Wiens; grandmother to Melinda, Kevin (Adele), Annette (Darrell), Paul, Heather (Sergio) and Carrie (Dean); great-grandmother to Madison, Jacob, Aidan, Jordon, Peyton, Stephanie, Derek, Ashley and Aaron. Survived by brothers and sisters and numerous nieces and nephews. Predeceased by daughter, Linda Trider (2014). Ann worked very hard all her life to help support her family. She was an active member of the Royal Canadian Legion Branch #227, took a Legion trip to Europe and did a lot of knitting and croche to assist "Helping Hands" of Okanagan Falls. A Funeral Service was held on Tuesday, September 23, 2014 from the Chapel of Graham Funeral Home, 5920 Kootenay Street, Oliver, BC. Interment followed at the Okanagan Falls Cemetery. As an expression of sympathy, donations to the Royal Canadian Legion, Branch #227 in Okanagan Falls.

Arrangements entrusted to Blaine Krist at:

**Graham Funeral Home**

5920 Kootenay Street, Oliver, BC 250-498-3833

Your message of condolence sharing your fond memories of Ann may be sent to [www.grahamfh.com](http://www.grahamfh.com)

## KALEDEN COMMUNITY CHOIR

Beginning Monday, October 6th at 7 pm

Kaleden Community Church

*Just for fun! Everyone is welcome! Really!*

*Can carry a tune in a bucket ... or not!*

Interested, but can't come Monday, call Meredith King at 250-497-6995 or email [meredithking@shaw.ca](mailto:meredithking@shaw.ca)



### H&M THRIFTEE SHOP

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**October 14-31 ~ Hours Change to 8am - 8pm**

**250.497.5818    5350 9th Avenue, Okanagan Falls**





## Flowers or Fish Heads?

Send yours to [skahamatters@telus.net](mailto:skahamatters@telus.net)

(Please Note: Some discretion on content inclusion may be involved.)



**Flowers** to Sharon Proctor and her "boys" for the flowers they put around the Legion every year, and to the workers who have transformed the look of the Legion building from drab to great.

~ from Barb & The Legion of Okanagan Falls

**Flowers** to the "Heritage Hills/Lakeshore Highlands & Vintage Views Community Association". We would like to thank this group for the opportunity to host the Garden Party on August 23rd of this year. As newer residents to the area it gave us the opportunity to meet some of our neighbours, as well as give the opportunity to other new neighbours to get to know each other. We feel fortunate to live in such a beautiful area and community and look forward to continuing to meet our neighbours. We look forward to either hosting next year's Garden Party or joining our neighbours at another location in our community, such as the park that the Association has been tirelessly working hard on for the benefit of all. Once again, 'Thank You' to all those involved with arranging and organizing the Garden Party.

~ from Michael and Kay Byrne, proud members of the Heritage Hill/Lakeshore Highlands & Vintage Views Community Association

**Flowers** to Dan Kane and his crew for organizing the Fall Food Bank Drive for the Salvation Army in both Kaleden and Okanagan Falls. We collected 375 lbs. of food in Kaleden alone.

~ from the Community of Kaleden

**Fish Heads** to the owner of the white truck that hit the cement flower planter at the Legion and didn't report it. All it would have taken is to report it to the Legion, help the Legion put it back together, and a few bucks or donation for more flowers. Volunteers go out of their way to plant, water daily, and attempt to keep them flowering for all to enjoy. Just a shame to see it broken and left that way.

~ from Sharon, Darrel & Glenn of Okanagan Falls

**Flowers** to all who attended the St. Andrews Special Event on September 13th, featuring "Kinda Kenny" and "Marty Edwards and The Revival". The event was absolutely fabulous, the house was packed and a good time had by all. We had wonderful support from Okanagan Falls, so nice to see.

~ from Brian of St. Andrews



**Flowers** to the owner of a jewellery item found at Oak Avenue and Lakehill Road. Call 250-497-8066 to claim your item. ~ from the finder

**Flowers** to anyone who would like to try Scottish Country Dancing for FREE on Oct 1st at 7pm at the Shatford Centre in Penticton. Can't make it, then come Oct 7th. ~ from the Naramata Scottish Country Dancers

**Flowers** to those attending an orientation & readiness session to see if becoming a Correctional Officer in Oliver is the right career path for you. Session dates and more info at [www.gov.bc.ca/bccorrectionscares](http://www.gov.bc.ca/bccorrectionscares)



**Flowers** to Betty Schneider (right) of Okanagan Falls celebrated her 97th Birthday on September 2nd with her sister, Kathleen Doyle and family. Kathleen, also of Okanagan Falls will celebrate her 96th birthday in October. Betty and Kathleen are daughters of Edward and Violet Thomas, early pioneers of Okanagan Falls. ~ from their family

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[www.crediblecremation.com](http://www.crediblecremation.com)

It is with great sadness that we bid farewell to another area resident.

### NASSER AGNES

June 26, 1928 - September 10, 2014

Agnes (nee) Bauer. Passed away peacefully in Penticton, BC on September 10, 2014. Born and raised in Winnipeg, Manitoba, Agnes survived the depression. After finishing high school, she was employed at Kilgour's for many years. In 1966 she moved to Victoria with the family, and found employment with the City Police Department, and then with the University of Victoria Classics Department, until her retirement. Following the death of her husband Gerald in 2004, Agnes re-located to the Okanagan to be closer to her family. Survived by her daughters, Susan (Dennis) Dyson, Lori (Brian) Spence and Joni (Darin) Mosses, seven grandchildren, five great grandchildren, nieces and nephews. No service by her own request. Donations to the Hospice of choice in memory of Agnes, would be greatly appreciated.

Arrangements entrusted to:

Credible Cremation Services Ltd. 250-493-3912

101 - 596 Martin Street, Penticton, BC V2A 5L4

### "Genealogy and DNA"

Join the SOUTH OKANAGAN GENEALOGICAL SOCIETY

7:00 pm on Thursday, October 2nd

Penticton Library & Museum Auditorium, 785 Main Street

Discover the paths of your ancient ancestors through DNA testing.

(\$5 for nonSOGS members.)



Photo by V. Friesen

The Oliver Community Art Council invites you to join their **Fall Art Show & Sale** held at the Oliver Community Centre on **Oct 4th** (3-9 pm - admission by donation) and **Oct 5th** (12-4 pm - admission through The Festival of The Grape. Bring your friends!

## WANTED: Artisans & Crafters!

### NOVEMBER ARTIST & CRAFTERS SHOWCASE

Show Location: at 557 Main Street in Penticton

### Five Consecutive Weekend Show Dates - FREE Public Event

Rates: Weekend \$50 (4 days) or Month \$150 (18 show dates)

FREE Table space for young Artists & Crafters (9-18 yrs only)

Register: [www.cmeliveproductions.com](http://www.cmeliveproductions.com) / Info: 250.460.2221

Quick Facts: 3300 copies are printed and distributed each month. All residents and businesses in Kaleden, Heritage Hills, Okanagan Falls, Skaha Estates, St. Andrews, and Twin Lakes receive an issue via Canada Post on the last business day of each month. 35 locations also carry copies.



Scan QR Code to the left with your smart phone and read any issue of Skaha Matters.

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# De Olde Welcome Inn's

## 1st Annual Potato Contest & BBQ



**Sunday, October 5th**

**Doors Open at Noon**



*Enjoy Hamburgers, Hotdogs, Baked Potatoes & Desserts!*

### Interested in taking part in the competition?

The following are the categories to enter:

1. **Largest Potato**
2. **Largest Carrot**
3. **"Looks Like"** - Any fruit or vegetable grown in your garden that has a strong resemblance to a person, place or thing! (Elvis?)
4. **Oddest Colletion** - A grouping of 3 or more fruits/vegetables with the weirdest shapes. (Can be all the same type or a variety.)
5. **Best Conversation Piece**



Registration is 12-5pm on Saturday, October 4th.

Winners Announced at 4pm on Sunday, October 5th.

**Lots of Prizes to Win!**



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**LIVE MUSIC! Friday, October 3rd ~ "Ten Beers After"**