



SKAHA MATTERS

"Bringing Community Matters To You"

Volume 7 : Issue 7

July
2015

Your FREE Monthly
Community Newsletter

Published by Okanagan Matters Publications

www.SkahaMatters.com

skahamatters@telus.net

250.490.6951



Malibu Dreams Photography
250-497-5513
midphotography@shaw.ca
Families • Children • Portraits • Events • Sports Teams • Natural Settings
A moment, an image... Forever.
www.malibudreamsphotography.ca

Quick Facts: 3300 copies are printed and distributed each month. All residents and businesses in Kaleden, Heritage Hills, Okanagan Falls, Skaha Estates, St. Andrews, and Twin Lakes receive an issue via Canada Post on the last business day of each month. 35 locations also carry copies.



Scan QR Code to the left with your smart phone and read any issue of Skaha Matters.



Linden Gardens' new gazebo.



Fragrant roses in full bloom.



Randy Duhn tends his roses at Linden Gardens in Kaleden.



**ST. ANDREWS
BY THE LAKE**
Come Stay & Play With Us



**Golf Shop • Dining Room • Lounge
Outdoor Patio & Deck**

For Tee Times & Reservations
250.497.5648

standrewsbythelake.com

**Kaleden's Kerry Muller & Gord Schellenberg
(and Barkley) are the
New Kaleden General Store Owners!**

Did you know ... The Muller Family settled in Kaleden in 1962.
Gord & Kerry ran the Trading Post at Apex for 3 years.



**KALEDEN
GENERAL
STORE**

*Come on in! We look forward to seeing
old friends and making new ones too!*

**8 am - 8 pm
Monday - Saturday**

**9 am - 6 pm
Sunday**

778-515-6006

kaledengeneralstore@shaw.ca

334 Lakehill Road in Kaleden

JULY 2015 COMMUNITY CALENDAR

View Online at www.SkahaMatters.com ~ **Event Reminders on Facebook Page!**

Call 250.490.6951 or skahamatters@telus.net

* Event info is included in this issue.



**Get Your Event
on the Community Calendar!**

Free Listing for Local Non-profit Groups.

Advertise Your Business Event Too!

Church Services* Kaleden & OK Falls Community Churches 10am OK Falls United Church & Anglican Church 9:30am Catholic Mass 11:30am The Well 6pm	August 2015 Special Events August 4-8 ~ Species at Risk Summer Day Camp* August 14-16 ~ OK Falls Hotel's Family Bike Rally * August 15 ~ Car Show at Kenyon Beach * August 22 ~ BC Pinot Noir Celebration at Linden Gardens August 29 ~ Legion Days August 30 ~ Church @ the Gardens (Linden Gardens)		CANADA DAY! Flag Rasing & Anthem OK Falls 11am Kaleden 2pm Lakehill Pathway Ribbon Cutting Ceremony 1:30pm	Magician Leif David at Kaleden Library * Industry Night * OFWA at OK Falls Pub Thursdays 5:30 - 7pm	Kaleden Bursary Deadline * OK Falls Legion #227* Meat Draws Fri/Sat 5pm	OK Falls Legion #227* LA Bingo 1pm OK Falls Legion #227* Drop-in Darts Saturdays 1pm
Summer Fun Camps* New Theme Each Week in July & 2 weeks in August BCSPCA Summer Camps for Kids * During July & August	BC Transit Rider Appreciation Day * Kaleden Community Hall 4-5pm	Summer Reading Club Tuesday Evenings * OK Falls Senior Centre* Tuesday Bingo 1pm 1st 3 Tuesdays each month	What's on Wednesdays? * Kenyon Beach All Summer 1-4pm Sailing on Skaha Lake Wednesday Evenings *	BBQ Buffet Dinner * Thursdays at 1912 6-9pm	Okanagan Falls Winery Association's 4th Annual Party in the Park * Kenyon Park 5-9pm	Ye Olde Welcome Inn Show & Shine *
Prospera Granfondo Axel Merckx * OK Falls Legion #227* Funday Sunday at 1pm Hotdogs & Horse Racing		Outdoor Yoga * Pioneer Park Tuesdays 9-10am	Skaha Matters Submission Deadline 15th-20th	Blood Donor Clinic * Penticton Senior Centre July 16 & 17 1:30-5:30pm	OK Falls Senior Centre* Music & Coffee Wed/Fri 9-10:30am Poppy Cover Mystery Tour Kaleden Library *	OK Falls Senior Centre* Drop-in Bingo 1pm OK Falls Legion #227* Shindigger - Live Hawk's Vineyard * Wine Tasting, BBQ, Music
OK Falls Legion #227* Pancake Breakfast 8-11am Sailing on Skaha Lake Sunday Afternoons * St. Barbara's Church Service at 1pm		Summer Reading Club Tuesday Evenings *	OK Falls Legion #227* Drop-in Darts Wed 7pm	Music in the Park Oliver Community Stage Bandshell Thursdays 6:30-8pm Noble Ridge at God's Mtn Winery Dinner *	Age Friendly * Old Fashioned Lunch 11:30-1pm Kenyon Park	Wild Goose Vineyards Rita Chiarelli Event *
OK Falls Heritage & Museum BBQ * 4pm Social & 5pm Dinner St. Barbara's Church Holy Eucharist 1pm		Noble Ridge Vineyard & Winery * Annual Vine Dining Event July 28 & 29	Pharmasave's Customer Appreciation Day *	Industry Night * OFWA at OK Falls Pub Thursdays 5:30 - 7pm	Delivery of August Skaha Matters by Canada Post	

Falls Market
BC Liquor Agency

Smoking Cheap "Pack" Deals

Your One Stop Shop for All Your Needs!

Falls Market would like to thank all of the local support from all of our customers. We value the loyalty and greatly appreciate it. We continue to strive upon making this "your" local store. Any comments or requests are always appreciated. We will always do our best to accommodate any request.

Ice Cold Beer & Wine • Full Selection of Liquor • Unique Variety of Wines
 Grocery Items • Confectionary Treats • Movie Rentals • Smittys Live Bait



Call for Special Orders
 of Chester's Chicken

250.497.5194



9-9 Sun-Wed & 9-10 Thur/Fri/Sat

- Best Wine Selection in the South Okanagan!
- Come see our Top 20 Wines in the world for under \$20!
- New Craft Beer Selection ~ Amazing variety of some of the best breweries in the world.
- New Beer Coolers ~ Coldest Beer in Okanagan Falls at -2°Celsius coming the 1st week of July!

*** New *
 Summer Hours!
 Now Open
 Until 10pm!
 Thursday
 Friday
 Saturday**



THE WATER STATION

Open 9-9 Everyday!

\$2.00 fill ups for 18.9 litres
 Indoor Facility & Free Caps

(OK Food Mart) The "Corner" Store - Hwy 97 & 910 Main Street, Okanagan Falls

Follow us at www.facebook.com/falls.market.liquor.store

**Tom Siddon**Director of
RDOS Area 'D'

FROM THE DIRECTOR

"Schools out for Summer"

Alice Cooper's infamous "Schools out" song of the 70's paints a rather bleak picture of the end of the school year. Yet Cooper himself once remarked that the last day of school is one of the two highlights of a child's life second only to Christmas Eve; both are filled with a rush of anticipation for the unknown treats that lie ahead.

July 1st Celebrations ~ We'll be starting our summer in Area 'D' with Canada Day celebrations and two flag-raising events.

The fun begins at Kenyon Park at 11:00 am complete with a Pipe Band, the Legion Colour Party, and the singing of O' Canada. Then in recognition of the 50th Anniversary of our red maple leaf, we will "raise the flag" on a new flagpole near the Heritage Walk in Kenyon Park. The ceremony will be followed by lots of games and treats for the kids.

At 1:30 pm, residents of Kaleden will gather near the Community Church on Lakehill Road for a special "ribbon cutting" event. This will commemorate the completion of Kaleden's new Lakehill Road pedestrian walkway, which connects Highway 97 with lower Kaleden for a distance of about 2 km. This is Kaleden's "first ever" pedestrian walkway which is already a popular promenade.

After the ribbon-cutting and brief remarks from special guests, everyone will parade down the walkway to the lakeshore at Pioneer Park. There a second flag will be raised, accompanied by the Pipe Band and Legion Colour Party and we'll sing another hearty rendition of our national anthem. Once again, there will be snacks and treats in honour of Canada's Birthday.

Kaleden Town Hall ~ A very successful evening was held at the Kaleden Community Hall on Tuesday, June 16th. This meeting was unique because in addition to attendance by Supt. Kevin Hewco and Rick Dellebuur of the RCMP, who discussed policing issues, the evening offered a "Community Information Fair" organized and hosted by the Kaleden Community Association. The Information Fair turned out to be a great idea, with 8 - 10 tables of community and RDOS volunteers who gave presentations on a variety of projects. These included topics such as future transit options, the sewer extension project, bear aware and deer control, work of the Kaleden Hotel restoration committee, and the HUB project for services to the needy. All told it was a great town hall event thanks to the Community Association, with almost 100 persons present.

Okanagan Falls Policing Meeting ~ On June 23rd, I hosted a meeting at the Community Centre on policing, public security and citizen involvement. Our special guests were Supt. Kevin Hewco who heads up Regional RCMP services out of the Penticton Detachment, and Rick Dellebuur who is now responsible for the Crime Stoppers program and community policing in our area. After explaining recent changes to the rural policing program, Supt. Hewco presented local crime incidence statistics for the past two years. Mr. Dellebuur spoke of new initiatives for Area 'D' including the possibility of re-starting the Citizens on Patrol program. A spirited discussion on local security concerns then followed, with many suggestions for improvement being offered.

Superintendent Hewco explained the diminishing resources now available to the RCMP for policing smaller communities and he outlined a new recruitment campaign to attract more volunteers, auxiliary officers and trainees into the police service.

Governance Study Committee ~ As mentioned in my previous articles, the Provincial Ministry of Community, Sport and Cultural Development has now agreed to fund a comprehensive study of improved governance and servicing options for Electoral Area 'D'.

The project got underway with a visit by two senior Ministry officials to our area on June 2nd & 3rd. Their visit included a reception with about 40 invited community leaders, a tour of Area 'D', and individual meetings with six "cluster groups" representative of various business sectors, community organizations and public service agencies.

At the June 18th meeting of the RDOS Board, a group of ten broadly-representative individuals, all living in Area 'D', were appointed to serve as members of the "Governance Study Committee". These persons are well known and respected for their range of leadership qualities and their dedication to the diverse interests and opportunities within Okanagan Falls and the smaller communities throughout Area 'D'. The new governance review committee will be chaired by Mr. Bob Daly, a long serving Chair of the Okanagan Falls Parks and Recreation Commission who is now Chair of the Okanagan Falls Irrigation District. For further information on the Governance Review process, its terms of reference and the membership of the committee, interested residents should contact Ms. Christy Malden, the Deputy Corporate Officer for RDOS at 250-492-0237 or cmalden@rdos.bc.ca.

Senior's Housing Proposal Moves Ahead ~ Over the past few weeks the South Skaha Housing Society, with the support of consultant Kane Bensten, and in consultation with members of the Okanagan Falls Legion and the local Catholic Parish, has prepared and submitted to the BC Housing Corporation a proposed project of affordable seniors housing for Okanagan Falls. The project comprises 30 units of one and two bedroom units, together with a common dining room and social area. It would be built on the western side of the present Branch 227 Legion property, with the main entrance and common areas facing toward Centennial Park.

BC Housing recently issued a call for affordable senior's housing proposals of up to \$10 million for the Okanagan region. The closing date for proposals was June 18th and I'm happy to say that our 98 page Okanagan Falls proposal made the deadline. The proposed project would have an estimated cost of between \$3.7 and 4.2 million dollars, depending on leasing arrangements made for the land and possible forgiveness of development and permit charges by RDOS.

This proposed project would comprise only Phase One of a larger future facility. The 2nd Phase might be designed a few years from now to accommodate the Legion Branch 227 facilities on the ground floor and some assisted living units on upper floors. This could be built on the present Legion site, if the Legion membership agree.

My compliments to Lorraine Harrison, Chair of the South Skaha Housing Society, and her committee for giving this much needed project a push to get it going!

Town Centre Revitalization - Phase II ~ In the next few weeks, I'm hoping the RDOS Board will approve a second round of consultations toward a revitalization plan for the Town Centre of Okanagan Falls. In Phase II, we are proposing to use the same team of consultants (Counterpoint Communications and Urban Forum Associates) who led the community through a visioning and planning exercise during 2014. That process focussed on two alternate design concepts for the future development of the area from 10th Avenue to the lakeshore. Phase II will utilize a process called a "design charrette". This exercise involves a broad cross-section of interest-holders who will be engaged in a two day intensive discussion of creative design options and concept plans. The charrette will be led by the consultants team, with the support of landscape artists who will turn some of the most interesting ideas into "street level" art work. We're hoping this exercise will be held on a weekend later in September.

Well, that's all there is room for this month. Schools out and summer's here. I hope you will have a grand summer holiday!

Sincerely,

Tom Siddon, RDOS Director Area 'D' // tsiddon@rdos.bc.ca

Cell: 250-809-2548 // Penticton Office: 250-492-0237 // www.rdos.bc.ca



Linda Larson, MLA ~ Boundary-Similkameen
6369 Main Street, Box 998, Oliver, BC V0H 1T0
Tel: 250.498.5122 Toll-free: 1.855.498.5122
"Your Voice in Victoria!" Linda.Larson.MLA@leg.bc.ca

Monthly Update From MLA Larson

By Linda Larson, MLA for Boundary-Similkameen

It was a privilege to be able to participate in the Keremeos Rodeo Parade on May 18.

The rodeo originated with a group of community-minded citizens who in 1938 created a rodeo and racing association. When the Elks of Keremeos were chartered in 1944, they put their energy into supporting this rodeo. I'd like to thank Harvey Olender for driving me in the parade.

On May 30th, the new Okanagan Falls Bandshell officially became a part of the community with music and local participation in the ribbon cutting. This is a wonderful example of what a dedicated group of volunteers can accomplish even for the smallest of communities. Special thanks to the Women's Institute, which has been making contributions to OK Falls for 94 years.

It's hard to believe a year has passed since the groundbreaking for the new Okanagan Corrections Centre. It continues to move forward on budget and on time, and whenever possible use First Nations and local labour and suppliers in the construction. It's another example of partnerships with First Nations and local and provincial governments. We have more than our share of wineries in the South Okanagan and Similkameen. All of them are unique in design and offer different taste experiences. This past weekend, Kismet Winery celebrated its first anniversary by introducing visitors to pairings of their wines with a wonderful selection of Indo-Canadian foods. A unique experience for all.

As I have done for many years, I participated with the fundraising CIBC does every year for BC Children's Hospital. I cooked hot dogs, which fortunately are difficult to ruin, and I want to thank the staff of CIBC in Oliver who spend the day volunteering in what is usually a blazing sun. Over the years they have raised more than \$35,000; not bad for hot dogs.

May seems to have been my hot dog cooking month as I participated in the Oliver Royal LePage Giant Yard Sale, raising funds for the Royal LePage Shelter Foundation, one of 80 events sponsored by Royal LePage across Canada.

The Meadow Lark Festival is also in its 18th year. Under the Okanagan Similkameen Conservation Alliance, 70 events including guided tours, bird-watching, canoeing, art, photography and aboriginal education are enjoyed by thousands who travel here from all over the world. Thanks to all the volunteers who make this event so successful.

I would like to congratulate all of the members of Oliver/Osoyoos Search and Rescue who recently held their first Open House showing off their new building. This dedicated group has worked incredibly hard to set up their response centre to better serve this very large geographical area. Residents and visitors can be confident that these well-trained volunteers are ready to assist at any time when someone is lost or injured in our beautiful valley.

It is important to note that since the beginning of this year through small-community grants, civil forfeiture, climate action, Telus investments, arts and gaming grants, this riding has received more than \$4 million in direct funding. The latest group to receive funding is the Grand Forks Piranha Swim Club Society. They received \$12,200 for their competitive swim program.

The Royal Canadian Air Cadets Bighorn Squadron held its 73rd annual inspection and awards ceremony in Oliver on May 31st. The squadron has been offering programs for youth that teaches them leadership, improves their physical fitness and develops social skills and self-confidence.

Over the years, I have witnessed the remarkable growth and achievements of these young people as they move through this program. It would not be possible without the volunteer officers, the sponsoring committee and the friends and extended family who support these youth. Congratulations to Barnabas Laflamme, Elizabeth Harkness and Eric Matevia for receiving special recognition. May was also Social Enterprise Month. In this constituency we have two excellent examples of social enterprise: Double O Bikes in Oliver and Osoyoos, and The Painted Chair in Oliver. These businesses allow people with developmental disabilities of all ages to become involved in earning their own money and learning transferable job skills at the same time.

Social enterprises sometimes focus on services as well as retail business and offer other things such as recycling or lawn mowing under supervision.

These wonderful organizations also give their clients social and personal skills to make their everyday lives better. The Painted Chair recently introduced a kitchen and their clients are learning about basic food preparation and what constitutes a proper diet.

There are many businesses that have benefited from employing people with developmental disabilities, and I encourage all business owners to take a look at the possibilities. In June, I will be attending events that focus on accessibility starting with the community of Sechelt.

In this past session of the Legislature which ended on May 28th, more than two dozen pieces of legislation were passed. Some were just updating extremely old legislation, such as the Liquor Act. Some didn't provoke a lot of opposition and others were more controversial, such as the Elections Act. All the work of the Legislature is available online for you to access at any time.

I will be spending the coming months touching base with all communities of the Boundary-Similkameen to listen to and follow up on any issues of concern. I am fortunate to have the most beautiful area of BC to live and travel in.

South Okanagan Transit

Rider Appreciation Day



Monday, July 6, 2015

**Thank you for choosing
sustainable transportation!**

Visit us for coffee, treats and a chance to
view your new bus at:

- **Osoyoos Town Hall, 8707 Main St.,**
11:00am-1:00 pm
- **Oliver, downtown, Main St.,** 2:00-3:00 pm
- **Kaleden Community Hall, 320 Lakehill Rd.,**
4:00-5:00 pm

Town of Osoyoos
Regional District of
Okanagan-Similkameen
Town of Oliver





John Powell

Area 'D' Economic Development Office

with John Powell

As many of you are aware, I will be leaving my position at the economic development office at the end of this month. The economic development coordinator position is being amalgamated into a community services manager position, which will have a broader remit throughout Area "D".

I strongly believe that 2015 is shaping-up to be a pivotal year for this area, as many of the initiatives I have implemented in recent years are beginning to bear fruit. The Weyerhaeuser property has now sold and, for over a year now, I have been working with a consortium of businesses that are interested in locating on the site. In recent months, I have been able to bring the new owners/developers, these businesses, the provincial government and other stakeholders together and negotiations are underway. If successful, these businesses will bring good, year-round jobs to the area.

Finding these businesses and introducing them to opportunities in Okanagan Falls did not happen by chance. The initial leads that I followed-up on were borne from being focused and specific as to the industrial sectors that hold the greatest potential for Okanagan Falls. The value-added wood, agricultural and construction industries fit this bill. These sectors have moved well beyond saw mills, logging lumber for export and farming. The technologies, science and innovations that are being applied to these sectors in recent years are phenomenal, which means that there is growing demand for highly skilled people in these sectors.

Unfortunately, I will be leaving in the middle of the Town Centre Revitalization planning process. With the successful completion of phase one last year, the second phase has been delayed by factors such as the municipal elections last year and the recent referendum. The final phase will be started in September 2015. I wish the community of Okanagan Falls the very best in the coming years as this revitalization strategy is implemented.

The economic development profession requires a lot of diverse and painstaking work to take place behind the scenes to implement initiatives that lay the ground work for economic growth in a community. One of the first initiatives that I undertook in this role was to produce an economic development action plan that identified the required building blocks to get the local economy on-track. This plan has been an extremely helpful guide since 2012.

As an unincorporated area, it has been difficult to develop comprehensive and detailed statistical information about Okanagan Falls and Area "D", as few statistics exist specifically for our area. However, we do now have site selection and regional profiles that inform potential investors about the realities of living, working, raising a family and recreating in the South Okanagan. Okanagan Falls is now prominently and well represented in the South Okanagan Relocation Guide and local businesses that are for sale are now listed in the Venture Connect publication, as well as in several other publications and websites. Copies of these publications are available either on the Area "D" economic development, tourism and community website www.okfalls.ca or in the economic development office in Okanagan Falls. Other publications that I have worked on include the Area "D" visitor guides, which are in their fourth year.

One of my key guiding principles in recent years has been to recognize that Area "D" is a tiny cog in a very large wheel and that we will not achieve our objectives if we attempt to 'go it alone'. While, with the benefit of hindsight, our participation in the Okanagan Valley Economic Development Society had limited benefits for us, for the past year, I have chaired a new, action-orientated South Okanagan-Similkameen Economic Developers (SOSSED) group, which is focused on working with all of the communities in the South Okanagan and Similkameen. This group is proving to be a far better fit for Area "D", as our focus is on working regionally on clearly defined and strategic projects that will

'raise the tide' for our entire region and all communities within it.

In recent editions of Skaha Matters, I have talked about several SOSSED initiatives that I have implemented in our area. These include the recent 12 at 12 Business Lunches, which have already resulted in a jobs fair in our area that has placed several local residents in Area "D" jobs. Crime was another issue that local businesses raised. The recent Town Hall Meeting in Okanagan Falls was arranged with these crime concerns in mind. Other deliverables from this group include the Regional Trails Map that you can now purchase for \$2.00 from all South Okanagan Visitor Centres, including the Visitor Centre in Okanagan Falls.

I have been working with the Canadian Legionnaire's and others in Okanagan Falls to help get the long awaited senior housing project on the Legion site underway. The process is now underway, so I hope that this project will move forward quickly in the coming months.

As I mentioned earlier, 2015 appears to be heralding great things for the Okanagan Falls area. There really is far too much going on in and around Okanagan Falls, from an economic development perspective to realistically list everything. Suffice to say that I am excited to see some of the initiatives I've been working on come to fruition. Progress hasn't always been fast or visible. However, progress has been made and I'm confident that we are in a much better position to start realizing the potential that local people feel has eluded Okanagan Falls since the time of William Snodgrass. This is not a time for complacency - as nothing is yet set in stone. There is still a lot of work to be done.

Thank you for all of your support over the past four years or so. I wish you and your community the very best for the future. This is where I sign off for the last time ... Adios!

"Your hometown realtor ... here for you!"

Serving Okanagan Falls and area for over 12 yrs!

Office & 24 hr pager: 250.497.5541

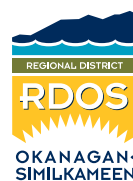
837 Main Street in Okanagan Falls



Laurie Kingsfield

Cell: 250.498.1110

LKingsfield@telus.net



New Bike Map Now Available!

The Regional District was pleased with the Province's recent announcement that the South Okanagan-Similkameen has been selected to be a pilot area for a Province wide cycling tourism signage and marketing strategy.

Known as the South Okanagan-Similkameen Cycling Network, this pilot will lead the way for other cycling networks throughout the Province.

Consistent "way-finding" route signage will be installed across the region, which will identify routes for cyclists to follow. Once they hit the road, the signage will guide them along a route of their choice. Road shoulder maintenance and sweeping on the key routes will be doubled for greater safety.

The road cycling routes, the KVR and Similkameen rail trails and destination mountain bike areas are all displayed at www.rdos.bc.ca

Looking for a bike map to throw in your backpack or bike jersey pocket? Pick up a South Okanagan-Similkameen Cycling Guide and hit the trails!

Available at the local tourism offices throughout the Region, including the Okanagan Falls Visitor Information Centre, this product was a collaborative effort by local government, tourism organizations and the cycling community.





NOBLE RIDGE

VINEYARD & WINERY

Creating premium quality wines & wine experiences



Join us at Noble Ridge for our

"Annual Vine Dining Event" July 28 & 29

We will be going on a Mediterranean Adventure with Chef Darin Paterson. 5 Courses beautifully paired with Award Winning Noble Wines. Enjoy dinner & a walk among the vines. Tickets - \$110.

For more information or to purchase your ticket, please call 250-497-7945.

Noble Ridge will also be featured at
The God's Mountain Winery Dinner on July 23rd
Save the DATE!

Visit www.nobleridge.com for more upcoming events! #BeNoble

T: 250.497.7945 E: wine@nobleridge.com W: nobleridge.com
2320 Oliver Ranch Rd, OK Falls FB: Noble_Ridge Tw: @Noble_Ridge



Information Centre Update

with Barb Aschenbrenner,
New Information Centre Manager

Summer is upon us and the visitors keep coming. I want to thank the staff at the Visitors Centre and our local merchants for making them feel welcome to our community. It's nice to share our local history and attractions with them. But as locals, do you know the history of our local museum?

The Bassett House ~ It is a pre-fabricated structure that was built in the early 1900's by Dick Bassett and his family. It was shipped by rail in pieces from Winnipeg to Okanagan Landing. From there it was shipped by paddle wheeler to Penticton and then made the journey to Okanagan Falls by horse and wagon. At that time, Okanagan Falls was the oldest planned community in the South Okanagan. The Bassett Family were in the freighting business and handled all the stagecoach and freight hauling in the South Okanagan at the turn of the century. The Bassett House was purchased in 1982 by the Okanagan Falls Women's Institute and in turn they donated it to the Heritage Society in 1983 to restore it and keep it maintained for many years to come. Today, it houses our local museum and I encourage all of you to take a visit and learn more of our local history.

Have a great summer and keep making those visitors feel welcomed.



RICOH

p. 250.762.7722 | f. 250.762.2232
toll free 877.311.7722

service@okanaganofticesystems.com
523 Lawrence Avenue, Kelowna



"Serving all your Office Equipment and Stationary needs"



Okanagan Online Grocery

Locally Owned & Operated in Penticton

"Helping families spend more time together
with "to your door" grocery delivery."

blair@okanangagrocerydelivery.com

Serving Penticton, Okanagan Falls,
Kaleden, Summerland & Naramata

RCMP Community Report



Boating Safety

The warm June weather has allowed people to get out on the water earlier this year. Thus, it is a good time to remind everyone of their responsibilities when operating a water craft. First of all, there needs to be a life jacket or personal floatation device for everyone on board your craft. And, while you are not required to wear the floatation device, it is recommended that you do so. Common sense should tell you it won't do you much good in the event of a boating incident stowed under a seat or in a storage compartment. Red Cross 2006/2007 10 year Drowning Report found that almost 90% of the 180 Canadians (on average) who die every year in boating incidents were not properly wearing a life jacket or personal floatation device. Nearly 70% capsized or fell overboard from a small open boat.

Boaters are required by law to have other safety equipment on board depending on the length of their vessel. You can find out what is required for your vessel on the Transport Canada web page (google Boat Safety Canada) or by picking up a boating guide that is usually available at most marinas and boat sales lots. However, there are a few items that you should carry regardless of your size and they include: a manual bailer such as a pail; a paddle; a sounding device such as a whistle or hand held horn; a 15 metre buoyant heaving line; a water tight flashlight; and if you have a motor an fire extinguisher is always a good idea. There are inexpensive kits that you can buy that contain everything mentioned, except the fire extinguisher.

Operators of pleasure craft are governed by the Canada Shipping Act, The Small Vessel Regulations, Competency of Operators of Pleasure Craft Regulations, Collision Regulations, Vessel Operation Restriction Regulations and Vessel Pollution and Dangerous Chemical Regulations. It is the vessel operator's responsibility to obey these rules and regulations or they may be issued a notice, voluntary fine or court appearance.

Everyone operating a pleasure craft is required to have a Pleasure Craft Operator's Card that can be obtained by completing an accredited course and exam that you can find online or again by visiting the Transport Canada Web site. Also, check out horse power restriction for operating powered vessels for persons under 16 years of age. For example, no one under 16 years of age can operate a personal watercraft, something we often find occurring when out on our routine boat patrols.

Finally, if your vessel is powered by 10 horse power or greater motor, you require a registration and registration numbers on your vessel. You need to carry a copy of this vessel registration on your vessel, just as you would your vehicle registration in your vehicle. It must be produced upon demand and you can be issued a fine if you can't produce it or your boat is not properly registered. Again, information on how to register or change the registration for your boat is on the Transport Canada web site.

Wishing everyone another season of Safe Boating! For more information, contact Transport Canada (www.tc.gc.ca) or Penticton RCMP at 250-492-4300.

Rick Dellebuur, Crime Stoppers & Community Policing Coordinator
Direct: 250-490-2374 // Crime Stoppers: 1-800-222-8477 or sostips.ca

Okanagan Falls Irrigation District News

with Bob Daly, OFID Chair

Okanagan Falls Irrigation District Website ~ If you haven't yet checked out our website, okanaganfallsirrigationdistrict.ca, please take the time to do so. We think you will be pleasantly surprised. There is a great deal of information on the website about most issues you will be faced with as a water user. We happily welcome suggestions about how the website can be improved. Also, email is a quick way of getting in touch with you in emergencies, such as Boil Water Advisories. If you haven't yet given us your email address, you can do so by contacting the office by phone at 250.497.8541 or by email at ofid@telus.net.

Bill Payment Options ~ We have received a number of suggestions regarding improving bill-paying options for our water users. Our office has been in contact with major local banks, such as RBC, TD, Canada Trust, CIBC, BMO, as well as Interior Savings Credit Union, in order to provide the most convenient way for you to pay your water utility. We will have those options in place for the 2016 billing period.

Water Conservation ~ The average water usage per person in Canada is 329 litres per day. In BC, it is 490 litres per day, and in the Okanagan it is 675 litres per day. During this long, dry spell, it is important to reduce our water use as much as possible. We can start by adhering to the watering restrictions in place from May 1st to September 30th. You can find many conservation tips on our website. Thank you for your cooperation.

Our staff will be monitoring well levels on a daily basis.

OKANAGAN FALLS IRRIGATION DISTRICT

1109 Willow Street | P: 250.497.8541 | E: ofid@telus.net

Office Hours: Tues/Thurs 8:30 - 4:30 (Closed 12-1)

www.okanaganfallsirrigationdistrict.ca

SKAHA PIZZA

ARTISAN THIN CRUST

• Sweet & Savoury Pizzas

• Dough rolled fresh daily
& stone-baked in 650°F

Open everyday from 4-10pm
or until the dough runs out!

236-422-2230

3450 SKAHA LAKE RD

skahapizza.com

HAWKS
VINEYARD
www.hawksvineyard.ca
Okanagan Falls, BC.

Hawk's Vineyard Opens its Gates to the Public!

Hawk's Vineyard is situated at the tip of Vaseaux Lake next door to Nature's Trust at 2434 Oliver Ranch Road. Originally known as Stoney Slopes Vineyard, it was planted in the early 1980's and remains one of the older vineyards in the Okanagan.

Purchased by Stephen Carter in 2012, the vineyard was renamed, restored to its glory, a winery and tasting room was built, and the creation of the Hollow Amphitheatre was set in motion. Steve found winemaker Mark Simpson of BC Wine Studio, who began to manage the winery crafting delicious wines.

Mark Simpson's 2012 Siren's Call Syrah was named for the 2015 Lieutenant Governor's Awards for Excellence in British Columbia Wines. We extend our congratulations to Mark Simpson and other winners of the award.

Join us at the Hollow Event Amphitheatre from 5-8pm on July 18th, 2015 for wine tasting, a la carte bbq dinner, and live music featuring Geoff Franz and other special guests.

An upcoming calendar of events will be posted on our web site at www.hawksvineyard.ca

For more information, call 250-497-8778 or email info@hawksvineyard.ca





CANADA DAY
JULY 1st, 2015
*Celebrating The 50th Anniversary
Of The Canadian Flag*

Kaleden PARKS & RECREATION **IGA** **Okanagan Falls** Parks & Recreation

<p>Kaleden 1:30 - Ribbon Cutting Ceremony & Walk to Pioneer Park 2:00 - 4:00 Flag Raising Ceremony Live Music by DJ Mike Crafternoon Of Art And Games</p>	<p>Okanagan Falls Kenyon Park 11:00 - Flag Raising Ceremony 12:00 - 4:00 BBQ Family Activities Lawn Maze IGA cup cakes served by The Womens Institute Live Music with 13 Broken Bones</p>
--	--

ROYAL CANADIAN LEGION COLOR PARTY
PENTICTON PIPERS CLUB FLAG RAISING CEREMONY
Special Thanks to OK Falls IGA

For more information about the events you can contact OK Falls Parks and Recreation - 250 - 497 - 5188

Funded by the Government of Canada / Financé par le gouvernement du Canada **Canada**



Kids Love Soccer ... Big Time! Soccer is always big hit in Okanagan Falls, especially with this big soccer ball courtesy of Okanagan Falls Parks & Recreation.

Kaleden Update

By Kim Denis, Kal-Rec Commission Member

What a great turnout we had at the Kaleden & Twin Lakes Town Hall Fair on Tuesday, June 16th! Approximately 100 people came out to ask questions and discuss various topics of interest. Multiple stakeholders brought booths and information to share, plus they were available to speak with community members one on one. Groups present were; The Hub & Church, Volunteer Fire Department, Bylaw, RCMP, the Library, Elementary School, 1912 Hotel Committee, the Tennis Club, Better at Home, the sewer committee and some Museum volunteers. RDOS staff was also on hand to discuss the Bear Aware and Composting programs, as well as the Official Community Plan. Thank you everyone for making the effort and keeping us informed. We wish to also thank the Kaleden Restaurant for donating yummy apricot squares and chocolate cookies. And, thanks to Starbucks for donating coffee.

An **Outdoor Yoga Program** has begun in Kaleden and will be running Tuesdays from 9-10 am from June 23rd to August 25th. Please contact Carrie directly (carrie@fenixyoga.com) regarding registration or inquiries. There is potential for a Thursday evening class as well, if she has enough interest.

Relax ... Rejuvenate ... Heal
Gift Certificates Available!



250.497.8806



Reverse Bone Loss with Exercise ...
Play Pickleball in Kaleden!

Jaynie Molloy BSc. Hon. CH.
110 Linden Avenue, Kaleden



Kaleden Volunteer Fire Department

KVFD July Tip:

Fire Safety in Cottages, Cabins & Seasonal Homes

- Ensure there are working smoke alarms on every storey and outside all sleeping areas.
- Test smoke alarms monthly or each time you return to the cottage.
- Pack a new smoke alarm and extra smoke alarm batteries in case they need replacement.
- Install carbon monoxide alarms in your cottage if it has a fuel-burning appliance.
- Have a home fire escape plan and practice the plan.
- Know the telephone number for the local fire department and your cottage's location details.
- Clean barbecues before using them.
- Check heating appliances and chimneys before using them.
- Always keep a bucket of water, sand or shovel handy near fire pits.
- Never leave candles unattended.

Sole Survival Reflexology



Betty Kuijpers

Certified Reflexologist

250.493.1782

bkbornrich@gmail.com

184 McGraw Court, Penticton



HOME • PATIO • GARDEN

** WINE LOVERS come & check out our unique selection of Wine Coolers & Wine Racks! **

One of a kind gift ideas, hand-crafted from BC rocks!
wine racks & coolers . stone vases . candle rocks . bowls . birdbaths . tables & benches
Custom orders for items written in stone . Granite & Bronze Memorial Markers

1788 Hwy 97 - 2 km South of Tickleberry's

Please call for hours of operation.

www.okanaganstoneworks.com

250-490-6588

Okanagan Falls Volunteer Fire Department



The Okanagan Falls Volunteer Fire Department was very busy during the months of May and June. In May, the department responded to 19 calls for service, including 16 first medical responses. Members also responded to a motor vehicle accident, a marine rescue and a grass fire.

In June, the department responded to more than 15 calls, including eight first responses, one burning complaint and a structure fire.

Tip of the month: We are urging residents to use extreme caution with any heat source outdoors, due to dry summer conditions. Remember, no outdoor burning is permitted.

The department is always looking for dedicated men and women to join the team, an experience that offers comprehensive training, advancement, benefits and camaraderie. For more information, leave a message at 250-497-5700, or drop by the fire hall on Wednesday nights between 7-9 pm.

The Okanagan Falls Volunteer Fire Department wishes everyone a great summer, but please be safe.



Okanagan
Boys & Girls Clubs
A good place to be



Okanagan
Falls
Parks & Recreation

Summer Fun Camps



DAY CAMPS For 5-12 year olds

Camps Run July 6-31 & Aug 10-21

9:00-4:00 Monday-Friday

(*Early bird drop offs can be arranged
with Okanagan Falls Recreation)

For Registration Information:

Boys & Girls Club 250-493-0512 x122

Or OK Falls Recreation 250-497-8188

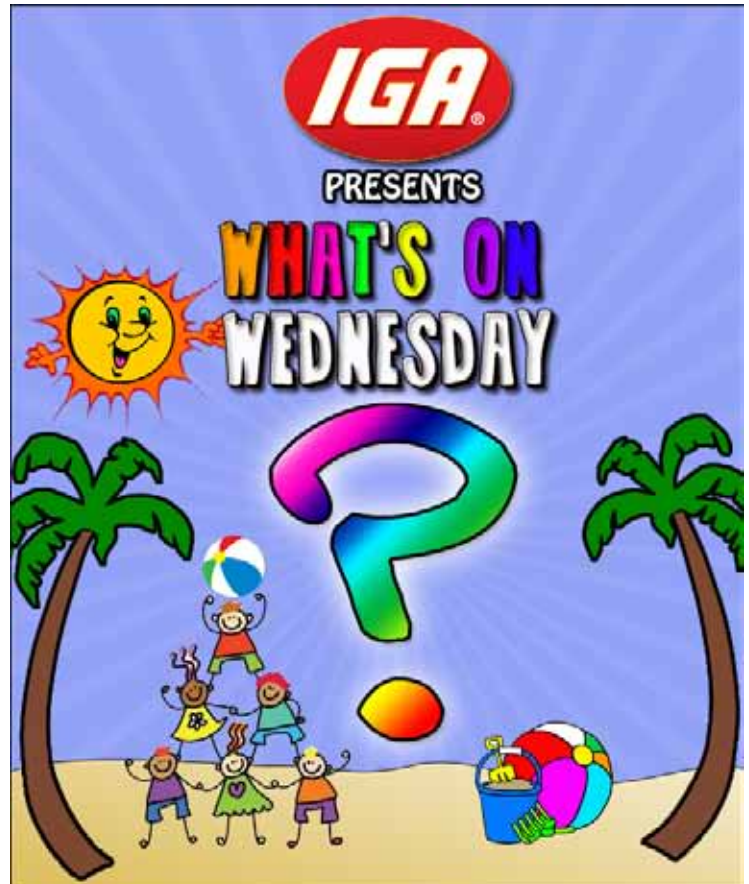
Email: info@okfalls.net

\$28.50/single day or \$132.50/week

(Plus \$10 annual membership to the Club)

Theme Weeks ~ Something For Everyone!

- July 6-10 Creatures & Critters ~ All things slimy, fluffy and weird!
- July 13-17 Cartwheel Club with Coach Janet ~ Gymnastics lesson for 1.5 hr/day
- July 20-24 Foodies ~ Cooking, creating and kitchen wizardry!
- July 27-31 Wild about Water Play!
- Aug 10-14 Creativity Camp & Theater Games with Special Guest Grace Overhill
- Aug 17-21 We Love Lego!



July 1st 11:00 - 4:00 Canada Day Celebrations
Flag raising ceremony live music and barbeque

July 8th 2:30-4:30 Welcome the S.P.C.A.
Geared for kids of all ages: Learn about empathy and respect
for animals and how to approach dogs safely and kindly

SPCA
SHELTER & RESCUE



All Afternoon July 15th Groovy Day
Bring a t-shirt to tie dye (\$5) or buy one from us for \$8.
New this year: tie dye a beach sheet \$15.
Hula hoop contest!

July 22 Yoga Kids - Lets fill the park
with little yogi's! 1:30 pm

YOGI KIDS
YOGA FOR KIDS

All Afternoon July 29th Sand Castle Furniture Contest
Wacky prizes for best loungers and living rooms



For more information about the events
you can contact OK Falls Parks and
Recreation - 250 - 497 - 8188

Okanagan
Falls
Parks & Recreation

By Appointment Only

Phoenix

THERAPEUTIC MASSAGE

Sarah Morrison

RMT

1364 WILLOW STREET
OKANAGAN FALLS B.C.

250-328-9765

OKPHOENIXMASSAGETHERAPY@GMAIL.COM



FOOTWORKS OKANAGAN VALLEY

Located in Kaleden

CUSTOM ORTHOTICS BY PRESCRIPTION

90 min. Biomechanical assessment,
including gait and pressure analysis.

CUSTOM FOOTWEAR FITTING

Including Walking, Running, Hiking, Golf, and Cycling

By Appointment Please

250.490.5887 | tmakos@telusplanet.net

www.footworksokanagan.ca



An Okanagan Falls Healthy Communities Special Feature

Making the Healthy Choice ... The preferred Choice!



Lean & Clean 30 Day Challenge!

Congratulations to the group of 18 people that joined together for the "Lean & Clean 30 Day Challenge" through Okanagan Falls Parks & Rec (not all participants in photo). This group went through a dietary consultation with Registered Holistic Nutritionist, Shelly Covert, and received a personal nutrition plan. They were also led in three outdoor group fitness classes each week with Certified Fitness Instructor, Kathy Orioli, who also assigned two other workouts and weekly challenges for the group to complete. Great job and keep making healthy choices!

If there is someone or something you would like to see honoured for healthy choices, email info@okfalls.net or call 250-497-8188.



TERRY MAKOS C. Ped (C)

CERTIFIED PEDORTHIST CANADA

Over 25 years experience

Pedorthic Association of Canada

College of Pedorthics of Canada

Expect Great Pain Relief with Prolozone

By Dr. Tamara Browne, Naturopathic Physician,
Licensed & Registered by the BC Ministry of Health



Prolozone is an injectable pain management therapy developed by Dr. Frank Shallenberger, a renowned anti-aging Doctor and "the father" of modern ozone therapy in North America. Prolozone is effective for all forms of musculo-skeletal and joint pain including chronic neck, back, knee, hip, and shoulder pain, plantar fasciitis, carpal tunnel syndrome, and rotator cuff injuries. According to Dr. Shallenberger, because prolozone corrects the underlying pathology of the disorder, there is a 75%

chance the chronic pain will be resolved completely.

Prolozone involves the targeted injection of a homeopathic/procaine/vitamin-mineral healing solution followed by ozone. Ozone is an oxygen gas produced by an ozone generator that effectively oxygenates tissues, both sterilizing them and enhancing the oxygen utilization of the tissue. It is the most highly active form of oxygen in the universe. This oxygenation is very healing, as well as neutralizing to the pain in an area. Poor circulation often leads to poor oxygen concentration in and around joints. Ozone increases oxygen levels considerably leading to joint and tissue regeneration.

Generally 3-5 Prolozone treatments are required to completely resolve pain, injuries, and stimulate regeneration of worn out joints. These occur at a schedule of once every 2 weeks to once a month. This therapy is extremely safe, well supported by over 50 years of research, and most often painless.

Dr. Browne has been trained in this technique by Dr. Shallenberger (www.antigagingmedicine.com).

Visit www.aaot.us for references to the scientific literature.



theNatural Family
Health Clinic
& Chelation Centre

Preventing illness-optimizing health, naturally

OFFERING:

Intravenous and Injectable Therapies:

- **Chelation:** Reduces risk of cardiovascular disease and removes toxic metals from the body.
- **Oxidative Therapies (Ozone and Hydrogen Peroxide):** Safe anti-microbials and immune stimulants. Improve cellular energy.
- **Supportive Cancer Care:** Improving outcomes and quality of life while decreasing symptoms.
- **Rejuvenation and Detoxification:** Personalized IV's to reduce pain, increase energy, and improve health.
- **Prolozone Pain Management and Joint Rejuvenation Therapy**

Plus, bio-identical hormone therapy to optimize health and prevent age related illness. Balancing female hormones helps menopausal symptoms.

Dr. Tamara Browne, Naturopathic Physician

1040 Main Street, Okanagan Falls, BC

250-497-6681

www.chelationokanagan.com

www.facebook.com/chelationokanagan

PHARMASAVE

Pharmasave Okanagan Falls Junior Triathlon Success!



The Pharmasave Okanagan Falls Junior Triathlon held its 4th annual event on Saturday, June 20th. Close to 225 little athletes from 2-13 years of age participated in this fun-filled non-competitive race. While times were not officially recorded, each little athlete did have their name announced by the infamous race announcer, Steve King, along with their 'unofficial' times, just like the big races. "With our race, it's not about the time you get, but about the time you have", says Co-Race Director Niki Pierson, "All the little athletes had a great time and huge smiles were seen everywhere!"

Numerous volunteers and many event sponsors helped make this event such a success. "Originally, we wanted to provide a free triathlon racing atmosphere for our local Okanagan Falls School children, especially with all the big races travelling through our community, then we simply invited the surrounding communities to join in too. We also wanted to ensure that any financial barriers were removed, so our gracious sponsors kicked in and we were able to do just that ... keep the event free for four years in row!", says Co-Race Director Carrie Ferguson. The event once again drew families from Osoyoos to Kelowna. "Our little race is becoming very well known in the triathlon world, and we have been warmly received and supported. We just love hosting this event, and seeing the giant smiles on the children's faces. We smile and cheer so much watching the 2 and 3 year olds 'race' that our cheeks hurt! We are so very grateful to all of our volunteers, our incredible sponsors, and the amazing Jean and Steve King. We could not host this event without their support."

The Pharmasave Okanagan Falls Junior Triathlon is an official "Kids of Steel" event, along with being fully sanctioned by TriBC. The event website, www.okfallsjrtri.com, shows maps and distances according to age categories. There is also a full list of FAQs and more detailed information available on the site. You can also enjoy some fun photos.

Thanks again to our local residents who were patient with the little racers on the roadways in and around Kenyon Park and Christie Memorial Park. Thanks to all the wonderful volunteers who made this event possible and a ton of fun. Thanks to the Okanagan Falls Junior Triathlon Committee: Carrie, Niki, Janice, Lorna, Chris, Taylor, Jay and Myleen. There are a number of fabulous sponsors, without whom this free event could not take place. A HUGE thanks to Pharmasave Okanagan Falls, Unit Electrical Engineering (UEE), Okanagan Falls IGA, RDOS Economic Development Office, Meyer Family Vineyards, Fortis, Noble Ridge Vineyard & Winery, Okanagan Falls Parks & Recreation, Interior Savings Credit Union, Central Interior Traffic Control, Easy Lock Self Storage, Robbins Drilling & Pump, Caitlin's Homestyle Diner, and Skaha Matters. The event wouldn't be the same without the infamous Steve King, either! Thanks everyone and see you next year! (Photos below by Malibu Dreams Photography)



The older kids racing through the swim.



Aiden cruising through the bike course.



3 year old Felix is fast and furious.



Perry Tompkins, Pharmacy Mgr

Live Well HEALTH TIP

brought to you by
Pharmasave
Okanagan Falls

With summer in full swing and outside temperatures rising, heat-related illnesses become more likely. The term "heat-related illnesses" is meant to capture the range of problems that can happen when the body overheats enough to alter the function of different tissues and organs. Normal core body temperature is approximately 37°C (98.6°F) and as it rises to 38-39.9°C (100.4-102.2°F), symptoms of heat *exhaustion* may occur, including rapid pulse, dizziness, severe weakness, fainting, muscle cramps, nausea, vomiting and headache. If not addressed, heat exhaustion can progress to heat *stroke*, which occurs when core temperature exceeds 40°C (104°F), leading to possible kidney, muscle, liver and brain damage. In fact, other than high temperature, serious neurological problems are a hallmark feature of heat stroke and appear as persistent confusion or altered mental status, seizures and coma. Heat stroke is a medical emergency and if not corrected, can lead to death.

It's important to understand that heat stroke can occur even *without* physical exertion. This is most likely in the elderly, overweight individuals, those with physical disabilities, and folks with heart, mental health and neurological problems. Moreover, certain commonly used medications increase the risk of heat stroke: water pills, certain heart & blood pressure pills, certain medications for nerve pain, fibromyalgia and sleep, medications for urinary incontinence and certain non-prescription medications. So what can you do to prevent heat exhaustion and heat stroke? For one, try to maintain good hydration by drinking plenty of fluids (water or sports drinks) throughout the day, particularly when you are *not* thirsty. Avoid prolonged outdoor exposure during the middle of the day when it's hottest. Increase heat loss by removing clothing and moistening the skin with water then sitting in front of a fan ... the heat will move from the skin to the water, which will then evaporate, cooling you down.

In closing, if you are concerned about your risk of heat-related illnesses, stop by the pharmacy and chat. We are here to help you enjoy summer safely!

P.S. Check out our health and community blog at www.isitforeal.info. See you in August!

"Give every day the chance to become the most beautiful of your life." ~ Mark Twain

Pharmasave Okanagan Falls

5217 9th Avenue, Highway 97 Phone: 250-497-8050

HOURS: Mon - Fri 9am - 5:30pm & Sat 9am - 4pm

FREE Prescription Deliveries to OK Falls & Kaleden Areas

CUSTOMER APPRECIATION DAY at Pharmasave OK Falls!

Wednesday, July 29th ~ Receive 15% OFF*

*Excludes prescriptions, codeine products, sale items, phone and gift cards, lottery and stamps.

LIVE WELL WITH

PHARMASAVE®



The Band Shell Is Complete!

The official ribbon cutting of the new Okanagan Falls Band Shell was held on Saturday, May 30th. Dignitaries, Women's Institute and Band Shell members, and many local residents gathered in Centennial Park to celebrate this special day. Tickleberry's served up their special kettle corn and numerous entertainers performed all afternoon, while locals relaxed and visited in the park. One of the highlights was the Women's Institute skit, which had everyone in stitches. And, Mary Ferris was the first to utilize the new wheelchair ramp at the back.

A huge thank you to everyone who had a hand in this project, and to the Band Shell Committee and the Women's Institute for pursuing your goals over the years for our community to enjoy the benefits!



Industry Night at the OK Falls Pub

The Okanagan Falls Winery Association is excited to invite you to their new "Industry Night" series on Thursdays from 5:30-7:00pm at the OK Falls Hotel Pub! Meet our winery staff, vineyard workers, winemakers and bring your friends to come mingle with fellow wine industry staff and enjoy a selection of complimentary wine samples from two featured wineries each week. Select wine is also available for sale by the glass or bottle.

The kick off to this series was held on Thursday, June 11th with Krāzē Legz Vineyard & Winery and Meyer Family Vineyards. Next to be featured on June 18th was Topshelf Winery Ltd. and Noble Ridge Vineyard & Winery, then on June 25th was Liquidity Wines and Blasted Church Vineyards.

This wonderful Industry Night series continues throughout July. See our ad space to the left for our schedule and featured wineries. This event is open to the public, with no admission fee, but you must be 19+ to attend. We hope to see you on Thursdays in the OK Falls Hotel Pub!

For more information on the Okanagan Falls Winery Association, visit www.ofwa.ca or check out our Facebook event page here: www.facebook.com/events/674284669344448.

INDUSTRY NIGHT

at the Okanagan Falls Pub
Every Thursday from 5:30-7PM

Come meet our winery staff, vineyard workers, winemakers & proprietor!

Mix & mingle while enjoying complimentary wine samples from two featured wineries each week!

FEATURED WINERIES

July 2nd

Blue Mountain & Painted Rock

July 9th

Stag's Hollow & Wild Goose

July 16th

Kraze Legz & Noble Ridge

July 23rd

Topshelf & Blasted Church

July 30th

Liquidity & Meyer Family



OKANAGAN FALLS
WINERY ASSOCIATION

www.OFWA.ca

OK Falls Hotel Pub & Grill



Pub ~ Open Daily from 11am - 11pm (or later)



Restaurant Side Open for Private Functions Only

Baron of Beef Every Saturday ~ 11:30-3pm

Wine Tasting Every Thursday ~ 5-7pm

4th Annual Family Bike Rally August 14, 15 & 16

Tickets are now on sale at the Pub for a
2015 Harley Davidson Street Glide!

Tickets are \$20 each or 3 for \$50

250-497-5768

HELP WANTED: Cooks, Bar Staff, Liquor Store Staff and Restaurant. Please apply at Pub with resume.



Falls Hotel Liquor Store



**** FREE BAG OF ICE WITH LIQUOR PURCHASE! ****

Summerland Sweets, Jams, Jellies, Syrups & Wine

Open Daily 11am - 11pm

250.497.6633 1045 Main Street, Okanagan Falls

Barb Hudson Retires July 31st!



Join us for Retirement Cake on Friday, July 31st at the Okanagan Falls Post Office, as Barb Hudson retires after 34 years with Canada Post.

Barb spent 7 years in Nelson, 14 years in Cranbrook and the last 13 years here. She says she only intended to work 5 years here and then retire, but then she ended up with 13 years loving her job, her co-workers, and the community. "Awesome customers, amazing staff, really going to miss this place", says Barb, "I think I am just going to enjoy being home for a change."

Her plan is to get to know her home a little better with more time spent there, as well as visiting family and spending quality time with her children, grandchild, and her pets.

Thank you so much for your dedication to your job and your service to our community. We will miss you and all wish you the very best!



Are you over 50? Just \$15/yr to join!

Enjoy activities that interest you.

Meet new people. Get out and have FUN!

Become a member of the OK Falls Seniors Centre!

Call Audree at 250-497-5572 or Janet at 250-497-5521

Fir/Larch: \$275

Pine: \$175

Mixed: \$225

Quality firewood for sale

250.490.0121 www.okfirewood.com

Local delivery included!

PENTICTON Collision Centre
YOUR COMPLETE AUTO BODY & PAINT CENTRE

- ICBC Insurance
- Out-of-Province Insurance Claims
- Windshield Replacement
- ICBC Lifetime/Nation Wide Warranty
- Computerized Free Estimates

THE SHOP FRIENDS RECOMMEND

ICBC Insurance RSA The Commercial Insurance Group CNA

250.276.6257

1450 Clark Avenue in Penticton

THE BODY SHOP NETWORK
FIX AUTO PENTICTON

www.pentictioncollisioncentre.com

UEE

Unit Electrical Engineering Ltd.

POWER UP!

An Electrical Solutions Company

www.uee.com

Engineering and manufacturer of electrical apparatus for Mining, Hydroelectric Power Plants, Transportation, and Commercial & Industrial applications. We pride ourselves on delivering the highest quality electrical equipment to customers worldwide.

Power Up! With Unit Electrical Engineering Ltd.

1406 Maple Street, Okanagan Falls 250.497.5254



Meyer Family Vineyards

**2013 McLean Creek Road Vineyard
Pinot Noir**

**Tasting Room
Open Daily
10AM to 5PM**

92 + Points
The Chef & The Grape

Best Pinot Noir
Northern Lands Wine
Competition 2015



Become a part of the Family when you join our Wine Club!

Receive 4 bottles of our award-winning wines 3 times per year shipped directly to your door ... or pick-up at the winery! Our club members also receive 10% off of wine purchased online or in our tasting room, complimentary tastings, access to limited release wines & more! Find out more online at www.MFVwines.com

"crafting single vineyard wines of excellence"

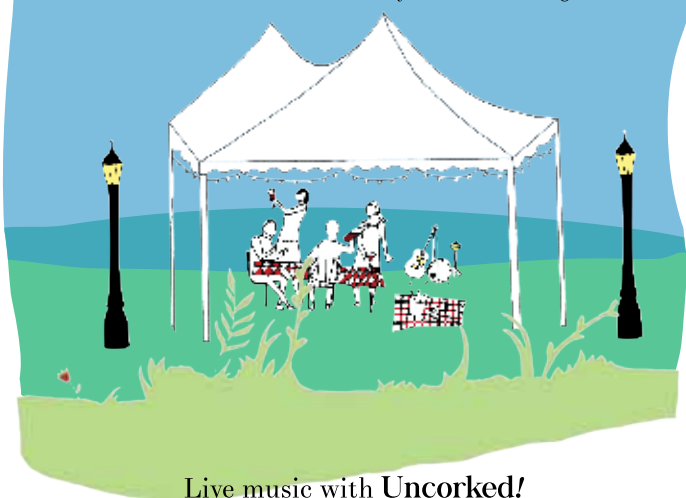
T 250.497.8553 | 4287 McLean Creek Rd, OK Falls BC | wineclub@mfvwines.com



Winery Association
OKANAGAN FALLS
THE HEART OF WINE COUNTRY

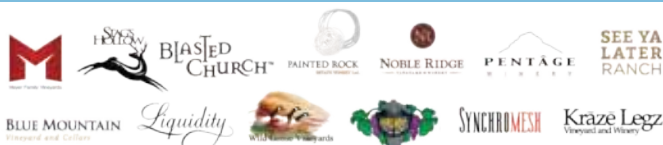
4TH ANNUAL PARTY IN THE PARK

Friday, July 10th 5-9pm
Kenyon Park, Okanagan Falls



Live music with **Uncorked!**
& food by **FLAMBO CATERING**

WINE TASTINGS WITH OUR 13 MEMBER WINERIES



Tickets can be purchased on our website www.ofwa.ca or at member wineries
\$55 +GST ages 19+

RenoWerks

**Your full-service
home renovation company
with over 20 years' experience.**

REMODELING . INTERIOR .
EXTERIOR . BATHROOMS .
KITCHENS . HOME STAGING .
PAINTING . FLOORING .
DRYWALLING . BASEMENTS
MOLD AND ASBESTOS REMEDIATION

**Service you can trust...
every time, on time.**

**Call 250.492.7770 for a
free consultation today.**



prospera granfondo
AXEL MERCKX
OKANAGAN | Penticton

Granfondo Returns Sunday, July 12th Cycling Event Schedule Below

The 5th annual Prospera Granfondo Axel Merckx Okanagan (PGAMO) returns to the South Okanagan on Sunday, July 12th. Once again, the event starts and finishes from Penticton's Gyro Park with up to 2,600 cyclists expected to participate. Residents of the Okanagan Valley are encouraged to visit the online Weekend Schedule of Events for more details at: www.granfondoaxelmerckx.com/event-weekend/.

Cyclists will embark on one of three distances - the Granfondo (160 km), Mediofondo (92 km) or Cortofondo (55 km). All riders will begin in Penticton at 7am, before heading out to Summerland and back through Penticton. At approximately 8:10am, the first riders will arrive at the Main Street aid station, and immediately head out along Lakeside/East Side Road. Cortofondo riders turn back to the Gyro Park finish upon reaching Skaha Lake Park. South Main will be closed to Southbound traffic from Kinney to the City Limit from 7:45am to 9:00am. From 8:15am to 11:30am, residents along East Side Road from Penticton to McLean Creek Road turn-off should expect a steady stream of Mediofondo and Granfondo cyclists. Many roads will still be open to vehicular traffic, but drivers should expect delays during this time. Similar to the Ironman Canada/Challenge Penticton route, cyclists will turn up McLean Creek Road. At approximately 8:30am, the lead cyclists will pass by the intersection McLean Creek Road and Allendale Lake Road, and later proceed North along Maple Street between 8:35am and noon. There will be an aid station in place at Christie Memorial Park in Okanagan Falls. At this point, the two categories (Mediofondo and Granfondo) split, with the Mediofondo riders proceeding West along Hwy 97 towards Kaleden, and the Granfondo riders heading South up Maple Street and through to Oliver Ranch Road. Mediofondo riders will reach Kaleden and Hwy 97 starting at 8:45am. Cyclists will continue to pass this section of Highway until approximately 5pm. Granfondo riders will reach Hwy 97 off of Oliver Ranch Road at approximately 8:40am. Cyclists will continue to flow through this section until approximately 1:15pm. Granfondo riders will proceed around Oliver and back through the Fairview/White Lake area before returning to Penticton along Hwy 97. The Northbound lane on Hwy 97 will be closed for the event from Hwy 3A to Channel Parkway; however, Northbound traffic will be diverted into the Southbound fast lane. Delays are expected and driving with caution is greatly appreciated.

Information about the routes, traffic information and weekend event details can be found at the Prospera Granfondo Axel Merckx Okanagan website at: www.granfondoaxelmerckx.com.

Organizers invite you to take part either as a rider, a volunteer or a spectator. Events before and after the ride are open to the public, and include activities for the entire family.

The event is still seeking volunteers for a variety of roles. Be part of the action by visiting: www.granfondoaxelmerckx.com/frontpage/volunteers/ or e-mail Susan at: susan@granfondoaxelmerckx.com.





Your
BBQ
Headquarters



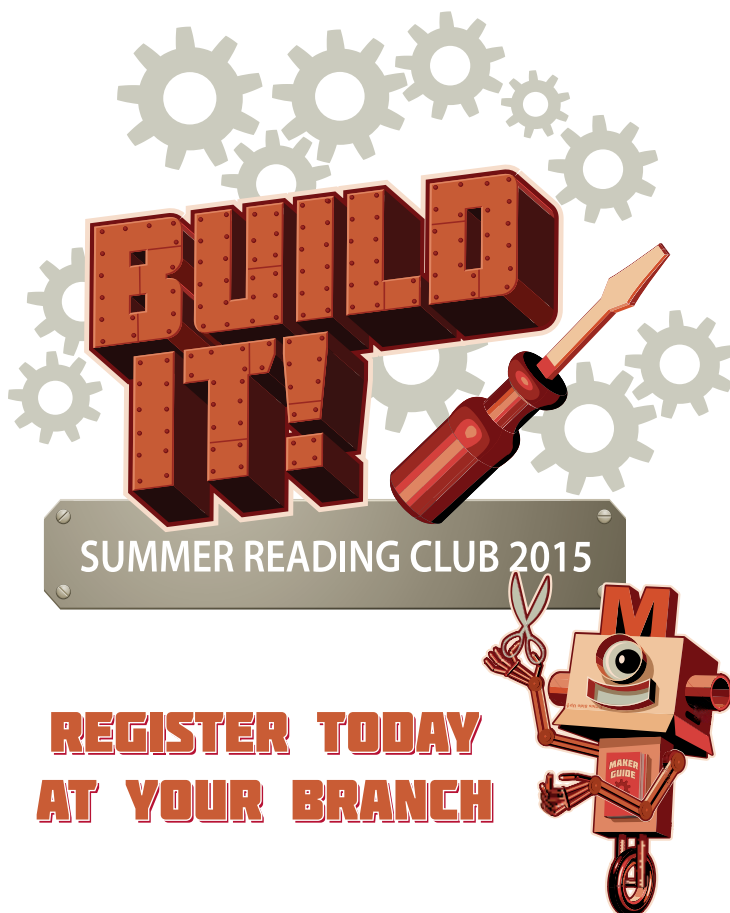
Wide Selection of Fresh Produce
In-Store Bakery, Deli & Meat Department
Your Local Grocer ... Proud to Serve our Community!

Now Open 8-9 Daily!

**** Under New Management ****

5350 9th Avenue, Okanagan Falls

250.497.5818



**REGISTER TODAY
AT YOUR BRANCH**

OKANAGAN
REGIONAL
LIBRARY **orl**.bc.ca

HELP WANTED: Housekeeper

Penticton & District Community Resources Society is accepting applications for the part-time / casual position of Housekeeper for the Better at Home program in the Okanagan Falls/Kaleden area. Must have reliable transportation, housekeeping experience and the ability to relate to seniors in a respectful manner. For more information, please call 250-487-3376 or visit www.betterathomepenticton.com. Interested applicants are invited to email their resume and cover letter as an attachment to resumes@pdcrs.com or by mail or in person to:

Penticton & District Community Resources Society
330 Ellis Street
Penticton, BC V2A 4L7

**Applications should be clearly marked
"Housekeeper - Better at Home Program"**

Funded by the Government of British Columbia, managed by the United Way of the Lower Mainland, Better at Home Penticton is a program of the Penticton and District Community Resources Society delivered in partnership with the South Okanagan Seniors Wellness Society.



Free Wireless Internet!
www.orl.bc.ca

Kaleden Branch: 101 Linden Avenue - 250-497-8066
Tuesday 1 - 5 pm / Thursday 1 - 8 pm / Friday 1 - 5 pm

It's time for Summer Reading Club at the Kaleden Library! We have some great programs lined up for the summer: Thursday, July 2nd at 6pm is Magician Leif David returning for another of his amazing magic shows suited to our theme, Build It!; Tuesday, July 7th at 6pm is "Build a...Newspaper!"; Tuesday, July 21st at 6pm is "Build a...Better Body!"; Tuesday, August 4th at 6pm is "Building Kaleden, Past and Present!"; Tuesday, August 18th at 6pm is our Awards Party (Medals, Certificates and Contest prizes awarded)

The Poppy Cove Mystery Tour is coming to the Kaleden Library on Friday, July 17th at 10:30am. Author Barbara Jean Coast writes cozy mystery novels set in the late 50's and early 60's. The stories revolve around the glamorous comings and goings of the social set of the town, with a little murder and mayhem thrown in for good measure. Books will be available for purchase (\$16.00) following the reading.

Preschool Storytime and Afterschool LEGO Club will resume in September. For more information about these and other programs at the Kaleden Library, please call 250-497-8066 or drop in to see us! We hope to see you at the library over the summer.

OK Falls Branch: 101 - 850 Railway Lane - 250-497-5886
Tuesday 12 - 8 pm / Wednesday 10 am - 4 pm
Friday 10 - 5 pm / Saturday 10 - 2 pm

Okanagan Falls Library is once again offering our Free Summer Reading Program for 5-12 year olds. **Summer Reading Club will be Tuesday nights in July and August starting at 6pm.** Our theme this year is "Build It" and we will be offering programs such as: "Build a Healthy Body" on July 7th with Yoga Instructor Teresa Maurer; "Build a Road to Reading" on July 14th, 28th, and Aug 11th with volunteers from our community who will be reading stories; "Build a Work of Art" on July 21st with local artist Carla Leinweber; *Special Event* on Wednesday, August 5th at 2:30pm will be "Build your Imagination" with award winning magician Leif David. Everyone welcome to attend this special event; "Build with Lego and crafts" on August 18th; and a 'Wind up Party' with hotdogs, treats and prizes on August 25th. For more information and to register, call or drop into the library or check out our website at www.orl.bc.ca.

Look for information in branch and on our website about "The Year of the Wise" and "100 books to Read Together Before Kindergarten".

EAST SIDE SALON

Deb and Chad Wetter

Award Winning Master Stylist
Skilled in all forms of Hair Services

439 Panorama Crescent
Just off Eastside Road in Skaha Estates



**Notice: It is our
neighbour's house
for sale and not our
home or business !"**

eastsidesalon@shaw.ca

Tuesday - Friday 9am - 7pm

Saturdays 9am - 4pm

778-515-1497

Fragrance Free Hair Spray Available!

School District No. 53 Board Report

with Sam Hancheroff, Vice-Chairperson

As the school year draws to a close, we can reflect on the successes our students at Okanagan Falls Elementary have had, including the Terrific Kids program, academic achievement, student leadership, understanding and development of virtues, and athletic pursuits, amongst many other activities.

I would like to congratulate the grade 7s who will be moving on to the high school next year. They have been excellent role models for our students and we wish them success in future studies and activities at SOSS. In addition, I would like to congratulate the Okanagan Falls students who are graduating from SOSS this year. Good luck to them as they continue on their life journey. **2015 Okanagan Falls Grads** are: Amanda Bentley, Samantha DesBrisay, Gregory Ellingsen, Dalton Gibson, Zachary Higgins, Dryden Hofley, Christopher Molyneaux, Selina Preston, Kyle Shaver, Donovan Simpson-Perron, Jordin Stacey, Alicia Thomson, and Craig Washburn Reeve. Congratulations!

2015 ParticipACTION Report Card on Physical Activity for Children and Youth: This report card provides a comprehensive assessment of the current state of physical activity for children and youth in Canada. For the first time, the Report Card takes a stand on play in nature and the outdoors and includes a *Position Statement on Active Outdoor Play* developed by the Healthy Active Living and Obesity Research Group at the Children's Hospital of Eastern Ontario Research Institute. The full report, as well as assorted posters and communications materials, are available on their website, HALO-CHEO.

Summer Reading Programs: We are pleased to offer Read and Rec again this summer at Okanagan Falls School, as well as twelve other summer programs throughout the district.

Foundation Skills Assessment Results 2014-2015: We recently received these results for the district and for each school. Some highlights include:

- Grade 4 Reading ~ 75% are meeting or exceeding expectations (down from 2013/14)
- Grade 4 Writing ~ 82% are meeting or exceeding expectations (no significant change)
- Grade 4 Numeracy ~ 72% are meeting or exceeding expectations (down from 2013/14)
- Grade 7 Reading ~ 74% are meeting or exceeding expectations (no significant change)
- Grade 7 Writing ~ 83% are meeting or exceeding expectations (up from 2013/14)
- Grade 7 Numeracy ~ 64% are meeting or exceeding expectations (down from 2013/14)

Thank you to our PAC and to school volunteers - parents, grandparents and community members, who have contributed to our students and school in a multitude of ways. Your help has been invaluable. Thank you to our Before and After School Care staff, Bonnie Kandulski and Pam Keast. And finally, thank you to our dedicated support staff, teachers, and Principal Lisa McCall; your efforts and support for our students have ensured their success and achievement.

On behalf of School District 53, I wish all of our students, their families, and school staff a very happy, safe, fun filled summer!

For more information, contact Sam Hancheroff, Vice-chair, School District No. 53, School Trustee for Okanagan Falls, at 250-497-5878.

Reflecting on Okanagan Falls School

By Ms. Lisa McCall, Okanagan Falls School Principal

June 2015: Reflecting on a school year of mindfulness & achievement!

July brings longer sunny days, year-end activities, and a chance to reflect on our shared moments embracing learning and striving for excellence in the 14/15 school year! We will have experienced ten months dedicating ourselves as learners and focusing on fostering student achievement for all.

Congratulations to all Falcon students for their efforts and perseverance being dedicated to our school initiative in seeking to foster self-regulation, mindfulness, and engagement as learners. Research tells us that the affective domain can enhance or inhibit learning and as a result we have taken on a school-wide approach with the MindUP program seeking to help learners be focused, regulated, and mindful in all aspects of their learning and life.

Okanagan Falls students have demonstrated success through academic achievements, fine arts/athletic pursuits, social/emotional learning and in areas of leadership. We are proud of our efforts to embrace our school vision statement: **"We will be connected, capable, responsible, and resilient."**

Over the summer months, ensure to take time to rest and rejuvenate, while continuing to focus on our vision by embracing positive routines, virtues, and opportunities for outdoor education, physical fitness, and project-based learning. Remember "play is the work of children", so take time to spend quality moments "unplugged from technology" to help develop social skills, language, creativity, imagination, and joyful relationships.

On behalf of Okanagan Falls Elementary School students and staff, we wish to send our gratitude to each and everyone of you who continues to contribute to making our community school the best we can be!

Please be reminded we are always accepting applications to join our preschool and K-7 school, so visit our school website or contact me today for more information about our vibrant community school!

"SD 53 District Track Meet Highlights"

by Kahlin Zenuik, Grade 6



As you can see in the pictures, Kamryn Meyers (the girl with the competitive face) was just starting her senior girls marathon at the district track meet at the Oliver Elementary School on Friday, June 12th. In the other picture, Reece Rowland (boy with tattoos on his face) is on his 2nd or 3rd lap of the boys senior marathon. Both pictures demonstrate how OK Falls Falcon athletes showed great effort and spirit at the recent district track & field meet in Oliver!

Okanagan Falls PAC Update

with Deborah Rivest, Parent Advisory Council Chair

Thank you to all who donated, volunteered and supported our school throughout this past year. Your time and contributions are greatly appreciated by all the students and staff.

The PAC would like to send out an "Extra Huge Thank You" to the Okanagan Falls IGA for their donation toward our annual school Track & Field Day Hot Dog Lunch. It was a huge hit ... not one leftover!

PAC will of course take the summer off and will be back in full swing come September. We look forward to having another successful year. If you have any questions or ideas, please call me at 250-497-5384.



Cheesecakes & More
by Lisa

92 Different Flavours of Cheesecakes
(& always adding more!)

Available in 4 Different Sizes

Gluten Free Items / Cookies / Loaves / Desserts
Appetizers / Assorted Platters

250.809.7038
cheesecakesbylisa@hotmail.com
Find us on Facebook!

Over 118 Different Cake Pans Available
For Birthdays, Holidays & Weddings.
Call or email for more information.



BCSPCA Summer Camps

spca.bc.ca/camp

Week-long animal-themed camps

S.Okanagan/Similkameen
Branch
2200 Dartmouth Drive
Penticton B.C.

Camp starts July 6
Half-day camp for 6-9 year-olds
only available Aug. 4-7

All other weeks are for
7-12 year olds



For all your carpet cleaning needs.

**Steam Cleaning / Specialty Cleaning
Spot & Stain Removal**

MURRAY MILNE Owner/Operator

murraymilne@shaw.ca **250-462-6070**



BBQ BUFFET DINNER

At the 1912 in Kaleden

Every Thursday Evening
During July & August

Live Music! \$25/guest

Reservations Required

250.486.8939



School Trustee Report for SD67

with Ginny Manning

Each year the Annual Facilities Grant Expenditure (AFG) plan is prepared and presented. Expenditures of \$1.24M are anticipated for 2015/16, which will include mechanical upgrades, data wiring, fire alarm, irrigation and hallway/classroom upgrades, roofing and parking lot repairs. The AFG is a separate budget and is not part of the district operating budget.

The Board passed the 2015/16 preliminary budget at the June 8th meeting. Because of the considerable feedback received by the Board, the Special Education Reserve teacher and the Special Education Behavior teacher time at Princess Margaret and Summerland Secondary Schools have been put back into the budget. The cost of these positions will be covered by anticipated surplus funds to be carried forward to balance the budget.

The South Okanagan Genealogical Society requested the use of space in a school to store their reference library and for meeting space for up to 50 people. The Board suggested that they look elsewhere for space, perhaps the Shatford or the city, as we had concerns around the possibility that a large number of people, unconnected to the students, could be in and out of a school and that classroom space of that capacity was unavailable.

West Bench Principal Al Beckingham notified that board about recent aggressive behavior, on the school grounds, of the horses roaming the West Bench. The Board has written a letter to Chief Jonathan Kruger stating our concerns and the need to protect the welfare of the children. Board Chair Linda VanAlphen was on the CBC Morning Show stating our concerns and supporting the work of the RDOS and Band to come to a solution to this ongoing problem.

At the June Board meeting, the board voted to raise the trustee indemnity rates, as of September 2015, by 1.1% (2014 BC CPI rate). According to Policy 150 Trustee Financial Matters rates are to be increased each September by the previous year's BC CPI rate, the Secretary Treasurer brings the report forward in June for approval.

Prior to 2003 rates had not been increased for 13 years. Subsequently, there have been 4 to 5 year gaps between increases, as trustees are sensitive to employee wage freezes, contract negotiations, labour unrest and budgets. The trustee stipend has now fallen behind our cohort districts. The union groups have now negotiated long-term contracts and we anticipate the government will lift the freeze on exempt staff compensation in the near future. The increase would come to approximately \$11/month.

Policy 280 Recycling and Waste Reduction was reviewed, no changes made. Policy 750 School Closure and Policy 760 Disposal of Property were reviewed and a few housekeeping changes made. They will be on the district website for comment in the near future.

For more information, contact Ginny Manning, Trustee for SD#67, at 250-497-6462 or email gmanning@summer.com.

OKHandyman Services

Listing your home...need it painted?...need cleanup? Give me a call!

www.okhandyman.net ♦ Call Andy for more details: 250.490.0121 ♦ Reasonable rates

* Painting
* Yardwork
* Cleanup
* Repairs

Pro Bonos Play Live

Every Thursday from 6-9pm at the 1912, the "Pro Bonos", Mat Duffus and Kaleden's Rick Defehr, will play live music during the BBQ Buffet Dinner.



Mat Duffus



Rick Defehr

BROWN & SON

LAWN & YARD MAINTENANCE

Ken Brown 250-488-4209

Certified Landscape Horticulturalist

Cassidy Brown 250-462-6867

Weekly Lawn Cuts
Pruning

Spring & Falls Clean Ups
Quality Work
Reasonable Rates

SERVING OKANAGAN FALLS TO SUMMERLAND



Species At Risk



Spaces limited!

Summer Day Camp!

Calling all kids who love science and nature! The Oliver & District Heritage Society and the Royal BC Museum are partnering to present a Species at Risk Summer Day Camp for kids ages 7-12. Learn about endangered animals, plants and insects in B.C. and how we can save them. This camp is a pilot project of the Royal BC Museum and uses natural specimens, technology, and outdoor experiences to help kids become champions for local species. Registration is \$60 and includes 4 full days of fun, hands-on activities, field trips, art projects, comic-making, and more!

When: August 4th - 8th, 2015

Where: Oliver & District Museum

Ages: 7 - 12

Please call 778-439-3100

info@oliverheritage.ca

royalbcmuseum.bc.ca/speciesatrisk/



Kaleden School Banner Project

**A Community / School Project to beautify
the new Kaleden Walkway**



STUDENT ARTWORK: 16 banners mounted on Fortis poles along the walkway from Highway 97 to Kaleden School

COLLABORATIVE PROJECT: involving community members and Kaleden School students

DONATIONS APPRECIATED

Goal to raise \$2000

- Donations over \$25 qualify for tax receipt (cheques made out to SD67)

• Please contact:

J. Scott: jscott52@shaw.ca, 250-497-8576 or

H. Rose: Principal Kaleden School, hrose@summer.com, 250-770-7692

Farewell from Kaleden School

By Ms. Heather Rose, Kaleden School Principal

On behalf of Kaleden School, I would like to take this opportunity to wish everyone a safe and happy summer. Goodbye and congratulations to our Grade 5 students who will be leaving Kaleden School to attend Skaha Lake and KVR Middle Schools. Thank you Linden Gardens for recently hosting our Grade Five Graduation Breakfast that was attended by students, families, and school trustee Ginny Manning.

A special goodbye to Kaleden's beloved secretary, Mrs. Lorraine Hague, who retired at the end of the school year. We wish you the best!



Grade 5 Graduation at Linden Gardens



Happy Retirement Lorraine Hague!

Michèle's Flowers & Gardens

4922 Leslie Drive in Okanagan Falls

micheleannenbrown@gmail.com 250-493-4299



Studio Open By Appointment

Call ahead for which market I attend on different days.

**Veggie Planters, Fresh Flowers for All Occasions,
Plus Wedding Bookings Also Available!**



Kaleden Bursary

The Kaleden Bursary Committee is offering several bursaries to Kaleden and area students who are graduating from Grade 12 and pursuing further education. If anyone would like to sponsor a bursary this year and help our students, please contact myself, Darlene Bailey.

Application for these bursaries can be made by submitting a letter or email providing the following information:

- Plans for further education (university, college, technical school) and type of education being pursued.
- How long you have lived in the Kaleden area (including Twin Lakes/White Lake Road).
- Any community involvement.
- Hobbies, interests and volunteer/work experience.
- Include your mailing address, house number, phone number, and email.
- If you are successful in being awarded a bursary, you have two years to claim it from the date awarded.

Applications must be received by July 3, 2015 and should be submitted to: Kaleden Bursary Committee, Darlene Bailey, Box 239, Kaleden, BC V0H 1K0. Email to don_bailey@shaw.ca or phone 250-497-8140 for further information.



Piano and Theory Lessons in Kaleden

Members of BC Registered Music Teachers

Dillys Richardson, ARCT

250-497-5925

Carmen Leier, ARCT

778-515-2592



Snairs Plumbing Services

Qualified ♦ Dedicated ♦ Honest Plumber ♦ Bonded with over 30 yrs exp.
No Travell Time charge ♦ 10% Discount For Seniors

Stephen Snair 250-488-9430

Spotlight on Volunteers!



Meet The Pharmasave Okanagan Falls Junior Triathlon Race Committee

Led by Co-Race Directors, Carrie Ferguson and Niki Pierson, this dynamic race committee group (with the support of amazing sponsors and many more volunteers), successfully hosted their 4th annual Free children's triathlon in and around Kenyon Park on Saturday, June 20th. Close to 225 little athletes (2-13 years) enjoyed this wonderful and unique opportunity to try a triathlon for Free! Thanks for all your hard work and we all look forward to next year!

Volunteers Making A Difference

If there is someone *you* would like to see honoured in this column, please call 250-497-8188 or info@okfalls.net.

CALL NOW
250.497.3279

easylock
SELF STORAGE

ACCESS
7 DAYS PER WEEK

- 24 Hour Video Surveillance
- Individual Door Alarms & Onsite Caretaker
- Security Gate with Key Code Entry
- Unit Access between 6am - 11pm

Year-Round Helping Hand Drop Off Location
We are accepting non-perishable food items and monetary donations for the Okanagan Falls Helping Hand all year long. So, anytime you have a little extra to share, come on by and donate to a local worthy cause that needs your support.

250.497.3279

Office Hours: Mon-Fri 8:30-4:30 & Sat 9:30-4:00
1964 Oliver Ranch Road, Okanagan Falls
info@easylockselfstorage.com www.easylockselfstorage.com



Johnston Meier

Insurance Agencies Group

For All Your Insurance Needs

5350 9th Avenue
Okanagan Falls

250-497-8739
www.jmins.com





WILD GOOSE
VINEYARDS



Rita Chiarelli
Rocks the Winery!
July 25, 5:30 - 9:30pm
\$40 General Admission
~~\$75-VIP Sold Out!~~

Tasting Room Open Daily 10 - 5
Smoke & Oak Bistro Open Daily 12 - 5



2145 Sun Valley Way, Okanagan Falls
250.497.8919
info@wildgoosewinery.com



@wildgoosewines
wildgoosevineyards





Vintners Club
members receive
10% off

wildgoosewinery.com

The 5 Biggest Bad Habits Dragging Down Your Decor

with Brian Moen, Realtor with Royal LePage Locations West

Always feel like your home just isn't quite where it could be? Where it *should* be? Don't want 2015 to be another year where your home doesn't reach its full potential and you don't meet your design and decor goals? Peruse this list of habits that might be dragging your decor down - you might just find you and your home get an uplift when you leave these bad habits behind!

1. You aren't considering "home stuff" in your budget ~ No, I don't mean you're not budgeting for utility bills and other emergency things - that's stuff many of us have been trained to consider when working on our budgets. What we're talking about is not considering how much money you want to invest into making your home better. Considering making room in your budget for these kinds of expenditures (whether decorative or functional, like storage solutions) ahead of time means you're thinking about it - and that will help those who tend to go a little overboard control their spending better and those who tend to be a little too tight-fisted make sure they meet design goals (by allowing themselves to splurge on decor from time-to-time).

2. You're not getting creative and thinking outside of the box ~ Before you buy anything and most especially before you buy anything that kind of works, but not quite how you would like it to, ask yourself whether or not you can DIY something better or get a little weird and creative to fit exactly what you're looking for. It's about taking a moment (or three) to consider alternatives - not just jumping on the first/easiest/same as you always choose solutions that come to mind. Allowing yourself and your creativity to expand a bit in all directions, design choice by design choice, will make a marked difference on your home in the long run.

3. You're trying to be like someone else ~ One of the biggest compliments you can get about your home is for someone to walk in and say "this looks like you", because that means you're expressing your true likes and dislikes and crafting a home that fits your personality. The benefit of a home like this? Not only will it be completely unique, but it'll be ultra peaceful and recharging - you'll find untold wells of strength in a space you don't have to pretend to be someone else in.

4. You're holding on to furniture and decor that no longer serves you ~ This can be a tough one, because, like who out there is made of money and can throw away perfectly decent furniture? We're not saying throw it away though. But, don't hold on to it if it just doesn't work for you either. Sell furniture that you no longer like, even if you don't have something else you want to replace that hole with. Leaving a spot blank in your home will allow yourself to be open to whatever new and wonderful thing has been waiting to find its way home to your home. Trade furniture with friends, if you both have matching needs met by the other person's stuff. Or, hack and saw away at furniture pieces, stripping them of their former styles and functions, to reshape them into powerful symbols of the new look you want to project with your home. The very last thing you want to do is live intimately with a piece of furniture that just only makes you go "meh."

5. You're not shaking up your style enough/often ~ Make no mistake - "shaking up your style" doesn't have to mean wallpapering your ceiling or painting the baseboards red. We've all got our own definitions of what "wild" is. And, wild isn't even what we're saying you should go for. What you should aim to do is push yourself - stagnant spaces don't just suck, they suck the energy out of your home a little bit each day. Finding the places that you let fear hold you back or cling to comfort too tightly can help you bust through any self-imposed limitations to find new looks, colours, functions, storage solutions, styles and more that make your life infinitely better.




"For your Ponds and Waterfalls"

➔ **Open 10-5 Wednesday to Sunday** ➔

or call 250.497.5658 for an appointment

www.SkahaWaterGardens.com



Brian Moen

REALTOR

PRESIDENT'S GOLD AWARD

SALES ACHIEVEMENT AWARD

BUS: (250) 497-5541

PENTICTON: (250) 493-2244 24 HR. PAGER

FAX: (250) 497-8449

CELL: (250) 809-6192

brianmoen@royallepage.ca

www.brianmoen.ca

837 Main Street, P.O. Box 329

Okanagan Falls, BC V0H 1R0

ROYAL LePAGE

Locations West Realty

Interior

Exterior

~ Painting Plus ~

Making Your Home Look Good Again

The **PLUS** is for
Carpentry Work, Finishing Trim Installs, Decks, Tiling,
Drywall Taping & Repairs, & Power Washing.

Call Dave Anderson for:

Estimates & References
250-490-5380

Quality Workmanship

Professional Service

Welcome the natural beauty and texture of concrete into your home.

ONYX
CASTINGS
One of a Kind Concrete

Countertops, Sinks, Outdoor Kitchens, Furniture & More

250-488-2798

info@onyxcastings.com

www.onyxcastings.com

GOLD STAR
FENCING LTD.
CHAINLINK SPECIALISTS



Galvanized & Powder Coat Available

- SALES
- INSTALLATION
- REPAIRS
- RESIDENTIAL
- COMMERCIAL
- INDUSTRIAL
- ORNAMENTAL FENCING
- VINYL FENCING



250-490-7836
FAX: 250-497-8454

PENTICTON • SUMMERLAND • OKANAGAN FALLS • OLIVER • OSOYOOS • KEREMEOS • PRINCETON

River Cruising

with Vi Creasey of Reliable Travel

River cruising is the in-vogue travel trend! There are many choices in river cruising and also many destinations, including; Europe, Russia, Vietnam, China and Africa. Closer to home, American Queen Steamboat Company is cruising on the Columbia and Snake River in the Pacific Northwest in addition to cruises on the Mississippi.

Leading the industry is Viking River Cruises, along with AMA Waterways, Avalon, Uniworld, Tauck, Scenic and A-Rosa and Emerald.

River cruises get you to inland 'Bucket List' places, including such cities as Vienna and Budapest. Cruises on the Danube and Rhine continue to be the epicentre of the industry, but that's just the beginning! Popular destinations include Russia's Volga, China's Yangtze, the Mekong, and the Mississippi.

River Cruising is not about rushing here and there. You visit key sights, but there is also time to relax. You can sit under a canopy on the open deck, or on some ships, soak in a hot tub or pool... all while catching river views that include castles, farms, kids swimming, fishermen, and maybe a water buffalo or two.

The size of river ships is limited by the need for the vessels to go through locks and under low bridges. Most carry fewer than 200 passengers and some carry fewer than 50. The small-ship experience brings opportunity to know your fellow passengers, and there is no dealing with crowds. Your ship ties up right in town and you can walk to a sidewalk café or shops and markets, mingle with locals, or head off on the ships' organized tours to museums, monuments and their must see attractions. Today's ship cabins have step-out balconies, French balconies and even suites.

One of the great things about river cruising is that there are not a lot of extra charges. Shore excursions, wine and beer with meals, soda, bottle water and speciality coffee drinks are all included in the cruise fare. Also, internet is free and you can also take your favourite bottle of alcohol on the ship with you. The dress code is casual, no tux or evening gowns needed for river cruising.

Most river ships market to the age 55 plus demographic, though travelers in their 40's would feel right at home. AMA Waterways provide bikes for touring too.

Please give me a call if you have any questions on river cruising.

Central Ridge Veterinary Clinic - Okanagan Falls



Dr. Sylvia Tingson D.V.M.

250.497.7808

Open Mon - Fri 9-5 & Sat 9-12

Medicines • Surgery • Vaccinations

CatMatch



Meet Baby Girl

Recently had a bad breakup, but realize I am no good at living alone. Looking for someone who is patient enough to help me get through the trauma of

the separation, while I explore my feelings and rediscover my inner child. If I have peaked your interest, you can arrange a date to meet me. **Just contact www.AlleyCATSAlliance.org.**

ad sponsored by



Jardin Estate Jewelry & Antiques

Recycling the Elegance of the Past

5221 Hwy 97 Okanagan Falls

250.497.6733

www.jardinantiques.com

Reliable Travel

Paris & Normandy
River Cruise

Starting from
\$2349 pp
(US dollars)

Locally Owned and Operated

We can come to you!

Save up to \$2000 per Stateroom on select sailing up to October 8/15!



Vi Creasey

Tel: 250-497-8785

Toll Free: 1-866-497-8785



Wendy Busch

Cell: 250-488-7490

www.reliabletravelcanada.com

AMA WATERWAYS



BC Business Licence #48999



Okanagan Falls Lions Update

with Michael Livingstone

The Okanagan Falls Lions Club has just finished a *Purina® Walk for Dog Guides*. We were able to raise \$1,526.00 for the Lions Foundation of Canada Dog Guides. We would like to thank the Okanagan Falls Legion and Legion Ladies Auxiliary for their generous support of the walk. Also, thank you to Bosley's Pet Foods from Penticton and West Kelowna who were also there to show their support for this awesome program. Thank you to all the dogs and their handlers, for without your support this program would not happen. Their valued support was much appreciated.

The Dog Guide Program has six dog guide specialities for people needing the assistance of a helper dog. People who qualify with vision, hearing, diabetes, epilepsy, autism, and sever mobility issues can receive a guide dog at no cost. The improvement to their quality of life is priceless. Again, a BIG THANK YOU to all for your support!



Top - The participants in the OK Falls Lions Club Purina Walk for Dog Guides. Left - A true "Lions Dog"! Right - Lorraine Harrison (Legion), Michael Livingstone (Lions), and Merle Laidlaw (Ladies Auxiliary) presenting the The Lions a donation of \$500 each.

Skaha Lake Sailing!

Skaha Estates will once again be challenging Kaleden for some fun sailing on the lake! We would like all the beached sailboats around Skaha Lake to join in and set the sail Sunday afternoons and Wednesday evenings. Set up your rigging and lets get out on the water and show some colour!



Kayak cruising on pristine Skaha Lake. (Photo submitted by Marg Swartz)

Fishing the Kettle

By Larry Martin

Each year we seek to fish the upper reaches of the Kettle River using inflatable drift boats. The areas fished have a short window of opportunity, often only a few days of the year. Low snow pack and as yet very little rain sees us on the River the third week of June. Last season we did not fish this area until the second week of July.

Please Note: Regulation changes this year for the Kettle River to be closed to fishing July 25th - August 25th and for the West Kettle River to be closed to fishing August 1st - August 31st. This is to protect fish during low flow and high water temperatures.

Regulations are always a compromise in practical application. Some years the conditions were such that we drifted these sections of the Kettle in the first week of August. The fixed date closure is, however, the simplest way to make the regulation clear and enforceable. I would hope that in years with heavy snow pack or rain events that an in season regulation change could allow fishing based on the actual river conditions.

For more information, just ask Larry at fs-lemartin@shaw.ca.



Inflatable drift boats are used to fish on the Kettle River.

July Hours:

8:30am - 8pm
Mon / Tue / Thur / Fri
8:30am - 4pm
Wed / Sat



Bakery Open!

All Packaged &
Ready To Go!
Pre-order any of
your favourites!

DAILY SPECIALS

Monday ~ BBQ Ribs & Crispy Chicken Breast, Fries & Veggies
Tuesday ~ Liver & Onions, Mashed & Veggies, with Dessert
Wednesday ~ BBQ Pulled Pork on a Kaiser Bun
Thursday ~ Roast Beef, Yorkshire Pudding, Mashed & Veggies
Friday ~ Cod or Halibut & Fresh Cut Fries
Saturday ~ All Day Breakfast ... Did someone say 'BACON'?

"Same Great Place With Much More To Taste!"

Come hungry & leave fully satisfied! Half portions always available.

Eat In/Take Out 940 B Main Street, Okanagan Falls **250.497.6555**



"Eat Dessert First"

A Poem by George - 2013 (A patron of Caitlin's Homestyle Diner)

There's an old rule that would apply, but only to those that comply.

Unlike what your Mother would say, we'll eat dessert first today.

And it will be such a pleasure, for this is what we treasure.

Nobody knows when we will die, so lets just eat lots of pie.

They say first we have to eat the real meal. We're hoping its not more seal.

Yes we'll eat desert first, and it will quest our thirst.

Don't worry about the scowl, just wart for the howl.

We didn't eat the seal or the beets. No we went straight to the treats!

Okanagan Falls Women's Institute

with Betty Lynch

So, dear reader, kind of have an 'after-the-party-is-over' feeling. You will be gladdened to know there is no real reason for me to mention the dreaded B..dS...I, except to thank all of those who turned out to celebrate with us on Saturday, May 30th.

The Womens' Institute held it's final meeting of the season on June 8th with a good turnout, and with some guests too. We are hoping that we will entertain more 'guests' in the coming months when our meetings resume in the Clubroom at 1pm on Monday, September 14th. We will take the Summer to sit back and ponder the whys and wherefores of next Fall, and you know I will keep you informed of our determinations.

Speaking of such, I cannot forget to remind everyone of our annual Canada Day bash. I believe it has an early start this year. Early start, or not, We Womens' Institutionaries with our red and white maple leaf bunting and banners will be serving up cupcakes for you all. And, speaking of guests, we will have an American woman with us whose Birthday is July 1st. She wanted to be with us as the whole country celebrates her Birthday too. What fun! Can't wait. See you there.

"For Home And Country", Betty Lynch

The Royal Canadian Legion Branch #227

with Sharon Proctor

Hi everyone. It's Sharon Proctor again. We have had many changes this year. Many thanks to all who have stepped up to the plate and volunteered to be on the executive and maintain our Legion. Our Legion President, Myrt Niles, has stepped down for medical reasons. Be well Myrt and Thank You. Robert McLeod, Vice President can now be addressed as Mr. President. Good Luck Robert. I know you will do well.

Many thanks to all our volunteers who assist with the Meat Draws, 50/50's, and Early Bird Draws. We won't have anything to eat, if you're not there! And, most important, 'Big Hugs' to Liz and her Bartenders for quenching our thirst! 'Great Job' to Lucy Flath and her Crew for the meals you made for our Mobile Home Caravan Reunion and the Spring Fling. Thanks to Liz Haddow and our volunteers, as it was just another Legion Success. Many Cudos to Bev Van Uden for all her fundraising and coordinating with the Shuffleboard and Pool Table repairs. You rock girl! Thanks to Ron and his Crew, as many Father's Day bellies were full of French Toast & Pancakes for our record breaking monthly breakfast. (Sorry for the line up folks and thanks so much for your support.) July will be another great month with:

Dates to Remember:

Canada Day, July 1st ~ Legion opens at 2pm. After the festivities in Kenyon Park, we invite you to head on up to the Legion for Healthy Super Burgers, Fries, and Veggie Platters for the Slim & Trim. We can dance away the late afternoon at 3 pm to the popular band "Timeline". Bring your Kids, Gramma & Grampa too!

Saturday, July 18th - Dance at 7pm ~ Dance the night away with "Shindigger" (Rick Wood).

Sunday, July 19th - Breakfast from 8-11am ~ Pancake & French Toast Breakfast with eggs, bacon, sausage, juice & coffee

Legion Days returns on Saturday, August 29th ~ More information in the next issue of Skaha Matters.

Wednesday Nights ~ Drop-in Darts at 7pm

Fridays & Saturdays ~ Meat Draws at 5pm

Saturdays ~ Drop-in Darts & Pool at 1pm

Sundays ~ Funday Sunday at 1pm - Horse Races, Bingo & Hot Dogs

Afternoon Drop-Ins for 'Conversation & Libation' usually around 3pm.

OK Falls Heritage & Museum Society

with Thelma Detjen

Thrift Shop has been receiving some very excellent quality donations and they are flying off the racks. June is proving to be as busy as May was. Of course, we could still use more volunteer workers. Stop by if you would be interested in joining us.

The Museum tours are going well for this time of year and will pick up in July. The gardens and lawns are looking excellent! By the time this article is printed, the tree that suffered snow damage at the back of our property along with other damaged shrubs, will have been removed.

DO NOT FORGET: Sunday, July 26th is the Annual Barbeque. Come for a little social time at 4 pm and then eat at 5pm. Bring your own lawn chairs. The cost is \$7.00 per person.

As this is the 100th Anniversary of the KVR, here is a little tidbit of information ... Did you know that the CPR Rail line ended at the head of Skaha Lake? It was then extended to Kaleden and there was a barge service to Okanagan Falls. In the 1920's, the rail line was then extended from Kaleden to Okanagan Falls, and then to Oliver and Haynes Point in Osoyoos by 1944. In 1989, March 1st to be exact, the last revenue train left the Weyerhaeuser Mill site to head on the Penticton/Spences Bridge run for one last time.



H&M THRIFTEE SHOP

Open Tue/Wed & Fri/Sat from 10-3

250-486-6371

Okanagan Falls Heritage and Museum Place - 1145 Main Street



Kim Harris

Cell: 250.462.4232

kimharris@royalpage.ca

Office & 24 hr pager: 250.497.5541

837 Main Street in Okanagan Falls

My Passion ... Helping you to reach your Real Estate goals



Epicure Selections

Gourmet Blends & Quality Cookware

"Turn everyday meals into gourmet meals!"

Contact Lorraine ~ 250-497-8781 or lharri40@shaw.ca



DANIEL K. LO

MOBILE LEGAL & NOTARIAL SERVICES

DELIVERING BEYOND 9-5

Available for Evening & Weekend Appointments

E: Daniel@dklmobilelaw.ca

P: 250-770-2951

C: 778-931-0461

W: dklmobilelaw.ca

CORPORATE AND COMMERCIAL LAW

WILLS, ESTATES AND PROBATE LAW

REAL ESTATE CONVEYANCING

COLLABORATIVE FAMILY LAW



Sue's Gardening

Going on holidays, or just can't do anymore?

Will do lawns, deadheading & weeding!

25 Years Experience
Free Estimates

Call Sue at 250-809-5499

Ladies Auxiliary of Branch #227 Update

with Audrey Steeves

The Okanagan Falls Legion Ladies Auxiliary held its last regular meeting before summer recess. President Louise Sax initiated new member Barbara Few into the membership of the LA of Branch #227.

Friday and Saturday Meat Draw help was arranged for the summer months. Help was also arranged with assisting Branch #227 on July 1st Canada Day, also the Legion Days happening in August. The LA will be catering for two Friday night dinners, as well as for a two day family reunion on August with breakfast and dinner.

The monthly regular LA Saturday Bingo date will be changed to Saturday, August 8th at 1pm.

The members approved of a donation of \$2000 to be presented to Branch #227.

A more complete Provincial Convention Report was given by delegate Colleen Clark. Attending were 235 delegates which included Official Life Members and Fraternalists. The LA has a membership of 2632, and lost 132 members through death since the 2013 Provincial Convention.

Two resolutions were defeated, these being on changing the Uniform and membership cards. Sgt at Arms Merle Laidlaw was presented with a handmade wooden rose bouquet made by the Salish Nation for all work in the capacity at the Convention.

Meeting draw winners were Rene Johnson and Edna Morland. Lunch followed at Ye Olde Welcome Inn. The next regular meeting will be September 2nd at 1pm.

Kaleden Museum ~ A History Tid Bit

with Meredith King

James Ritchie must have been very pleased by what he saw in Kaleden in the summer of 1913. Despite the years of hard work and financial hardship, much of his dream had been fulfilled.

Orchards were thriving and had actually started producing. The irrigation system had been upgraded again and was functioning well. The Hotel and Store were doing a booming business, as was the stage line and the freight and passenger boat service. The economic prospects looked good.

There was a thriving town centre with a grand hotel with 2 restaurants, huge general store, land and insurance office, post office, blacksmith shop, AS Hatfield & Co office, Ritchie log cabin, livery barn, plus a dock and storage shed.



A view of Kaleden in 1913, showing many buildings in the thriving community.

In downtown Kaleden, there were 5 substantial homes completed. At 119 and 155 Oak were the Oliver Tomlin and WP Simpson homes with spectacular views of Skaha. Frank Harrison lived at 273 Ponderosa, right on the lake. The Hatfield family built a duplex at 534 Lakehill with Charles Hatfield and family on one side and son Seaman Hatfield and family on the other. Add the Sandy Cameron Building at 521 Lakehill and Kaleden was starting to look like a town.

Outside the town core there was also alot going on. Besides the two room school on Birch Avenue and the Church on Lakehill, there were 5 major additional homes built. On Lakehill there were 3 homes. Harry Whitaker lived at the top of Lakehill and housed Kaleden's first library, a lending library supplied by the Farmers Institute. JC Findlay's home still stands at 355 Lakehill and EJ King's was at 431, just above the Church. On Linden, just South of the present day school, was the NK Simpson home, and further down Linden at 100 Willow was the TC Preston home.

There were several tiny houses like the one Bob Melville built for himself and his mother at the South end of Kaleden, Harry Corbitt's home at the base of Lookout Mountain and Herb Baker's temporary home on Linden, just South of the Preston home. In addition, there were still many families and single men living in tents and small structures no better than sheds. A lot had been accomplished in only 3 years.

What a prosperous and vibrant community with a hopeful outlook for the future! Yet, just when Ritchie and this small band of intrepid pioneers seemed about to see their dreams fulfilled, disaster struck!

Join us next month, as we share stories and facts down the historical path and building of our community of Kaleden. To donate an item to the Kaleden Museum, please contact Meredith at 250-497-6995.

Georgie Anderson

Independent Sales Director

250-497-8391

www.marykay.ca/ganderson

MARY KAY®



250.497.8188
info@okfalls.net
www.okfalls.net

**Okanagan Falls
IS Age Friendly!**



Initiative is funded by the
BC Age Friendly Program

**Our Age Friendly Plan
Continues ...**



Bringing Our Generations Together ...

A special invitation to Older Adults and Senior Citizens in Okanagan Falls to join us in sharing a meal, and a riddle or two, with some of the local children.

Summer Fun Camp presents the children's version of an

"Old Fashioned Lunch in the Park"

Friday, July 24th ~ 11:30 - 1:00 pm in Kenyon Park



Iced Tea, Cucumber Sandwiches, Peach Pie, etc.



**The children are doing all the planning,
preparing, and baking, so please RSVP
to info@okfalls.net or 250.497.8188.**



Okanagan Falls Seniors Activity Centre

with Audree Sikorski

Even with the warm weather here and some of the regular activities winding down for the summer, our annual Barbeque was a great success! Lots of great food and visiting done by all. As the President, I would like to thank all the volunteers for without them we could not have a great get together such as this Barbeque. Thank you!

Volunteers are so very important to our Centre to keep our doors open for Seniors to come and meet with other Seniors and have fun too. We welcome all the new people moving into Okanagan Falls, along with Seniors already living here. It is such a great place to get to know others and enjoy many activities.

Tuesday Bingo is still on for the **first 3 Tuesdays at 1pm** in July. Come join us, as you might just win a jackpot or definitely have some fun trying. **Drop-in Bingo** is the **3rd Saturday of the month from 1-4pm**. Please Note: There will be no Bingos held in August, due to lots of people away. However, they will be back again in September. Our monthly **Pancake Breakfasts and Potluck Dinners** will return in **September** too. Our Musicians will still be having **Music and Coffee from 9-10:30am every Wednesday and Friday morning** all summer long. Everyone in the community is welcome to come and enjoy. Our regular activities will resume in September, starting with our **General Meeting the 1st Monday at 1pm**. We hope to see you on Monday, September 7th.

MARK YOUR CALENDAR

Drop In Bingo ~ Saturday, July 18th (1:00)

Don't forget Tuesday Bingo (1st 3 Tuesdays at 1:00)

Wednesday & Friday Music & Coffee (9:00)

General Meeting ~ Monday, September 7th (1:00)

If you would like more information on any of these activities phone Audree at 250-497-5572 or just drop in for coffee on Wednesday or Friday mornings between 9:00 and 10:30 and introduce yourselves.

NEED A RIDE?



The transportation program is part of the Kaleden HUB, providing services to people in need in our Community.

If you live in the Kaleden area and need a ride to Penticton or Kaleden please call **250-460-3387**

Operating daily Monday to Friday, the volunteer drivers will pick you up at your home, deliver you to your destination, then bring you home again.



LOCAL CHURCH DIRECTORY

Kaleden Community Church

Family Worship ~ Sundays at 10:00 am

Church @ the Gardens ~ 10:00 am on August 30th - Linden Gardens

The HUB ~ A program for knowing and responding to individual and family needs in the Kaleden Community. For more information, please phone Les Clarke (250-497-5995), Heather Rose (250-770-7692) or Judith King (250-497-6985).

443 Lakehill Rd, Kaleden / Phone: 250-497-5995

Pastor Les Clarke. Church email: kalgarden@shaw.ca

www.kaledencommunitychurch.org - for up to date event info

Okanagan Falls Community Church

Sunday Worship ~ 10:00 am & 6:00 pm

1356 McLean Creek Rd, OK Falls / Office: 250-497-5131

Pastor Ron Crooker ~ Come join us in celebrating God's Love!

Okanagan Falls United Church

Sunday Service ~ 9:30 - 10:30 am

Children are welcome! Coffee and social time to follow service.

1108 Willow St, OK Falls / For more information, call 250-497-1171 or

www.okfallsunited.ca. Our Minister is Wade Lifton.

Our Lady of Lourdes Catholic Service

Sunday Mass ~ 11:30 am

1039 Willow St, OK Falls / Administrator - Father Neil

Okanagan Falls Contact: Lorraine Harrison - 250-497-8781

St. Barbara's Anglican Church

July 5 & 12 at 9:30 am // July 19 & 26 at 1:00 pm

July 26 ~ Holy Eucharist at 1:00 pm.

Coffee and social time after the Church Service.

1039 Willow St, OK Falls / Incumbent Rev. Rick Paulin - 250-494-0704

The Well

Sunday Service ~ 6:00 - 7:30 pm

Free childcare provided.

1141 Cedar St, OK Falls - in the OK Falls Parks & Recreation Centre

Pastor David Oosterveld - 250-488-9514



OK Mini School's Year End Rock Concert at the Band Shell

The first Rock Concert was held at the new Band Shell. OK Mini School was thrilled and excited to have their Year End Concert & Party at our new Band Shell. The children picked 11 songs and the staff chose 3, so that made a total of 14 back to back songs and poems, just like at a rock concert. Miss. Bonnie, Miss Tera and Miss Pam were so very PROUD of them ... They absolutely ROCKED IT!

Sharon's Care Services

for seniors



Transportation, Personal Care, Companionship, Respite & Light Housekeeping Duties



Contact Sharon at 250.770.0497

thompson298@hotmail.com

Nunes ~ Pottinger Funeral Service and Crematorium



JOHN NUNES

250-498-0167

info4@nunes-pottinger.com

www.nunes-pottinger.com



DARYN POTTINGER

5855 Hemlock Street P.O. Box 788, Oliver, BC V0H 1T0

ARE YOU A PIANIST?

Who would like to play with a Choir?

The Kaleden Community Choir is looking for an accompanist. Please call Meredith at 250-497-6995.



PROVIDENCE
FUNERAL HOMES
& CREMATORIUM

PREPAID FUNERALS

COMPLETE ESTATE PLANNING

Call us for a complimentary in-home consultation.

www.providencefuneralhomes.com



Ron & Taraleigh Crooker

*Family Owned and Operated
Trusted Since 1908*

PENTICTON CHAPEL
250.492.0713

SUMMERLAND CHAPEL
250.494.7752



Flowers or Fish Heads?

Send yours to skahamatters@telus.net

(Please Note: Some discretion on content inclusion may be involved.)



Flowers to all the musicians who donated their time and talent to the Band Shell opening on May 30th. We hope you will become "regulars" in Centennial Park. Great sound and entertainment.

~ from *The Band Shell Committee*

Flowers to (literally and figuratively) to the Okanagan Falls businesses who continue to plant and care for flowers in the 'wine barrel planters' that were placed along Hwy 97 years ago (free of charge) by the Okanagan Falls Beautification Committee. And, a special 'thanks' to Genie, who planted and is maintaining the flowers in front of 1028 Main Street.

~ from *the Vader Estate Corporation*

Flowers to all the advertising supporters of this community newsletter. Shop local and support your neighbour.

~ from *Skaha Matters*

Fish Heads to the Cricket players, yes more than one, who play in Keogan Park on the weekend and feel that it is too far to walk to the portable toilet supplied to relieve themselves and feel that it is OK to pee in the bushes on the walking trail and on trees and neighboring fences. This is exposing themselves in a PLAYGROUND!

~ Signed a *Concerned Grandparent*



Thank You From OK Barber Shop!

I would like to take this opportunity to thank everyone who was involved in putting out the fire and those who helped keep the shop open for business. (My apologies if I miss anyone.) Chief Rob Oliver and all of the Fire Department for a rapid response to the fire, the RCMP, the Ambulance services, Sandra Butcher for notifying me, Donny for the initial response, Ken the electrician, Leo for the extension cords, Wedgies Pizza for the temporary power to operate the clippers, Dez from Shaw Cable that replaced the Internet and Cable TV. Once again, thank you very much. It is very much appreciated!

~ from *Daniel and all of the OK Barber Shop Clientele*

OK BARBER SHOP

Daniel W. Markin - Certified Barber 8-5 Tue-Fri / 9-2 Mon & Sat

New Location - 5208 9th Ave. OK Falls 250-328-3888

South Okanagan Toastmasters

"Where Leaders Are Made!"

Drop in any Tuesday at 7 pm at 5876 Airport St. in Oliver.

Program resumes in September ... Have a great summer!

Call Bill at 250-485-0006 or email stillbill938@gmail.com

Please Note: No part of this publication may be reproduced without the permission of the publisher. No liability is accepted for any loss or damage resulting from the use of this publication. We reserve the right to refuse any submission or advertisement. All authors/advertisers are provided with a proof of their submission and their final approval must be in place in order to be published. © 2015 Okanagan Matters Publications.

Credible Cremation Services Ltd.

Sensible Prices for Practical People - At need / Pre need.

Call **Lesley**, our own Senior Owner & Director

Total - Basic Cremation ... No Hidden Costs

\$990.00 + taxes (Penticton area)

\$1190.00 + taxes (Kelowna area)

250.493.3912 (24 hrs)

101-596 Martin St, Penticton, BC V2A 5L4

www.crediblecremation.com



BC Lic# 49382

CONSUMER PROTECTION BC

Have You Made Those Pre-Arrangements Yet?

with Lesley H. Luff of Credible Cremation Services Ltd.
(Resident of Okanagan Falls)

For those of you who have not yet made your pre-arrangements, this is just a reminder of the importance of **PLANNING AHEAD**.

We all realize that no one really wants to discuss death and the impact that the loss of a family member has on those who are left behind to grieve. However, that impact can be lessened to some degree by having pre-planning in place. This way, those difficult decisions are not left to someone else to deal with. Decisions made whilst under stress, can often cause emotional over spending, and even more grief.

Advantages: Peace of mind; Price is locked in; Family members released from difficult decisions; and arrangements may be made in the comfort of your own home, by appointment.

Advice: Do it Now! Make a commitment ... Pick up the phone ... Call **LESLEY** at **250-493-3912**. Make that appointment and get those pre-arrangements taken care of.

SENSIBLE PRICING FOR PRACTICAL PEOPLE

Call **Lesley**, Senior Owner/Licensed Funeral Director at
250-493-3912 (24 hours)

We don't like a sales pitch either.

Look at our listings on the Internet and you'll see what buyers are seeing - great photos, one-of-a-kind video, informative brochures. That's why our listings sell.



MIKE
INGRAHAM
&
JACLYN
KINRADE
250-493-2244



ROYAL LEPAGE
LOCATIONS WEST REALTY
484 Main St, Penticton, V2A 5C5

The #1
brokerage
in the South
Okanagan for
32 straight
years

www.LivingInTheOkanagan.com

Linden Gardens

& Frog City Café

**Gardens & Café
OPEN DAILY!**

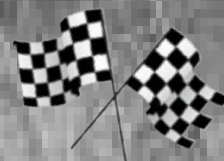


lindengardens.ca

Bring this ad to
Linden Gardens for a
FREE Garden Entry!

250.497.6600
351 Linden Avenue, Kaleden

Register for Show 'n' Shine Ph. 250-498-8840 Register for Show 'n' Shine Ph. 250-498-8840 Register for Show 'n' Shine Ph. 250-498-8840



De Olde Welcome Inn

Family Owned Business For 11 Years!

39008 Highway 97 at Gallagher Lake, North of Oliver

SHOW 'N' SHINE

Motorcycles & Cars

Call 250.498.8840 to Register



Prizes ~ Awards ~ Specials

Starts @ Noon

Family Friendly ~ All Ages Welcome

**Saturday
July 11th**

**Sunday
Sept 20th**

Register for Show 'n' Shine Ph. 250-498-8840 Register for Show 'n' Shine Ph. 250-498-8840 Register for Show 'n' Shine Ph. 250-498-8840

Lots of Gluten Free Menu Choices! More Arriving Daily!