



SKAHA MATTERS

"Bringing Community Matters to You"

Volume 6 : Issue 12

December
2014

Your FREE Monthly
Community Newsletter

Published by Okanagan Matters Publications

www.SkahaMatters.com

skahamatters@telus.net

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Warmest Wishes for a Peaceful and Merry Christmas!

From the readers to the advertisers and all those
that send in tid bits of community spirit ... Thank You!

From Myleen Mallach, Owner/Publisher of Skaha Matters



Tickleberry's is OPEN!

11-5 pm 7 days a week!
Come see us until December 21st

Clear your calendar on December 13th for our

Annual Craft Fair

Complimentary Hot Chocolate
Featuring Local Artists & Crafters
Tickleberry's Entire Store 20% off



A Must Stop Christmas Shop!



Falls Market

BC Liquor Agency
Follow us at www.facebook.com/falls.market.liquor.store
Open 9-9 Daily
(OK Food Mart) The "Corner" Store - Hwy 97 & 910 Main Street, Okanagan Falls

Your One Stop Shop for All Your Needs!
Ice Cold Beer & Wine • Full Selection of Liquor • Unique Variety of Wines
Grocery Items • Confectionary Treats • Movie Rentals • Smittys Live Bait

**SMOKING CHEAP
NOVEMBER SALE**
from Dec 5-24 big sale on liquor,
beer, wine, as well as other
convenience "pack" deals.



Call ahead for
Special Orders
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BELOW BC GOVT PRICING - See Page 3 for details!



**Your Local Grocer ...
Proud to Serve
Our Community!**

**In-Store Bakery, Deli and Meat Department
Wide Selection of Fresh Produce**

Holiday Hours:

Dec 21 & 22 ~ 8-7	Dec 27 & 28 ~ 8-7
Dec 23 & 24 ~ 8-6	Dec 29,30 & 31 ~ 8-6
Dec 25 ~ CLOSED	Jan 1 ~ CLOSED
Dec 26 ~ 10-6	Jan 2 & 3 ~ 8-7

250.497.5818 5350 9th Avenue, Okanagan Falls

Okanagan-Similkameen Transit Service Change

Effective **January 19, 2015**



20 Okanagan Falls –
new route along Eastside Road

21 OK Falls Local –
new route serving Okanagan Falls

Free service from January 19
to February 6, 2015 on routes
20 and 21.

Regional District of
Okanagan-Similkameen



4220

Transit Info 250-492-5602 • www.bctransit.com



Canada Post
Okanagan Falls & Kaleden

**Wishes Everyone a
Happy & Safe Holiday Season!**

Thank you for your support.

DECEMBER 2014 COMMUNITY CALENDAR

View Online at www.SkahaMatters.com ~ **Event Reminders on Facebook Page!**

Call 250.490.6951 or skahamatters@telus.net

* Event info is included in this issue.



**Get Your Event
on the Community Calendar!**

Free Listing for Local Non-profit Groups.

Advertise Your Business Event Too!

Church Services * Kaleden & OK Falls Community Churches 10am OK Falls United Church & Anglican Church 9:30am Catholic Mass 11:30am	OK Falls Senior Centre* General Meeting at 1pm LA Christmas Dinner * Social at 6pm / Dinner at 7pm	OK Falls Senior Centre* New Exercise Classes Tues/Thurs 9-10am OK Falls PAC * 6:30pm School Library	OK Falls Senior Centre* Music & Coffee Wed/Fri 9-10:30am OK Falls Legion #227* League Darts Wed 7pm	Library Lego Night* Kaleden Library 6-7pm Blood Donor Clinic * Penticton Senior Centre Dec 4, 5, 31 1:30-5:30pm	International Volunteer Day * Youth & Teens Night OK Falls Rec Centre	"Fill the Van" for the 6 Helping Hand 9-3 at IGA & Haircuts East Side Salon Community Christmas 5-7pm Main St. OK Falls * OK Falls Senior Centre* Pancake Breakfast 8-10
Sage Valley Voices "Merry Christmas, Darling" Oliver United Church Dec 6 at 7pm & Dec 7 at 2:30	Gentle Yoga * OK Falls Zen Centre Mon/Fri 9:30am	Christmas Tales * Linden Gardens 6:30pm OK Falls Senior Centre* Tuesday Bingo at 1pm 1st 3 Tuesdays each month	Chair Yoga * 10 OK Falls Zen Centre Wednesdays 9:30am Kaleden Women's Weekly Drop-in * Kaleden Church 1-4pm Ends Dec 10	Kaleden School Christmas Concert * OK Falls Senior Centre* Thursdays Scrabble 1pm, Thursdays Bridge 1pm & Thursdays Crib 7pm	OK Falls Legion #227* Meat Draws Fri/Sat 5pm Helping Hand Hamper Registration Deadline*	Tickleberry's Annual Craft Fair * Shop, Wrap or Nap * OK Falls Rec Centre Christmas Dinner * OK Falls Senior Centre 5:30
OK Falls Senior Centre* Jam Session 1pm OK Falls Legion #227* Fun Time with Hotdogs, Horse Racing & More! Sundays 1pm	Skaha Matters Submission Deadline 15th-20th	Preschool Storytime * Kaleden Library Tue 10am Ends Dec 16 OK Falls Legion #227* General Meeting at 7pm	Family Storytime * OK Falls Library Wed 1:30pm Ends Dec 17 OK Falls P&R AGM * OK Falls Rec Centre 7pm	OK Falls School Christmas Concert * Kaleden Church * Bible Study Thursdays 2pm	MLA Linda Larson Open House * Cock 'n' Bull 4-7pm	OK Falls Senior Centre* Drop-in Bingo 1pm Epicure Open House * Helping Hand Hamper Delivery Day *
Ecumenical Service * OK Falls Community Church Everyone Invited! 7pm	H&M Thriftee Shop * Closed Dec 22 - Jan 6	OK Falls Senior Centre* Tuesdays Pool 6:30pm	Buzz Byers Live* OK Falls Hotel 3-7pm Church Christmas Eve Services - Page 22	Christmas Day!	Boxing Day!	OK Falls Legion #227* Drop-in Darts Saturdays 1pm
St. Barbara's Church 1st 3 Sundays at 9:30 4th Sunday at 1pm	OK Falls Legion #227* Mondays Crib at 1pm	OK Falls Legion #227* Shuffleboard Tue/Thur 1pm	Pharmasave's Customer Appreciation Day * OK Falls Senior Centre* Carpet Bowling Wed 1pm	January 2015 Special Events Jan 5 ~ Back to School Jan 14 ~ South Skaha Housing Society AGM - 7pm OK Falls Rec Centre * Jan 19 ~ New BC Transit Service for OK Falls - Free Jan 19 - Feb 6! *		

Falls Market

BC Liquor Agency

Open 9-9 Daily

250.497.5194

COLD BEER & WINE / CONVENIENCE & CHESTER'S CHICKEN

SALE PRICES

December 5 - 24, 2014

Prices do not include deposit.
Limited quantities available.

**HURRY
WHILE
SUPPLIES
LAST!**



Follow our New Facebook Page!
www.facebook.com/falls.market.liquor.store

Every week one lucky follower will
receive a FREE GIFT for their support!

Comments/Requests? Send us a message on Facebook!

SMOKING CHEAP PACK DEALS!
New Lower Pricing All Across The Board!

**Budweiser / Kokanee
Bud Light - 24 pk cans**



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BC GOV'T

\$34.50

Crown Royal Whisky
1.14L



\$3.00 BELOW
BC GOV'T

\$37.00

Tanqueray
750ml



\$2.00 BELOW
BC GOV'T

\$25.00

Hardy
Shiraz Cabernet
Sauvignon
750ml



\$1.15 BELOW
BC GOV'T

\$11.85

**Carolans
Irish Cream**
750ml



\$2.25 BELOW
BC GOV'T

\$22.75

Naked Grape
Shiraz or
Pinot Grigio
3L



\$2.50 BELOW
BC GOV'T

\$28.50

Copper Moon
Shiraz
1.5L



\$1.50 BELOW
BC GOV'T

\$15.50

VERANO
Tempranillo Cabernet
or Shiraz
750ml



Only 10 Cases Left!

\$7.95

Caribou

Genuine Draft
6 pack cans - 355ml



\$.50 BELOW
BC GOV'T

\$7.55

**Stolichnaya
Vodka**
1.14L



\$1.75 BELOW
BC GOV'T

\$37.25

Captain Morgan's

Spiced Rum
750ml



\$27.00

Rider Cider

from Sun Rype
Apple Lime or Valencia Orange



\$11.25

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← HWY 97 Corner of 9th Ave.

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Willow St.

9th Ave.

TO OSOYOOS
and Main St. →

Birch St.

10th Ave.



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6 Fritters + 6 Mojos

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Valid Until December 26, 2014

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TOM SIDDON says THANK YOU!



Tom Siddon Re-Elected
RDOS Director for Area 'D'

Dear Friends,

I am extremely grateful for the trust and confidence bestowed upon me by all who voted to re-elect me to another four year term as the RDOS Director for Area 'D'. In my capacity as your locally elected political representative, I am committed to fulfilling the responsibilities that have been placed with me and will work hard to bring increased opportunity and quality of life to every resident living in our Area 'D' communities.

In the days ahead, I will be moving forward with the priority projects which were endorsed by the electorate during the campaign and a new Budget for the year to come. As always, I am here to help you with any issues of concern that fall within RDOS jurisdiction.

Have a Wonderful Christmas with family and friends and a Prosperous New Year!

Best wishes,



Meyer Family Vineyards

Wine Club Subscriptions

- 3 shipments per year ... the gift that keeps on giving!

Award Winning Wine

- Special mixed packs & gift sets available!

New Gift Cards

- Can be redeemed & topped up in our tasting room!

HOLIDAY WINES & GIFT IDEAS

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Double Gold & Best in Class
Great Northwest Invitational Wine Competition 2014

92 Points

Beppi Crosariol, Globe & Mail

91 Points

The Chef & The Grape



"crafting single vineyard wines of excellence"



Linda Larson, MLA ~ Boundary-Similkameen
6037 Main Street, Box 998, Oliver, BC V0H 1T0
Tel: 250.498.5122 Toll-free: 1.855.498.5122
"Your Voice in Victoria!" Linda.Larson.MLA@leg.bc.ca

Monthly Update From MLA Larson

By Linda Larson, MLA for Boundary-Similkameen

At this time of the calendar year, we all ask ourselves the question, "Where did the months go? And, am I really another year older!"

There have been a number of highway projects completed this year throughout the Boundary-Similkameen. Repaving projects have taken place at Bromley Rock to Stirling Bridge, Cawston to Nighthawk, and Chapman Road to Wapita Way on Anarchist Mountain. In addition, the work completed on the road to Big White and Highway 33 interchange. The fall legislative sitting ends on November 27 and MLA's, including yours truly, will be able to return to their ridings and catch up with constituents and community events. This 40th parliament also marks a significant milestone in the history of women in government. Since the first woman, Mary Ellen Smith, who opened the door in 1918, the number of women elected to the B.C. Legislative Assembly now numbers exactly 100. In this November's elections, 37% of those elected to municipal and regional governments and school boards are women. That said, congratulations to all of the candidates who put their name forward on the ballot. Election campaigns are not always the most fun of experiences, but you put your time, energy and ideas on the line. That takes courage. To all of the newly elected and returning to office, I am looking forward to working with each and every one of you over the next four years as you represent your communities. I am planning to get out to all the communities of Boundary-Similkameen to meet with the new faces and reconnect with returning council and regional district elected officials when I am back in the constituency.

In December and January, I will continue to meet with organizations whose focus is one of creating an inclusive environment for people with disabilities and improving accessibility to employment for all. Every person has a contribution to make, and a skill that matched with the right employer is a benefit to both. While accommodations sometimes need to be made to ensure the work environment is compatible to the person with a disability. That said, there are so many agencies that offer the necessary support to help with these transitions.

The agriculture community got one item marked off their wish list with the announcement by the Premier of continued support for the replant program. Thank you to all the farmers who met with me and helped to move this issue forward.

It is the season of meeting and greeting neighbours and friends, so I am going to stress, once again, the value of a flu shot. It is not just for you, but for all you come in contact with who may have compromised immune systems.

I want to also acknowledge since we are coming to the end of 2014, to thank my staff in Oliver, Colleen and Patt, for keeping up with calls and correspondence and Marissa, in Victoria, for keeping me and my calendar organized.

I want to take this opportunity to wish everyone in the Boundary-Similkameen a Merry Christmas and a Happy New Year! Don't forget to contribute to your local food banks and charitable organization who help the less fortunate at this time of year.

And finally, our Boundary-Similkameen constituency Christmas Open House will be on Friday, December 19th in Oliver at the Cock 'n' Bull Cappuccino Bar located at 6041 Main Street from 4:00 - 7:00 pm. Please join us for some holiday cheer!

Georgie Anderson

Independent Sales Director

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MARY KAY®

OKANAGAN FALLS
COMMUNITY CHRISTMAS

Saturday December 6th • 5:00-7:00 PM
Main Street & 9th Avenue East

Wishing our community a happy kick-off to the holidays!

LIVE ENTERTAINMENT
including a performance from the 'OK Falls Hip-Hop Elves'

REFRESHMENTS
Complimentary hot dogs, hot drinks and treats

Dress for the weather
Helping Hand Donations welcome

Santa is visiting too!

Chanagan Falls Parks & Recreation
RDOS
Interior Savings
ROYAL LEPAGE

Join The Community Christmas Event

with Stan Maber, Event Coordinator

Join us as we "Kick-off the Holidays" this year with our Okanagan Falls Community Christmas Event. Come on down to the corner of Interior Savings and Royal LePage on Saturday, December 6th from 5-7 pm. Enjoy LIVE ENTERTAINMENT by Terri Bremner, always popular at Okanagan Falls gatherings. There will also be a performance by our very own "OK Falls Hip-Hop Elves", along with Santa arriving in his special sleigh. The Okanagan Falls Helping Hand will also be on-site, so if you should miss their "Fill the Van" day at IGA that afternoon, you can still catch them that evening. Non-perishable food items are appreciated this time of year and go to those in need in our community.

Thank you to all the businesses who have donated towards this event. It's absolutely wonderful to see the community really coming together and supporting each other. Volunteers are still needed though. If you can share an hour or two, please call Stan Maber at 250-497-7389.

So, bring the kids, gather your neighbours, even pack up your entire extended family and head on down to "Kick-off the Holidays" with a little Community Spirit! There will be complimentary hotdogs, popcorn, hot chocolate and coffee. Be sure to 'dress for the weather', as this is an outside event. Looking forward to seeing you all there!



OPAL CREATIONS

Handicrafts, Gifts, Accessories & Home Décor

Original Handmade Cards by SAMDEE for All Ages, inc. Invitations, Box Sets & More.

Contact Sandy or Denise at 778.515.0464



FROM THE FALLS
TO THE BLUFFS
TO THE MOUNTAIN

Area 'D' Economic Development Office

with John Powell

In recent weeks, we've seen many stories in the media about a major slowdown in China. As Canada's second largest trading partner with \$70 billion per year in bilateral trade, and an important trading partner for many businesses in Area "D" and throughout the South Okanagan, it could have a big impact here at home. The Canadian Chamber of Commerce has therefore questioned whether we should be worried or is China charging ahead? Official figures show China growing at around 7.3%, a decline when you consider that for the 20 years up to 2007, the country's average real GDP was rising by an average of 11% per year. But that's OK. China's economy is now US\$9 trillion, so that 7.5% increase is on a much larger pie and is a much bigger boost to the global economy. The growth is also more balanced, shifting away from investment and export dependence towards a more broad-based expansion of consumption, thanks to rising wages.

Are there vulnerabilities in China? Certainly, China has high debt levels, but the banks are well capitalized and with \$4 trillion in foreign exchange reserves, there is more than enough of a safety cushion to weather any downturn. China also has soaring real estate prices and areas that are overbuilt. But, don't forget that two million people per month move from rural areas to the cities. This means that China has to add the equivalent of three New York Cities every year to keep up with the rise in urban dwellers. China's government has been trying to clamp down on rising home prices by raising mortgage rates and down payment requirements, although they've eased off recently.

A consumer revolution is underway. So, what does it all mean for business? China's economy is changing dramatically, but growth will remain over 7% for the foreseeable future. Each year, almost 30 million people, a population roughly the size of Canada, join the Chinese middle class. And, they love to spend online. In 2013, China surpassed the U.S. as the world's largest e-commerce market. By 2015, KPMG is forecasting that China's e-commerce transactions could reach USD 540 billion, roughly 10% of total retail transactions. By 2020, the firm estimates that China's e-commerce market will be larger than those of the U.S., Britain, Japan, Germany and France combined. What is Alibaba? It's only the world's largest e-commerce company, roughly twice the size of Amazon. Alibaba's transactions last year totaled nearly \$250 billion, compared with \$116 billion for Amazon. Every second, Alibaba handles an average of 500 orders, worth more than \$9,000. E-commerce is the best way to penetrate the Chinese consumer market, because it's more developed and trusted than the traditional bricks and mortar retail networks. Mr. Ma often says that "in the U.S., e-commerce is dessert. But in China, it's the main course." It's time to feast. Canadian companies looking to list their products on Alibaba should go to www.alibabababa.com.

As one of your South Okanagan Chamber of Commerce Board representatives, I'd like to encourage more businesses in Area 'D' to take advantage of this great local resource. Right now we're looking for new Board members. I would like to strongly encourage existing Chamber members or others who are thinking of joining, to consider strengthening our Area 'D' representation on this board. If you want to discuss this further, find out more about the role of the economic development office, talk about the work I'm currently doing, get assistance with RDOS-related matters or other related questions, please contact John Powell, Area 'D' Economic Development Coordinator at 778.515.5520 or jpowell@rdos.bc.ca.



IS YOUR BUSINESS READY TO GROW?
GET THE 11 KEY QUESTIONS THAT YOU NEED TO ASK.
www.yournaturededge.com/11questions

Joseph Seiler, Master Certified Coach ~ jseiler@yournaturededge.com ~ 250.498.4017



South Skaha Housing Society

with Janet Black, South Skaha Housing Society Chair

Jessica Blewett from Western Canada Accessibility and Enablement Consulting presented her findings from the Age Friendly Assessment Project, with respect to Seniors Housing needs. The following is a summary:

Currently 11 households need seniors housing and in 5 years we can expect that this number will climb to 36 people. Most believe they will need / prefer Seniors Subsidized Independent Living Units. The creation of seniors housing was the most highly rated recommendation from the Age Friendly Open House. The findings suggests that due to the presence of existing independent living options and the shift in housing needs, from single detached dwellings to more compact and easy to maintain dwellings, it would be appropriate to develop a supportive housing complex of either level entry townhouses or accessibly designed apartments. The complex should be built in a way that is both expandable and integrated into the senior-hubs (e.g. Legion and Seniors Centre) of the community. Although addressing the housing needs of Okanagan Falls Seniors is a complicated task, working towards the scenario outlined above would be a good starting point and would enable many older adults, who have invested many years into Okanagan Falls, to stay in their community as they grow older.

With these findings in mind, the Society has connected with the President of the BC Seniors Living Association, Mr. Dave Sinclair and our local MLA Linda Larson. At this time, there is strong support and expertise available to the Society, and all indications are that with the commitment, we have a real opportunity to move this project forward. We have laid some ground work with a possible location and have demonstrated the need with research.

The Society is now seeking new members and Directors with the passion, commitment and skills to take this project from concept to ground breaking. Mr. Sinclair has envisioned, built and operated facilities across the province and is willing to provide his expertise. Questions /Comments can be directed to Janet Black at 250-497-8188.

Notice of **Annual General Meeting** to be held on **Wednesday, January 14, 2015** at 7:00 pm in the Okanagan Falls Community Centre (Elementary School). Anyone interested is invited to attend.



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THE SHOP FRIENDS RECOMMEND

Okanagan Falls Irrigation District News

with Bob Daly, OFID Chair

In the month of November, the Board and Staff have continued to work with Interior Health on developing and maintaining operational practices that will continue to ensure safe drinking water, in particular, water sampling, and minimizing risk of contamination following water line repairs.

As we near the end of 2014, the Board is reviewing it's 2014 Goals related to Board Duties and Responsibilities, Communication, Budget Planning and Security. There will be more information to share with you in future newsletters.

From the Staff and Trustees of Okanagan Falls Irrigation District our best wishes for a Merry Christmas and a Happy New Year!

"Merry Christmas to All My Clients & Friends"

Office & 24 hr pager: 250.497.5541
837 Main Street in Okanagan Falls



Laurie Kingsfield
Cell: 250.498.1110
LKingsfield@telus.net



RCMP Community Report

with Sgt Rick Dellebuur, Penticton RCMP

Don't Let The Grinch Steal Your Christmas

It is the time of year when everyone is getting into the hustle and bustle of the holiday season. People are attending Christmas parties, concerts and shopping. While we are enjoying the various festivities, we must remember that there are opportunists, that I refer to as Grinches, that are looking for the opportunity to steal your joy at this time of the year.

When shopping, ensure that your packages if left in a vehicle are stored out of sight, preferably in a locked trunk. When paying for your purchase take steps to protect yourself from credit card and debit card fraud and scams, such as being careful when you enter your pin number that no one is watching and that the pin pad is secure to prevent it from being tampered. A pin pad that is not secure or kept in a unsecure location can be easily replaced by a "Grinch" with one to record your card and pin number. The Grinch later returns and replaces the fraudulent pin pad with the original and leaves with your financial information to make a new bank or credit card to help them enjoy Christmas at your expense.

You must also take extra care at this time to secure your home and property, as the Grinches know that there is a good chance there will be gifts, liquor and food inside your home and under the tree. As always if you see any of these Christmas Grinches in your neighborhood or know where we can find some that may have made off with someone's Christmas, please give our detachment or Crime Stoppers a call.

Don't Drink and Drive! Take a little extra care to look out for yourself and others and together we can all enjoy a safe and Very Merry Christmas, and Happy New Year.



NOW RECRUITING!



**Paid On Call Positions
Now Available!**

Call 250.497.8213 or
kaledenfire@shaw.ca

Caitlin's Cafe & Bakery



Time to Order your Christmas Baking!

Christmas Baking Trays ~ From \$45

Assorted cookies, tarts, squares ...

Get your favourites & much more!

Open Monday - Saturday 940 B Main St in Okanagan Falls 250.497.6555

**Christmas Baskets
Now Available Online!**



@wildgoosewines

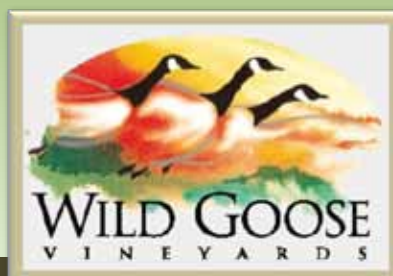


facebook.com/wildgoosevineyards

It's been a fantastic year filled with amazing accomplishments.
Luckily many of our award winners are still available for holiday gift giving.

2012 God's Mountain Riesling – Best of Show, Great Northwest Invitational
2013 Riesling – Gold, InterVin
2013 Gewurztraminer – Gold, Wine Align Nationals
2013 Mystic River Pinot Blanc – Double Gold, All Canadian Wine Championships
2012 Red Horizon Meritage, Gold, Okanagan Fall Wine Festival

Open for Winter Wine Sales Monday – Friday, 10 – 4pm
www.wildgoosewinery.com



2145 Sun Valley Way
Okanagan Falls, BC
250.497.8919
info@wildgoosewinery.com

ANNUAL GENERAL MEETING OKANAGAN FALLS PARKS & RECREATION COMMISSION

Wednesday, December 17, 2014, 7:00 pm

Okanagan Falls Community Centre
1141 Cedar Street, Okanagan Falls

The public is welcome to attend



Regional District of Okanagan-Similkameen
101 Martin Street, Penticton
www.rdos.bc.ca/jshuttleworth@rdos.bc.ca
250-490-4136



"Shop, Wrap or Nap"

Day Camp for the Kids

Need a break from the kids to do what you really need to do ... whatever that is?

Saturday, December 13th from 10 am - 3 pm

\$15/child for K - Gr 6. Please pack a healthy lunch.

Pre-register before 2:30 pm on December 12th.

1141 Cedar Street

info@okfalls.net

250.497.8188



25 kids let their imaginations go wild building a cardboard village and a glow in the dark garden on November 15th at the Okanagan Falls Community Centre. Thank you to Okanagan Falls Parks & Recreation Staff and Volunteers who made this day so much fun for these kids!

Relax ... Rejuvenate ... Heal

Gift Certificates Available

A Superb Christmas Gift!



Now introducing ...

Relaxing "Tuned & Toned" FACIAL

Hands on with jade rollers, tuning forks,
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Jaynie Molloy BSc. Hon. CH.
110 Linden Avenue, Kaleden

250.497.8806



kaleden
PARKS & RECREATION

Update

By Jodie Hopper, Kaleden Parks & Recreation Assistant

Ice Skating in Pioneer Park ~ Stay tuned for the opening of the Kaleden Ice Skating Rink. Check Facebook, the website, and the road sign boards for updates. Come teach your kids to skate where you learned! Thank you Len, Hugh and Kaleden Fire Department for offering to make this happen ... and with Mother Nature's help.

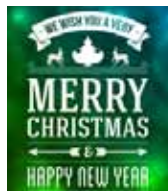
Public Budget Informational Meeting ~ Thank you to the 16 people who attended, providing important feedback and to those that took the time to put their thoughts in writing. We heard clearly that there needs to be another way of presenting the budget for better understanding. We plan to look long range at what our goals are for the parks and community hall, so people have an idea of what we might propose in the future and to get public feedback. Two of our main priorities are safety and fiscal responsibility, which is reflected in the proposed budget. The next budget information night will be sometime in early January. Check Facebook, the website, and the road sign boards for updates.

Visit orl.bc.ca today and complete the survey!

The Kaleden Okanagan Regional Library is an integral part of our community. Please let them know what it means to you.



"The only thing that you absolutely have to know, is the location of the library" ~ Albert Einstein



We would like to take this opportunity to offer you our best wishes during this time of celebration. May it be a time of rest and renewal.

From Brian, Paul, Neal, Tracy, Wendy, Doug,
Bruce, Kim, Dylan, and Jodie



January Programs



**For Children, Teens & Adults are now in print
and on our website soon at www.okfalls.net**

Lots of active, fun, artsy, cartwheely & sporty good times for everyone! Special Events for Youth & Teens include a Vee's Game, Tubing at Apex, & a New Teen Night Venue!

1141 Cedar Street

info@okfalls.net

250.497.8188



NOBLE RIDGE
VINEYARD & WINERY

Happy Holidays!

Open weekends until December 21st.

See you in 2015!

250.497.7945

2320 Oliver Ranch Road,
Okanagan Falls

www.nobleridge.com



Gift Shop & Gallery

250.497.7129

Please call for hours of operation

1788 Hwy 97, 2km South of Okanagan Falls

(Turn right on Alba Road & turn at the sign)

e: info@okanaganstoneworks.com



www.okanaganstoneworks.com

'Christmas is in 25 days'! PLEASE SHOP LOCAL! Holiday Specials!

Peace, love and joy to everyone over the holiday season and the coming new year!

One of a kind gift ideas, hand-crafted from BC rocks!

wine racks wine coolers stone vases candle rocks bowls
book ends fountains birdbaths tables & benches

Custom orders for items written in stone

pet urns and memorials address signs company signage

Granite and Bronze Memorial Markers

Here's What's Happening at Dogtown



Beginning Dec 2nd, Dogtown Coffee Co. will be working in partnership with LocalMotive Organic Delivery to bring you Dogtown Café & Urban Market at our Penticton location!

The Urban Market will bring the wonderful and diverse produce and products of the Okanagan Valley and BC together in downtown Penticton all year long. Dogtown will be sourcing a wide variety of specialty products with a focus on locally sourced items. They will also offer a range of in-house items, including; fresh pasta and sauces, sous vide meals, take home meal options, spices and sauces! The partnership with LocalMotive will allow Dogtown to offer a seasonal selection of local produce year round!

Dogtown Café & Urban Market will offer a Farmer's Market atmosphere throughout the year, supporting local farmers and producers, and offering customers a unique range of quality foods, not currently available in the heart of Penticton.

The Urban Market will be open for business beginning Tuesday, December 2 from 9am - 6pm. Regular business hours will be Monday - Friday 9am - 6pm, Saturday 9am - 4pm, and closed Sunday.

We invite you to celebrate with us at our Grand Opening Event, Saturday, December 6 from 9am - 4pm. We will have live music, product samples, and some surprises!

Dogtown Coffee Co owners Chris and Corrie Corfield have been running their operation in Penticton since April of this year, building on their reputation and experience from the successful Dogtown Coffee in Okanagan Falls, the birthplace of Dogtown. "When we started the café in Okanagan Falls back in 2012, we wanted to use a unique name that belonged to the community ... in the early years of settlement by European immigrants Skaha Lake was known as Dog Lake - 'Skaha' being the Shuswap word for 'dog' - and OK Falls was known as 'Dogtown', so we chose the name Dogtown Coffee Co, says Corrie. The vision of Dogtown since its inception has been to build "community with every cup", and now, by adding a market component to their store in Penticton, they will increase their support for community by purveying locally sourced foods and ingredients, thereby supporting local farmers and producers. "The vision for the store is to give people an opportunity to keep purchasing quality local ingredients, outside the seasonal Saturday farmers markets."

The new Urban Market will be partnering with LocalMotive Organic Delivery, another company originating from Okanagan Falls, which sources local seasonal produce from farmers in the Okanagan and Similkameen Valleys. Owner of LocalMotive, Thomas Tumbach, has been working for years with local farmers, and is a farmer himself. "One of the biggest challenges for local farmers is finding a receptive market for their products, and a distribution channel to make it logistically feasible. When Corrie and Chris approached me with the idea of partnering with Dogtown to bring produce to the market, I was really excited, as it will provide a year-round daily venue for farmers to purvey their produce. We have been looking at setting up an operation like this for years, but it wasn't until the option of this partnership with Dogtown came up that we were willing to jump in."

LocalMotive will be offering a weekly distribution run directly from farms to ensure that there is a consistent and quality supply of local seasonal produce for the store. "You won't be seeing too many pineapples or mangos on the shelves, but there are people out there that don't want those items anymore ... they know that local eating is the way of the future, and they are looking for options and places that go the extra mile to support local farmers. So, when they come in the store, they know that they are eating as fresh as possible, and their dollars are staying local."

Dogtown is also excited to introduce Louise Murdock, our Market Manager, who has many years of vegetable growing experience and has worked with farm based food distribution programs and markets in the UK. "In Europe, there is a very different approach to shopping, which we hope to offer in this community. It is the job of the high street green grocer to feature quality produce around which to build daily meals, consumers shop on a daily basis for fresh ingredients." Murdock is working hard right now to source a wide variety of local specialty products, including; cheese, deli meats, breads, preserves, condiments, teas, coffee, honey, and eggs.

With the help of Dogtown's new Chef and General Manager, Richard Desnoyers, who has extensive experience working as an executive chef in numerous multi-star Canadian restaurants, they will also offer a unique range of in-house items. "People are looking for options to eat well, eat locally, and in a convenient way ... with our ready-made meal options, like the sous-vide meals, as well as fresh pastas, people working, living and visiting downtown can drop in for a quick, quality, fresh meal to take home for dinner.

For more information, please contact Corrie Corfield at 250-462-1295 or info@dogtowncoffee.ca. We look forward to seeing you at our Grand Opening on December 6th at 215 Winnipeg Street in Penticton.



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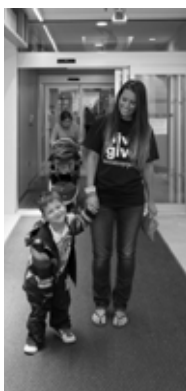
with Shelley Hunt, Okanagan Falls Resident

On October 1st of this year, I had the opportunity to do something that I've been waiting for awhile to do ... I donated a kidney to save a little boy's life. Through the work I do as Co-founder of "Because I Can Project", an organization that raises awareness for organ donation, I met 6 year old Aidyn. I had already begun the process of tests and paperwork and appointments required to be a living kidney donor anonymously, but when I met Aidyn and his family, I knew I wanted to donate to him. He is the same age as my son, so his situation hit close to home. Aidyn has been on dialysis since he was 6 months old and has needed a kidney transplant essentially his entire life. I soon discovered that I was not a match for Aidyn, so we entered into what is called the "Living Donor Paired Exchange Program". For simplicity sake, I'll call it a "kidney swap". I wasn't a match for Aidyn, but I was still willing to donate so that he would receive a kidney. We entered into a chain of people who were in the same situation as us: one potential donor and one person in need of a kidney. They paired us all up with our best matches. I donated a kidney to someone I may never get to meet, and Aidyn received a kidney from someone that he may never meet as well. Our surgeries went perfectly. I am recovering very well and Aidyn is feeling fantastic (and eating everything in sight, according to his mom!)

There are over 4,500 people in Canada waiting for a life-saving organ transplant. It doesn't have to be this way. 95% of Canadians would take an organ if they needed one and that same percentage of people are in support of organ donation. Sadly, registration rates continue to stagnate at 20%. Did you know that if more people registered, we could collectively eliminate the transplant wait-list in our country? You don't have to be a doctor or scientist to be a part of the "cure". Here in BC, all you need to do is take a few minutes and register your wishes at www.transplant.bc.ca.

As a living donor, I got to check off a huge bucket-list item by saving a life. You can be a hero, too. In fact, there are thousands of Canadians waiting on it.

For more information, visit www.becauseicanproject.com or email Shelley at shell@becauseicanproject.com.



Blood Donor Clinic December 4th, 5th & 31st

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Perry Tompkins, Pharmacy Mgr

Live Well HEALTH TIP brought to you by Pharmasave Okanagan Falls

In this month's article, I would like to shed some light on an ongoing and relatively under-publicized problem affecting the Canadian Healthcare system. The problem I'm referring to is drug shortages.

Many of you may be aware of this problem, if you've been affected. Perhaps at your last refill you were supplied with an alternative generic, because the generic you were using is currently unavailable. When notified of shortages, patients understandably express surprise and often ask, "How does this happen and what is being done to fix it?" First, let me say that drug shortages are a global phenomenon and occur for a combination of reasons, including increased domestic demand due to aging populations, increased global demand for raw materials needed to make medications, and production downturns or delays for reasons ranging from equipment maintenance, regulatory inspections and even natural disasters. To address this issue, pharmacists and physician groups have been working together to supply the federal government with "ground-level" information regarding the impact of drug shortages on patient care and have called for mandatory reporting systems by Canadian pharmaceutical manufacturers in order to better predict and prevent shortages. At the local level, pharmacies work daily to anticipate shortages and manage "at risk" inventories and pharmacists and physicians work together to find appropriate alternatives as a last resort to prolonged unavailability of key medications.

In closing, while shortages do happen, the chance of any particular medication being affected is pretty small (so please don't panic!). But when it does happen, your healthcare team stands ready to do what we can to ensure continuity of care in the face of supply obstacles and typically, after meeting with patients, we can find an approach that meets their needs for the long-term or until a shortage resolves.

As always, if you have any questions about your health or medications, you know where to find me and I'll see you in next month's article!

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Keys to Living a Long Healthy Life

By Dr. Tamara Browne, Naturopathic Physician,
Licensed & Registered by the BC Ministry of Health



I began my career with a dream. I wanted to help people live long, joyful, healthy, meaningful lives, free from disease and stress. I wanted to be a resource and support person to those wanting to achieve optimal health and to live their own dreams.

Part of this journey lead me to examine research into the "Blue Zones". Blue Zones are areas on the planet where unique societies live on average much longer than most humans. These "zones" exist in various unrelated areas of the world

geographically, and include, regions in Sardinia, Greece, Costa Rica, California, and Japan. This fascinating research has uncovered some interesting common traits of long-lived peoples. First, we know from twin studies that only about 20% of life expectancy is governed by genes. This means that environmental and lifestyle factors are responsible for about 80% of how well and how long we live.

So, what are these factors that help us to age gracefully, joyfully, and well into our 90's and 100's? Following is a list that anyone can easily adopt and that all of these various societies have in common:

1. **Move Naturally:** These folks do not go to the gym or compete in gruelling sporting events. They live close to nature and grow much of their own food. This keeps them active, in a natural, relaxed way.
2. **Have Purpose:** This translates to "Why I wake up in the morning". These people can answer that emphatically and feel relevant and important, because of their role in the world they live in.
3. **Down Shift:** Deal with stress by routinely shedding it in healthful way. Give yourself a break daily. Relax and do things you love regularly.
4. **80% Rule:** Stop eating when you are 80% full. Eat slowly and savour your food. These people generally eat their smallest meal late afternoon or early evening and then don't eat after that.
5. **Plant Slant:** Beans are the cornerstone of most diets of long-lived people. Meat is consumed 1-2 times per week and in smaller quantities. Vegetables are a regular staple. Food is local, simple, seasonal, and flavourful.
6. **Wine @ 5:** (Now the good news!) Most of these centenarians drink wine moderately and regularly meaning 1-2 glasses daily with friends and/or with food.
7. **Belong:** Most of these people belong to a faith-based community. Denomination does not seem to matter, belonging and having faith do.
8. **Loved Ones First:** Families are put first in these groups. Aging parents and grandparents are kept close or even in the home, commitment to a life partner is important, and much time and love is invested in their children.
9. **Right Tribe:** Living in a social circle that supports healthy behaviour helps us to live longer, healthier lives. Both good and bad behaviours are contagious.

In this increasingly complicated world it may empower you to know that simple, easy, lifestyle habits exert the most control over your health and longevity. Common sense does prevail! Cooperation over competition, compassion over criticism, and service to oneself and others all contribute to healthy lives and communities.



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An Okanagan Falls Healthy Communities Special Feature

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Meet Olga

Olga Campbell rides her bike every day down Eastside Road from Okanagan Falls to Penticton. She works at Natures Fare in Penticton and has been working to become a Certified Nutritionist.

Passing you on Eastside Road has been a real inspiration to many to make healthy lifestyle choices.

If there is someone you would like to see honoured for healthy choices, contact Janet or Nancy at info@okfalls.net or 250-497-8188.



Olga's daily commute to Penticton.



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2014 Canadian National Champion

with Andi Naude, Okanagan Falls Resident



Andi Naude,
2014 Canadian National
Mogul Champion

I would like to thank Myleen Mallach for inviting me once again to share my journey with all of you through Apex Matters. I am so excited for the new ski season that is only a few weeks away! I have been training very hard all summer in Whistler, Quebec, Switzerland, and Australia. I have been working on my skiing technique and a new jump, a back-full (backflip with a 360 rotation). My last season ended on a very high note here at Apex Mountain Resort, where I managed to win the title of Canadian National Champion. Thank you so much to everyone who came out to watch and cheer. It was a truly memorable experience, and certainly a highlight of my career.

This year I will be competing on the World Cup Circuit again. The first stop will be held in Ruka, Finland on December 13th. I love Ruka over the holiday season; it is so festive and sometimes I even get to pet Santa's reindeer.

You can follow me in Apex Matters throughout the season for updates, as well as on my new website andinaude.com. I will keep you posted ... Until next time!

Right - Andi Naude skiing in Inawashiro, Japan - Photo by Taro Tanpo (Moguls World).



Remembrance Day Artwork by Ronin Van Geest in Grade 3.

Okanagan Falls Elementary School Remembrance Day Awards

Okanagan Falls Elementary Remembrance Day Assembly was held on Monday, November 10th with the support of the Okanagan Falls Legion Representatives. Congratulations to all students contributing artwork and literary work! The following are recipients earning special acknowledgment:

Essay - Junior	1. Reece Rowland
Essay - Intermediate	1. Mason Holt
	2. Laura Doherty
	3. Jaylyn Askeland
Poem - Junior	1. Ethan Polkinghorne
	2. Joshua Adams
Poem - Intermediate	1. Hailea Lysak
	2. Andrew deVos
Poster - Color - Primary	1. Kaitlyn Rouw
	2. Evan Russell
	3. Meera Nelson
Poster - Color - Junior	1. Maia Doherty
	2. Chloe Redenbach
	3. Reece Rowland
Poster - B&W - Junior	1. Kamryn Meyer
	2. Ireland Jones
	3. Ethan Polkinghorne
Poster - Color - Intermediate	1. Andrew deVos
	2. Jaylyn Askeland
Poster - B&W - Intermediate	1. Hailea Lysak
	2. Laura Doherty
	3. Mason Holt

Please join us for our **Annual Okanagan Falls Christmas Concert** happening on **Thursday, December 18th at 6pm** in our Okanagan Falls Gymnasium. We will have our annual **Basket Raffle** event happening and tickets can be purchased up until and on the night of this special school event! Proceeds go to helping us purchase items to support our classrooms with school-wide initiative "MindUp" program implementation.

To all our Friends & Neighbours,
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Okanagan Falls StrongStart Centre

with Samantha James

We have OSNS visiting on Friday, December 5th at 10 am. Story time with Georgia is on Wednesday, December 10th at 9 am. Our last day of school is Friday, December 19th and we will be joining the school for their Pancake Breakfast. I hope everyone has a safe and happy Christmas and I look forward to seeing everyone back to school Monday, January 5th.

The Okanagan Falls StrongStart Centre is a free drop-in early learning centre for children 0-5 years of age. We are located in the Okanagan Falls Elementary School and are open Monday, Wednesday and Friday from 8:30-11:30 am, as well as Tuesday and Thursday from 11:30-2:30 pm during the 2014/2015 school year. For more information, call Sam at 250-809-2802.



Okanagan Falls Elementary has a new "Buddy Bench" Program. You will find one of these benches on both playgrounds, thanks to the PAC. "This is a great way to foster inclusion on the playground. If you don't have someone to play with, then go sit on the Buddy Bench. If you see someone sitting on the Buddy Bench, then go ask them if they would like to play. It is an easy way for kids to solve feeling left out, along with helping others to feel apart of the school community", says Deborah Rivest, PAC Chair.

Healthy Coffee by Organo Gold!

Contact for more info, to purchase, to book a home coffee party, or hear about the amazing business opportunity! Brewkups now available too!
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OK MINI SCHOOL

Our M/W/F class is now full. We are currently taking names for a wait list for a T/Th class. We will not be having a raffle draw this year.

OK Mini School is a licensed preschool for 3 and 4 year olds. We are located in Room 8 of the Okanagan Falls Elementary School. We offer a quality preschool program that helps prepare children to become life long learners. For more information, call 250-497-5576 or email Bonnie.OKMiniSchool@shaw.ca

Okanagan Falls Out of School Care

Our licensed program provides a safe and caring environment for children aged 5 - 12 years. We offer care from 2:25 - 5:30 pm on days when school is in session. We offer full-time care and accept part-time and drop-in, if space is available. Pre-registration is required before children can attend the program. We are located in Room 8 of the Okanagan Falls Elementary School. For more information, please phone 250-809-7322 or email to Bonnie.OKMiniSchool@shaw.ca.

School District No. 53 Report

with Sam Hancheroff

Throughout School District 53 students are working hard to complete first term assignments, preparing for winter concerts, and looking forward to individual class functions.

Okanagan Falls students and teachers are excited about their upcoming K-7 **Christmas Concert scheduled for December 18th at 6:00 pm** in the Community School Gym. Along with the concert, our PAC is getting ready for their annual PAC basket raffle! Thank you to all the community who contribute to these baskets.

School PACs (Parent Advisory Council) are an important component of our district schools. They work with our teachers and administrators in a supportive role. PAC is the official collective voice of the parents within their child's school.

PACs: provide opportunities to educate and inform parents about their school; involve parents in volunteering activities; and openly discuss parents' concerns and aspirations for their school.

I would like to thank our Okanagan Falls PAC and other volunteers for the great work they do to make our school so special. OK Falls PAC meets the first Tuesday of every month at 6:00 pm.

Okanagan Falls PAC representatives are: President - Mrs. Deborah Rivest; Vice-president - Mrs. Amanda Krissa; Treasurer - Mrs. Lorna Wilson; and Secretary - Mrs. Janice Meyer.

Literacy plays an important role throughout our district. In addition to the regular Language Arts curriculum and school activities that celebrate literacy, many of our Teacher Librarians and school staff have held book fairs within their schools this fall. Earlier in November, Okanagan Falls School held a very successful Scholastic Book Fair, raising over **\$950.00 for classroom books!!** Thank you to all the volunteers and staff members who helped organize and work this event, and to families and friends who supported it!

In November, our district completed **MDI (Middle Years Development Instrument) surveys** with all our grade 4 students. The MDI is a unique tool for two reasons. It gathers information about the "whole child", rather than simply focusing on academic progress. As well, it allows us to hear children's voices and so taps into areas that have great significance in children's lives that are not typically evaluated in our communities. The MDI measures five dimensions of healthy development during the middle childhood years: social and emotional development; connectedness; school experiences; physical health and well being; and after-school time. Our Okanagan Falls grade 4 and 7 students completed the MDI surveys. In the new year, teachers will be attending a workshop on how to evaluate and use the MDI results within their school and community groups.

Trustee Election News: The following individuals have been declared elected by acclamation for a four year term: Town of Osoyoos and Regional District A - Marieze Tarr and June Harrington; Okanagan Falls - Sam Hancheroff; Keremeos/Cawston - Debbie Marten and Myrna Coates. Elected for a 4 year term: Oliver & Regional District C - Rachel Allenbrand and Rob Zandee.

Finally, **a word of thanks** to Ms. McCall and all the staff (including StrongStart, Pre-school and Daycare staff), PAC, and parents who take an active role to support our children at Okanagan Falls School.

On behalf of the Board of Education for School District 53, I wish you all a very happy Christmas season and winter holiday!!

I look forward to seeing many of you at the **Okanagan Falls Christmas Concert on Thursday, December 18th at 6:00 pm.**

For more information, contact Sam Hancheroff, Vice-chair, School District No. 53, School Trustee for Okanagan Falls, at 250-497-5878.



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Kaleden Volunteer Fire Department
KVFD December Tip:

Give the Gift of Safety this Christmas!

Some safety gift ideas include: a fire extinguisher for the kitchen and garage; a first aid kit for each vehicle; a "grab & go" bag for emergencies (see online sites for ideas); a BCAA Membership; a roadside emergency kit with jumper cables; a new smoke detector; a reflective vest for nighttime walking; or a flashlight.

Have a fun, safe holiday season. Drive carefully, adjusting for changing conditions and always travel prepared for the unknown.



100 Books To Read Together Before Kindergarten

The Okanagan Regional Library is pleased to announce a wonderful way to make sure your child enjoys some of the best children's books available at the library!

Beautiful booklists of 100 Books to Read Together Before Kindergarten are available at all branches for parents and caregivers. These booklists have a literature-based activity and a small prize associated with them. Each book on the list was carefully selected by youth services librarians from across the region.

Parents are encouraged to do the following activities with their children aged 0 to 5: read all 100 books listed and check them off as they do (there is no time limit); attend at

least one storytime at their local library branch; get a library card for their child; and once completed, go to their library branch to show the booklist to a staff member and receive a small prize for their family.

Early exposure to books and reading have a multiplying effect on children's success throughout their school years. Why not enjoy reading with your child and install that life-long love of reading in them!

Special thanks to the Friends of the Library who have generously covered much of the cost for this fun initiative. For more information about programs at the library for all ages, including babies, toddlers and preschoolers, please visit www.orl.bc.ca.

Kaleden Branch: 101 Linden Avenue - 250-497-8066
 Tuesday 1 - 5 pm / Thursday 1 - 8 pm / Friday 1 - 5 pm

We are holding our annual **Gingerbread House Colouring Contest** at the Kaleden Library, so get creative and you might win a Gingerbread house to take home to enjoy with your family over the holidays! You can find a colouring page entry form at the Kaleden Library or in the Kaleden Elementary school newsletter. All entries must be submitted by December 16th. The winner will be announced on December 18th.

Join us for a **Special Christmas Program** at 10:00 am on Tuesday, December 16th, which is the Library's last preschool storytime program for the season. We will also be hosting another **"LEGO Night at the Library!"** on Thursday, December 4th from 6-7pm. Call 250-497-8066 or drop in the library to register for this fun, holiday themed program.

The library will be **Closed from December 24th - January 5th** for the holidays, reopening on Tuesday, January 6th. Be sure to order your holiday reading materials soon, as our last van delivery will be December 17th!

Glenda and Tracy would like to wish you all a very Merry Christmas and look forward to seeing you in 2015!

OK Falls Branch: 101 - 850 Railway Lane - 250-497-5886
 Tuesday 12 - 8 pm / Wednesday 10 am - 4 pm
 Friday 10 - 5 pm / Saturday 10 - 2 pm

Join us on Wednesday afternoons at 1:30pm for **Family Storytime until December 17th**. Enjoy stories, songs and crafts!

The last day for the Library to be open before Christmas is Tuesday, December 23rd. Be sure to stock up on all your holiday reading. Fortunately, no books will be due during our **Holiday Closure of December 24th - January 2nd**. In fact, our book drops will be locked during these dates. We look forward to seeing you when we open again on Saturday, January 3rd.

Georgia and Lynn send the warmest wishes for a delightful Merry Christmas and a prosperous New Year ahead!

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We would like to wish everyone a wonderful Holiday Season and a New Year filled with peace, love and happiness.

Many thanks for your continued support.

Year-Round Helping Hand Drop Off Location

We will be accepting non-perishable food items and monetary donations for the Ok Falls Helping Hand all year long. So, anytime you have a little extra to share, come on by and donate to a local worthy cause that needs your support. Help us help those a little less fortunate at this time of year.

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Winter Office Hours: Mon-Fri 9:00-4:00 & Sat 10:00-3:30

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Great Things Are Happening At Kaleden Elementary School!

November's 5 "Great Things" include ...

1. Many Kaleden students worked thoughtfully and respectfully in creating a poster for the Okanagan Falls Branch # 227 Legion Remembrance Day poster contest.
2. Students enjoyed a special performance from the Okanagan Symphony Orchestra learning about the Bassoon, the Oboe and the Flute.
3. Kaleden teachers, students and parents spent time together in November discussing the growth and achievement of students thus far in the year.
4. Students have begun practicing for the school's Christmas concert on December 11th ~ "Christmas Around the World".
5. Over 40 students regularly enjoy taking part in Kaleden School's Lego Club building sessions four times per week thanks to our volunteer parent community.



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Kaleden Elementary PAC Update

with LeeAnn Thompson, Chair Kaleden PAC

November is a time to remember and give thanks to all the men and women who have fought and continue to fight for us to live the lives we choose to live. As a PAC, we would like to thank the Okanagan Falls Royal Canadian Legion for coming to Kaleden Elementary School and making our Remembrance Day Ceremony wonderful! And, a big thank you from the children and from PAC for your generous donation, it will go to great use this year.

As the months are getting colder, the school started up it's **Lego Club** for the children. This is a program run by volunteer parents. It is open to all children from KES, Monday 2:30-3:30pm, Tuesday, Thursday and Friday from 8:00-8:30am. If there are any parents wanting to volunteer, we would love to have you. Just ask Ms. Hague in the office or contact me, LeeAnn Thompson.

December comes with lots of fun and exciting events for the children. **December 11th is the annual Christmas Concert and Bake Sale.** This is always a wonderful event filled with much holiday cheer and a good way to do a little Christmas Sweet Shopping. The children also look forward to our tubing event. The kids get to take a bus up to Apex, where they have the opportunity to tube all day and enjoy hot dogs and hot chocolate. This wonderful event takes place December 18th.

If you are looking for a way to support PAC, we are doing a Gift Card Fundraiser and Poinsettia Fundraiser this month. If anyone is interested in purchasing Poinsettia's or Gift Cards, please do not hesitate to contact me, LeeAnn Thompson at 250.488.0789.

Have a very Merry Christmas and we will see you all in the New Year!

School Trustee Report for SD67

with Ginny Manning

The consultation period for Policy 580 *Whistleblower Protection* and Policy 600 *Fiscal Control* has ended. After considering the feedback, these policies were approved at the November board meeting.

Policy 120 *Board of Education Committees and Liaisons* which revamps the board committee structure; Policy 325 *Managing a Student with Medical Alert/Anaphylaxis Conditions* has also been reviewed and now reflects the changes in provincial protocols regarding the management of Diabetes; and Policy 310 *District Code of Conduct* (students) has been reviewed and an expanded definition of 'weapon' has been included.

These policies will be available on the district website (sd67.bc.ca) for comments and/or suggestions.

At the November Board meeting, trustees approved a letter to the Minister of Transportation and Infrastructure requesting a crosswalk and appropriate signage at Naramata, West Bench and Kaleden schools. At the October Naramata PAC meeting, RDOS Director Karla Kozakevich spoke about the status of her quest to have a crosswalk and signage installed at the school. Karla requested a letter of support from the Board and after further discussion it was decided that since Kaleden and West Bench Schools have the same concerns around student safety on their roads that they would be included in the letter. MLA's Ashton and Larsen, RDOS Directors for the communities and the Principals, all of whom have been spoken with, will be copied on the letter.

The Board will set aside a \$30,000 one-time fund, from strike savings, to support classroom innovation and enrichment. This fund is in addition to money already available for initiatives and opportunities. Superintendent Hyer and Director of Instruction MacIntyre will administer the fund.

The new Board of Education for SD67 is: Linda VanAlphen and Julie Planiden from Summerland (both acclaimed); Bruce Johnson, Shelley Clarke, Bill Bidlake and Barb Sheppard elected in Penticton; and me, your Rural Trustee. During the nomination period, no one else put their name forward for the position of Rural Trustee; therefore, I was acclaimed. Thank you for your support and I look forward to serving, as your trustee, for the next four years.

Wishing everyone a Merry Christmas and Happy Holiday!

For more information, contact Ginny Manning, Trustee for SD#67, at 250-497-6462 or email gmmanning@summer.com.

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Real Estate Cheat Sheet: Best Times to Buy, Sell or List a Home

with Brian Moen, Realtor with Royal LePage Locations West

A common question from a buyer or seller is: what is the best time to buy or sell a home? In the clothing world, it makes sense to get the best "deal" on winter clothes at the end of winter and that you likely will pay top dollar for a swimsuit when it's warmer. Does the same trend hold true for real estate purchases and sales? Not really. But, there are some considerations a buyer or seller should make as they enter the market that could have an impact on the transaction.

Spring and Fall are better times for buyers ~ Let's be clear. You can't ever time a home purchase. Buying a home isn't like buying a car or an iPad. The home buying process is a journey, one that happens on your own time and only after you've done enough research, seen enough homes and have your financial house in order.

At any one time there is a brand-new buyer entering the market and then another who has done enough research and becomes a very serious buyer. Nobody can control the evolution. But, something for a buyer to consider is that real estate inventory tends to fluctuate by season. Each Spring and Fall we tend to see an increase in home inventory due to the seasons. More inventory means more options for buyers.

Holidays and Winter are best times for sellers ~ It's not conventional for a seller to list their home before the Holidays or in the dead of Winter for obvious reasons. But serious, eager buyers don't care about the season or timing. At any one point of the year, there will be a very motivated, experienced buyer ready to make an offer, no matter the season. I've written contracts on Thanksgiving, closed on New Year's Eve and even had a serious buyer make an offer on Boxing Day. Sellers believe that it's more conventional to list for the Spring "selling" season and then again after the Summer. If you go the conventional route, you will see more competition. If you can sell "off season" you might fare better because there are still serious buyers, but less homes for sale.

Best time of day to list a home ~ The Open House, particularly the first Open House, was/is the "holy grail" of real estate. For decades, agents and sellers worked hard on a listing with a deadline being the first Open House. The "For Sale" sign, which made the listing official a generation ago, would go in front of the house the days leading up to the first Open House. In the digital age, the listing goes "live" online.

Sellers and agents work hard to clean, paint or prep the home in time for the photo shoot. Agents and sellers tend to rush to the finish and you would see many listings hit the market late Thursday afternoon or Friday morning, with Saturday being the first showing. Instead, try listing on Monday or Tuesday and don't do any showings until the Open House on Saturday. You can build momentum and have a very strong first Open House.

As much as buyers and sellers try to strategize the timing of a real estate purchase or sale, it's never that easy. Unlike Macy's or Target, who control inventory and monitor competitive activity, there isn't one seller in real estate. Sellers are unrelated and disconnected and the types of homes are different making it nearly impossible to "time" a purchase or sale.

Brian Moen



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Peach City Radio's "Raise the Radio" Campaign

By Jackie Del Rizzo, Peach City Radio Communications

Community radio stations exist to provide local people and organizations with the tools they need in order to share stories and information over the airwaves. Peach City Radio aims to do just that - and with several milestones reached in the past few months, they are on their way to being the first licensed community radio station in the Okanagan.

The Peach City Community Radio Society (PCCRS) recently announced that applications have been submitted to the Canadian Radio-Television and Telecommunications Commission (CRTC) and Industry Canada to establish a low-power frequency modulated (LPFM) terrestrial broadcast signal in Penticton. The CRTC issues broadcast licences and regulates content of all broadcast undertakings in Canada, while Industry Canada ensures that broadcast equipment operates within regulatory parameters. The application vetting process can take up to a year to process and in the meantime, Peach City Radio members are busy training new volunteers, building a library of locally developed programs, and preparing for the day when a transmitter and antenna can be put into place.

The search for a physical space for the community radio studio has led to an exciting opportunity to be a part of the old Penmar Theatre facility in Penticton. "For the past 2 years, we have searched in earnest throughout the city, looking for the perfect location: affordable, accessible for our volunteers, central to the core of the community and with a landlord that is understanding of where we are and where we are going as a non-profit in Penticton", says PCCRS Vice President Craig Henderson. Last winter, plans were unveiled for a new arts and culture venue in Penticton and it was soon after that discussions began between PCCRS and the Penmar Community Arts Society. Henderson notes that Peach City Radio is hoping to move into their new digs in the "Valley First Community Arts Centre", 361 Martin Street in early 2015.

Of course, some serious fundraising needs to happen in order for Peach City Radio to purchase the equipment needed to set up for FM broadcast. The society has recently launched the "Raise the Radio" campaign - an effort to reach the estimated \$30,000 required to purchase broadcast and studio equipment. Individuals, businesses and community groups now have the opportunity to help build this community radio station via a selection of donation levels. Individuals can make a donation and receive some Peach City Radio gifts in return, while businesses and organizations can benefit from promotion options for their financial support. All donations can be made through www.peachcityradio.org, or by contacting info@peachcityradio.org.

Help us Raise the Radio and get our community talking, listening and collaborating on the air. To learn more about Peach City Radio, call Jackie Del Rizzo at 250-488-9551 or email info@peachcityradio.org.

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Meet Michèle

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Michèle will take care of bouquets, weddings, grad, and special events. You may already be familiar with her work, as she has been part of the Downtown Penticton Markets for the last 3 years, indoor Farmers Markets at the Shatford Centre and has been part of many craft shows.

Flowers will be delivered, if needed. In any case, call her for your next floral needs ... You won't be disappointed!

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Spotlight on Volunteers!



Meet Fred & Keray

Fred Lindsay (left) has been the Chair of the Okanagan Falls Helping Hands for many years. He has recently passed on his position as Chair to Keray Levant (right).

This Christmas marks 29 years of Christmas Hamper deliveries in Okanagan Falls! Once again about

100 hampers will be delivered to those in need this month. Stop by the IGA "Gift Tree" and the Interior Savings "Pajama Tree" and be sure to attend the "Fill the Van for the Helping Hand" on Saturday, December 6th from 9-3 at the IGA. Your continued support is greatly appreciated!

Volunteers Making A Difference

If there is someone *you* would like to see honoured in this column, please call 250-497-8188 or info@okfalls.net.



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International Volunteer Day Is December 5th!

Volunteers from Penticton to Princeton, Summerland to Osoyoos volunteer their service to help families in need, protect the environment, assist animals in distress, and to many more causes. Statistics Canada reports that 47% of Canadians aged 15 and over do volunteer work, contributing 2.07 billion hours to their volunteer activities: a volume of work associated with 1.1 million full-time jobs.

International Volunteer Day, December 5, was declared by the United Nations 29 years ago to celebrate volunteerism world wide and shine the light on how citizen participation makes a difference in shaping the world we want to live in.

Volunteering is a personal and self-motivated activity and comes from the goodness of one's heart. On an individual basis the immense impact that volunteer action has on a community may not be noticed. However, volunteers do develop stronger communities and countries. Volunteers around the globe secure access to social services, strengthen gender vulnerability, develop community resiliency, and work towards peace.

International Volunteer Day acknowledges the role of ALL volunteers including youth in building secure and stronger global communities. Youth are essentially the agents of change for the future.

Sharon Evans, Board Chair of the Volunteer Centre, states that "the Volunteer Centre encourages more youth to volunteer. Research shows that young people who volunteer tend to stay in the community and build resources leading to growth and security." Thirty non-profit members of the Centre welcome youth to volunteer including volunteering on Boards. "Mentorship with Boards of Directors along with other volunteer positions will help youth to develop skills and experience with governance activities," states Evans.

The Volunteer Centre provides a "Passport" to youth to register and track their skills and experiences gained through volunteering. Research shows that volunteering fosters the positive development of youth beyond enhancing experience and skills. Volunteering builds self-esteem and confidence and other important life skills associated with being happy, healthy, and successful.

For more information on the youth volunteering, or obtaining a Passport, contact the volunteer Centre at 1.888.576.5661 or e-mail info@volunteercentre.info. To find out where to volunteer and learn more about the volunteer opportunities open to residents locally, search www.volunteercentre.info by clicking on "Volunteer Opportunities".

Haircuts for the Helping Hand

Deb and Chad Wetter of East Side Salon have set aside Saturday, December 6th as their fundraising day for the Okanagan Falls Helping Hand. Book your Holiday haircut now, make a donation to the Helping Hand, and help us to help those a little less fortunate this Holiday Season. They will cut and style women, men and children's hair. (No chemical services.) They will have a suggested donation price, but whatever people want to give will be fine. Book your haircut now!

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stop by the fire hall Wednesday mornings.



Fire chief for a day, Danny Fairall and his two deputies, Baylee Leduc (right) and Julia Robinson from Okanagan Falls Elementary School won the recent "Get Out Alive" fire safety contest. They had the privilege of getting a ride to school in a fire truck. Danny also won a bicycle that he later returned to the store to raise money for cancer research. Shown in back are Okanagan Falls firefighters Rick Fleming and Tammy Smart. (Photo courtesy of Lyonel Doherty)

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Kaleden Museum ~ A History Tid Bit

with Meredith King

During the latter part of 1910, the last of the 27,000 fruit trees were planted, the irrigation project was completed and water was available for domestic use and irrigation, and a number of homes were under construction. Though it is hard to know exactly how many people were living here in 1910, we do know there were a core group of about 11 families, totalling 60 people, some in homes, some building homes, and others still in tents.

The Oliver Tomlins on Oak Street (home still there) with 3 boys, Gordon, the youngest being the first child born in Kaleden. The Lapsley's, living over the store. Seaman and Roberta Hatfield and son Harley lived on one side of a duplex built at 534 Lakehill with his parents Charles and Mrs Hatfield and daughter Carlotta living on the other (home later moved to Penticton). J.C. and Margaret Findlay with daughter Annie and son Judson on 15 acres at 355 Lakehill although their home wasn't completed until 1911 (home still there). Nathaniel and Ida Simpson and daughter Marjorie lived in a home built by Nathaniel on Linden, just south of the present school (home was moved twice, eventually ending up part of the Findlay house at 133 Pineview). W.P. and Evalora Simpson, Nathaniel's brother, with their 5 children, Perley, Hartley, Iva, Vernon and Velma, lived in tents on 2 acres at 155 Oak, until their home was built in the spring of 1911 (later destroyed by fire). Tom and Margaret Roadhouse and their 9 children lived on highway 3A on the flats at the 'S' curve halfway up Roadhouse hill, went to school and participated in all the activities in Kaleden. T.C. and Florence Preston, along with 5 grown children and 2 spouses lived on 2 adjoining 5 acre parcels at 100 Willow (home still there). Bob Melville and his widowed mother, Charlotte, built a small home near the south end of Kaleden. Jim Harrison, his parents, Frank and Melina, and his sister Kathleen had a home built at 273 Ponderosa, which is still there today. In addition there were a number of single men living in small cabins, Harry Corbitt on Linden, George Robertson, Harry Whitaker, and Chris and Arthur Kay.

Most of these families had a huge impact on the life and growth of Kaleden both then and for future generations. Many of the children who lived here, married into pioneering families in neighbouring areas and remained connected to this village. A number still have descendants living here. Thank goodness for their dedication and perseverance!

Join us next month, as we share stories and facts down the historical path and building of our community of Kaleden. To donate an item to the Kaleden Museum, please contact Meredith at 250-497-6995.

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"The HUB" in Kaleden

The Community of Kaleden is coming together to help those in need. Whether you may need assistance or would like to volunteer to help your neighbour, The HUB is a great new way to know and respond to those needs within the Kaleden area. From meals provided in times of illness or crisis, to welcoming new neighbours to Kaleden, to help with small projects and maintenance, to compassionate care and local transportation, to women networking and even confidential prayer ... The HUB is Kaleden's opportunity to take care of our neighbours.

Kaleden Cares ~ Donations of cash and non-perishable food items to Kaleden Cares to help families in need at Christmas time. Donations of food may be made at the following drop sites: Kaleden School, Lakeview Store, Kaleden Library or Kaleden Church. Financial donations made to Kaleden Community Church (Benevolent Fund).

Look for our poster around Kaleden and call to either receive help or volunteer when and where you can. The HUB contacts are:

- **Les Clarke** ~ 250-497-5995 or kalgarden@shaw.ca
Pastor of Kaleden Community Church
- **Heather Rose** ~ 250-770-7692 or hrose@summer.com
Principal of Kaleden Elementary School
- **Judith King** ~ 250-497-6985 or judithking@shaw.ca
Kaleden Community Member

The HUB is a work in progress ... neighbours helping neighbours in and around Kaleden, St. Andrews and Twin Lakes. We look forward to hearing from you and growing this community service together.



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OK Falls Heritage & Museum Society

with Marla Wilson

Boy, did it ever get cold in a hurry. Seemed like November 11th, old Father Winter pushed the "on" button. It has been more than a bit brisk since then.

The Heritage Society is really looking good. The overgrown bushes and plants have been trimmed back, the long tangled grasses have been cleaned up, and the weeds in the flower beds are all gone.

We will be doing our up-grading in the museum and the Bassett House over the winter. By next spring, the place will be all fixed up.

The Thriftee Shop continues to fill the clothing needs of some in the community. The Shop will be closed over the Holidays from December 22nd till January 6th. We have had a run on men's jeans, for some of the pickers in the area have come and found what they need to work in the fields. We could use more clean 'gently used' men's clothing; jeans, shirts, sweaters, sweat shirts and pants, etc. Thank you again for the support from the community for the Thriftee Shop. We still do get some bags left during "closed" hours that usually have to be taken to the dump. Please make your donations to the shop only during "Open Hours" on Tue & Wed or Fri & Sat from 10:00 am to 3:00 pm.

Have a very Merry Christmas and a Happy New Year from your friends and neighbours at the Heritage and Museum Society and the H&M Thriftee Shop.



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Okanagan Falls Seniors Activity Centre

with Di Stewart

It's so wonderful to be able to experience another December! The joy of the season seems to creep up on us whether we like it or not and we love to hear the music and see the happy, friendly faces as we go about our day. With Christmas approaching and all of the celebrations that go with it, let's try to remember to show our love and care for one another. Those small disagreements seem unimportant when compared to the caring and friendship there for us to enjoy. We must be careful that we don't scare people away with our petty quarrels. At our age, just staying away seems the easiest way to steer clear of bad feelings. Try to remember the comradeship of yesterday and put these hard feelings behind us as we get ready for yet another New Year that we are blessed to experience.

We hope you have noticed that the calendar is getting more and more spaces filled in! We are so happy to report that after reading last month's Skaha Matters, Elaine Chernoff, an experienced seniors exercise teacher and new and welcome member of the Okanagan Falls Community, came forward willing to lead exercise classes for everyone at the Centre. Join Elaine on Tuesday and Thursday mornings from 9:00-10:00. Her exercise program can be done sitting down (chair) or standing. Everyone is welcome and donations go directly to the Seniors Centre.

Gretha Jenson is back to lead the Scrabble group Thursdays from 10:00 to 12:00. You're not expected to be an expert at the game, but the friendly social aspect, as well as some light-hearted competition, is a good incentive to come out and play.

Our musicians have decided to make their practice sessions open to everyone in the community. They meet Monday mornings at 9:00 and Wednesdays at 6:00 and practice for an hour or two. If you play an instrument and would like some accompaniment or maybe some pointers, why not give it a try? All ages welcome!

Christmas Dinner Tickets sales are going well to Members only. Non-member family and friends will be able to get their tickets beginning December 1st. Come down to the Centre and see Margaret or phone her at 250-497-7150.

Any questions or need information? Call Ed Magee at 250-497-5570.

MARK YOUR CALENDAR

- General Meeting ~ Monday, Dec 1st (1:00)
- Pancake Breakfast ~ Saturday, Dec 6th (8:00-10:00)
- Annual Christmas Dinner ~ Saturday, Dec 13th (5:30)
- Following Meet & Greet
- Jam Session ~ Sunday, Dec 14th (1:00)
- Drop In Bingo ~ Saturday, Dec 20th (1:00)
- Don't forget Tuesday Bingo (1st 3 Tuesdays at 1:00)
- Exercise Classes ~ Tue & Thur (9:00-10:00)
- Scrabble ~ Thursdays (10:00-12:00)
- Wednesday & Friday Music & Coffee (9:00)
- Thursday Bridge (1:00) & Crib (7:00)
- And Carpet Bowling Wednesday Afternoons (1:00)

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Okanagan Falls Women's Institute

with Betty Lynch

Remember, all Womens' Institute members, past and present, are invited to our afternoon soiree to greet each other for the Christmas Season, share a glass of wine, and enjoy some finger food. (What kind of fingers are you bringing?)

We wish everyone in this very generous community ... "MERRY, MERRY CHRISTMAS and A SPARKLING, KINDLY NEW YEAR!"

"For Home And Country", Betty Lynch

The Women's Institute meets the 3rd Wednesday of each month, September - June, at 7 pm in the Club Room of the Community Centre. For more information, please call Thelma Detjen at 250-497-5255.

3 WINDS HAIR DESIGN

Merry Christmas To All!

We wish you a happy, healthy, & prosperous New Year!

NEW WINTER HOURS:

9-5 Monday/Thursday/Friday 10-6 Tuesday/Wednesday 9-3 Saturday

Walk-ins welcome. Time permitting. Monday and Tuesday mornings are best.

837 Main St. Okanagan Falls

250-497-8801

Kaleden Community Women's Weekly Drop-in

Wednesdays 1-4pm at Kaleden Community Church
No Ladies Drop-in for Dec 17, 24 & 31. Resumes on Jan 7.

Come for the afternoon or just drop by for coffee.

Meet & connect with other ladies in your community.

Enjoy friendly conversation, games & crafts.

(Some instruction available on quilting, knitting, crocheting & card making.)

Any Questions? Call Fran at 250-497-7850. No children please.

If you need a ride, please call Meredith at 250-497-6995.

Ladies Auxiliary of Branch #227 Update

with Audrey Steeves

At the November meeting, Louis Sax was re-elected as President for 2015. Also, re-elected was Denise Head as Secretary and Louise Johnstone as Treasurer. Colleen Clark was elected as Vice President. Executive members elected were Helen Brewis and Bernie Diachuk. Immediate Past President is Iris Moldowan. New members initiated into the LA Branch #227 by the President were Eileen Day, Irene Johnson and Patricia McNeilly. Official delegates for the November 23rd South Okanagan & Similkameen Zone meeting hosted by Branch #227 were Iris Moldowan and Bernie Diachuk.

The LA catered a number of events in November; Nov 7th & 21st LA Dinners following the Meat Draws, Nov 8th Aboriginal Vets Luncheon, Nov 11th Remembrance Day Luncheon, and Nov 23rd Zone Meeting refreshments. The LA will also be catering the Community Church Christmas Dinner on Dec 6th.

Help was arranged for the November and December Meat Draws and LA Dinners following those draws. The Ladies Auxiliary Christmas Dinner is on December 1st, with a gift exchange included. Social hour at 6pm with a Chinese Dinner at 7pm. Members may bring one guest. Admission is \$10.50. Members are also asked to bring an up-to-date nonperishable item for the OK Falls Helping Hand Christmas Hampers.

Donations were approved by the members as follows; Branch #227, the Veterans Hospitals, Brock Fahrni, George Darcy, Kidney Foundation, South Okanagan Medical Foundation - Oncology & Diabetes, OSNS, Crime Stoppers, Salvation Army, CNIB, Women in Need, Mini School Society, Okanagan Gleaners, Big Horn Squadron, Helping Hand, SPCA, ECU Hospital, Okanagan Falls Elementary School, Girl Guides, and Village by the Station.

Winners of the meeting draws were Eileen Day and Helen Brewis. We wish all our Auxiliary Members a Blessed Christmas & a Happy 2015.

The Royal Canadian Legion Branch #227

with Barbara Few

December in the Legion is one of getting ourselves ready for Christmas, so a lot of items like entertainment are held over.

A lovely gesture was made by someone which was noticed when we collected the wreaths from the Cenotaph and noticed a beautiful bunch of sweetgrass tied with a leather lace and threaded with poppies had been left. We were so impressed that it now resides in our showcase with a notice telling the date. Thank you whoever left this thoughtful emblem.

A new 2015 Executive has been elected and their names will be included in the next Legion column. I wish them all the best in 2015.

A big date to remember is January 1st, NEW YEARS DAY, following the great success last year we are again holding our event on New Years Day. The party starts at 2 pm (time to nurse any hangovers from the night before!) and entertainment will be provided by TERRI BREMNER AND JEFF BODNER, who are well known to everyone and are always popular. Cold food will be available, and everyone is invited to join the fun. Bring all your friends and family!

May everyone have a Happy Christmas!

Dates to Remember:

Mondays ~ Crib at 1pm

Tuesday & Thursday Afternoons ~ Shuffleboard at 1pm

Wednesday Nights ~ League Darts at 7pm

Fridays & Saturdays ~ Meat Draws at 5pm

Saturdays ~ Drop-in Darts & Pool at 1pm

Sundays ~ Fun Sunday with Hotdogs, Horse Racing & more at 1pm

Tuesday, December 16th ~ General Meeting at 7pm

There will be no Pancake Breakfast or LA meals during December.



Flight Corporal Alicia Thomson (left) and Air Cadet Jacob Gagnon (right) stand guard on November 11th at the Okanagan Falls Cenotaph. Both Okanagan Falls teens are members of the 232 Bighorn Squadron of Royal Canadian Air Cadets. Over 200 people gathered on Tuesday, November 11th for the Remembrance Day Ceremonies, hosted by the Okanagan Falls Royal Canadian Legion Branch #227.

Main Street Consignments

Bedroom Vanity, Corner China Cabinet, Recliner, Loveseat,
Oak Table & Chairs, Headboard & Bedframes,
Washer & Dryer, 200 sq.ft. Floor Tiles, & Much More!

924 Main Street, Okanagan Falls 250-497-8488



The Skaha Lake Girl Guides joined with members of the Okanagan Falls Legion on October 18th for a special Candlelight Ceremony at the Okanagan Falls Cemetery. (Photo courtesy of Lyonel Doherty)



Aboriginal veteran Tim Syrette (left) listens to drummer Herman Edward (right) of the Lower Similkameen Indian Band during National Aboriginal Veterans Day at the Okanagan Falls Legion held on Saturday, November 8th. (Photo courtesy of Lyonel Doherty)



Wondering what to give your family?

Pre-arrange your funeral ...

*It would be the most thoughtful
gift you could ever give!*

"Every life tells a story"



PROVIDENCE

Call Ken 250-492-0713

OK Falls Resident

www.providencefuneralhomes.com

Local Church Directory

Kaleden Community Church

Family Worship ~ Sundays at 10:00 am

Bible Study ~ Thursdays at 2:00 pm at the Church

Christmas Tales with Songs & Stories ~ December 9th at 6:30 pm

Family Games & Crafts Night ~ December 16th at 7:00 pm

Christmas Eve Service ~ December 24th at 7:00 pm

443 Lakehill Rd, Kaleden / Phone: 250-497-5995

Pastor Les Clarke. Church email: kalgarden@shaw.ca

www.kaledencommunitychurch.org - for up to date event info

Okanagan Falls Community Church

Sunday Worship ~ 10:00 am & 6:00 pm

Special Ecumenical Service ~ December 21st at 7:00 pm

Christmas Eve Service ~ December 24th at 6:00 pm

1356 McLean Creek Rd, OK Falls / Office: 250-497-5131

Pastor Ron Crooker ~ Come join us in celebrating God's Love!

Okanagan Falls United Church

Sunday Service ~ 9:30 - 10:30 am

Children are welcome! Coffee and social time to follow service.

Christmas Eve Service ~ December 24th at 5:30 pm

Congregation Led Service with Lessons & Carols ~ December 28th

1108 Willow St, OK Falls / For more info, call 250-497-1171 or visit us at okfallsuc.shawwebpace.ca. New Minister is Wade Lipton.

Our Lady of Lourdes Catholic Service

Mass 11:30 am ~ Sundays, Christmas Day & New Years Day

1039 Willow St, OK Falls / Administrator - Father Neil

Okanagan Falls Contact: Lorraine Harrison - 250-497-8781

St. Barbara's Anglican Church

Sunday Service ~ 9:30 am for 3 Sundays of the month. The 4th Sunday of the month Service at 1pm on Saturday, December 27th.

Christmas Eve Service ~ December 24th at 4:30 pm

Coffee and social time after the Church Service.

1039 Willow St, OK Falls / Incumbent Rev. Rick Paulin - 250-494-0704

All of the Okanagan Falls Churches join together each year for a **Community Gathering for Christmas Carols & Readings.**

This service of lessons and carols will be held at
7pm on Sun, Dec 21st at Okanagan Falls Community Church
Everyone is invited to this Ecumenical Service.



It is with great sadness that we announce the passing of

Tanis McLeod

Of Okanagan Falls

On Thursday, November 20, 2014, Tanis McLeod of Okanagan Falls passed away peacefully at the Penticton Regional Hospital at the age of 84 years. Tanis will be fondly remembered by her loving family, including partner Russ Esson,

children Shirley Chapman and Norman McLeod, two grandchildren Tarah and Shawna Chapman and John Legebokoff. Tanis was born on January 29, 1930 in Glade, BC and relocated to Okanagan Falls in 1970. Tanis loved spending time with family, as well as enjoying gardening and baking.

Credible Cremation Services Ltd. (250) 493-3912

Privileged to have been entrusted with final arrangements for Tanis. Our sincere condolences are extended to the family.

KALEDEN COMMUNITY CHURCH CHRISTMAS EVENTS

497-5995 kalgarden@shaw.ca www.kaledencommunitychurch.org

We hope you can join us in celebrating the Christmas season

Christmas Tales: Songs and Stories from the First Christmas

Tuesday, December 9

Linden Gardens - doors open at 6:30

Cheesecake Café

Tickets \$15.00

Purchase tickets from: Les Clarke (497-5995)

Family Games and Craft Night for the Whole Family:

Tuesday, December 16, 7:00

Kaleden Community Church

Christmas Hayride & Carole Sing:

Check the church website or call

the church for date and time.

Christmas Eve Service:

Wednesday, December 24, 7:00

Kaleden Community Church

KALEDEN CARES

Each year members of the community **donate cash and non-perishable food items** to Kaleden Cares to help families in need at Christmas time.

Please give generously by dropping off food at the Kaleden School, Library, Lakeview Store or Church.

Thank you and Merry Christmas!



Credible Cremation Services Ltd.

Sensible Prices for Practical People - At need / Pre need.

Call **Lesley**, our own Senior Owner & Director

Total - Basic Cremation ... No Hidden Costs

\$990.00 + taxes (Penticton area)

\$1190.00 + taxes (Kelowna area)

250.493.3912 (24 hrs)

101-596 Martin St, Penticton, BC V2A 5L4
www.crediblecremation.com

If Basic Cremation is Your Choice

with Lesley Luff, Resident of Okanagan Falls

Credible Cremation Services Ltd. The first to offer families in the South Okanagan, seamless door to door personal service, at a very reasonable price. 24 hours, 365 days, all year long. No after hours charges.

If a death does occur, be an informed consumer. Call around and ask the difficult questions ... Are there after hours costs, and if so, how much? Is the cremation casket included - if not, what is the cost? Keep a note pad handy and write down all the extra hidden costs. Once you have all the information, do the calculations. Credible Cremation Services can save you hundreds of dollars.

One door. One phone number. One price.

December is here and the festive season will soon arrive, with all the trimmings and anticipation of Christmas. While the holidays bring most families together for the celebrations, and cards from friends past and present bring memories to mind, there are families that have suffered the loss of a loved one. Some were totally unprepared. For them, the holidays will be filled with grief. Another empty chair around the table. Be prepared. Give your family the very best gift of all. Make your final arrangements ahead of time, so they do not have to. Call Lesley at 250-493-3912 for an appointment.

May we extend our sincere condolences to those families who lost loved ones during the past year, and our thanks to all who placed their trust in us.

Peace and Blessings To All



Flowers or Fish Heads?

Send yours to skahamatters@telus.net

(Please Note: Some discretion on content inclusion may be involved.)

Flowers to St. Barbara's Anglican Church for putting on a lovely beef dinner on November 1st. The Silent Auction was a lot of fun and had something for everyone. Looking forward to attending again next year.

~ from Dolly, Diane and Gary of Okanagan Falls

Flowers to Jaynie Molloy (a.k.a My Healing Hands) for her dedication and generosity in looking after the Kaleden Library Garden so lovingly. We all appreciate it!

~ from Renee Martin of Kaleden

Flowers to the Chahil Family. They organized and ran the 3rd annual Kaleden Halloween Dinner and Dance. They did a great job and their efforts were appreciated by everyone who attended.

~ from the many Kaleden Families of Ghosts & Goblins!

Flowers to everyone that got out and voted. Every vote counts. If you have an opinion, then vote. If you don't have an opinion, then you should get one. It was reported that 638 voted for Tom Siddon and 376 voted for Alan Whitman. That is only 1014 who voted in Area 'D'! Where were the rest of you on November 15th? Why didn't you exercise your Canadian Democratic Right?

~ from Mary of OK Falls

Flowers to Lexy Shepherd for standing on guard for an hour at the Okanagan Falls Legion Cenotaph to show respect for the fallen soldier in Ottawa. What a tragedy that was!

~ from Glenda Nuessler

Fish Heads to the Okanagan Falls Business that played Christmas music on Remembrance Day! It was inappropriate and disrespectful.

~ from a concerned resident and business owner who wishes to stay anonymous



Fish Heads to the few lazy people along Alder Avenue in Kaleden that continue to illegally dump their yard waste on the crown land across the street from their properties, instead of using the RDOS Free Yard Waste Pick-up Program

~ from Andrew Brice of Kaleden

Flowers to the Band Shell Committee! (Avery late submission squeezed in here.) "Hurray and Hallelujah, there's a band shell comin' to yuh!!! Funding is secure, building permit applied for, OKFID terms met, contract about to be signed: We are GOOD TO GO!!!"

~ from Skaha Matters

HELP WANTED: Looking to hire a strong youth in the Lakeshore Highlands area, only as needed. On occasion I need heavy lifting, snow shoveling, or other odd jobs done throughout the year. Please contact me at email: bcbflat@shaw.ca Thank You!



Sage Valley Voices presents

"Merry Christmas, Darling"

at the Oliver United Church

Saturday, Dec 6th at 7pm & Sunday, Dec 7th at 2:30 pm

\$10 admission, includes coffee & Christmas baking afterwards



H&M THRIFTEE SHOP

Open Tue/Wed & Fri/Sat from 10-3

250-486-6371

Okanagan Falls Heritage and Museum Place - 1145 Main Street



KALEDEN COMMUNITY CHOIR

No Choir Practices for the Month of December.

Don't worry about whether you can sing or not.

Come join us in January - just for fun!

For more information, call Meredith at 250-497-6995.



Okanagan Falls Helping Hand Christmas Hamper Registration Form

For Residents of Okanagan Falls Area Only

(Skaha Estates to Vaseaux Lake)

Name: _____

Phone: _____

Street Address: _____

of Adults: _____ # of Children (if applicable): _____

Boys Ages: _____ Girls Ages: _____

Deadline Date for Registration:

Friday, December 12, 2014

Hamper Delivery is from 9-1 on Sat, Dec 20th

Request made by: _____

Phone: _____

Send Registration Form To:
Okanagan Falls Helping Hand
P.O. Box 640, Okanagan Falls, BC V0H 1R0
Or place registration form in the drop box
at the Okanagan Falls IGA.



Okanagan Falls Helping Hand Update

with Keray Levant, Helping Hand Chair

2014 will be the 29th year the Helping Hand will distribute Christmas food hampers. Last year 100 hampers were delivered between Skaha Estates and Vaseaux Lake.

Helping Hand is a non profit society, run 100% by volunteers. Your financial support and food donations are the core of the program and your generosity is greatly appreciated. Financial donations can be sent to Okanagan Falls Helping Hand, P.O. Box 640, Okanagan Falls BC V0H 1R0. Tax receipts will be issued for all donations over \$20.

If you are in the need of a hamper this year, please fill out the registration form on this page and drop it in the registration box at the IGA on or before December 12th or mail to the above address.

December Highlights:

"Fill The Van" at IGA ~ Saturday, December 6th from 9am - 3pm

"Gift Tree" at IGA & "Pajama Tree" at Interior Savings

Hamper Delivery Day ~ Saturday, December 20th from 9am - 1pm

If you have any questions or concerns, our contact number is 250-486-2767. Leave a message and your call will be returned.

Quick Facts: 3300 copies are printed and distributed each month. All residents and businesses in Kaleden, Heritage Hills, Okanagan Falls, Skaha Estates, St. Andrews, and Twin Lakes receive an issue via Canada Post on the last business day of each month. 35 locations also carry copies.



Scan QR Code to the left with your smart phone and read any issue of Skaha Matters.

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Reservations Recommended Ph. 250-498-8840

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Ye Olde Welcome Inn Menu



Now Family Friendly!

Appetizers

Eat In or Take Out

Salads

Now Family Friendly!

Basket of Fries	Enough for 2	\$4.50
Onion Rings	A basket full of our flavour	\$4.95
Soup of the Day	Great on a chilly day	\$5.25
French Onion Soup	Served with grilled garlic toast	\$7.25
Chicken Fingers	Served with dip and a basket of fries	\$10.95
Snake Bits	12 jalapeno stuffed chicken pieces served with veggies and dip	\$8.95
Dry Boneless Garlic Ribs	10 ounces of delight! served with veggies and dip	\$8.95
Calamari	Served with Pita Bread & Tzatziki	\$8.95
Veggie Platter	SMALL Carrots and celery with dip	\$4.50
Veggie Platter	LARGE Carrots, celery, cucumber, radishes mushrooms, and green peppers with dip	\$8.95
Munchie Basket	Deep fried chicken wings, chicken strips, shrimp, zucchini, onion rings, and jalapeno stuffed chicken served with fries and dip	\$11.95

Our Dips: Ranch, Plum Sauce, Honey Garlic, Honey Mustard, Sour Cream, Teriyaki, Blue Cheese, BBQ, Hot and Inferno.

Please ask server for your favourite dressing.

Garden Salad	With a meal	\$4.85
	Small	\$5.25
	Large	\$6.95
Caesar Salad	With a meal	\$5.50
	Small served with grilled Garlic Toast	\$7.25
	Large served with grilled Garlic Toast	\$8.95
Greek Salad	mmmmmmmmmm Feta Cheese	\$9.95
Chicken Caesar	Classic Caesar salad with a grilled chicken breast and garlic toast	\$11.95
Salmon Casesar	Classic Caesar salad with wild BC Salmon and garlic toast	\$11.95

Chicken Wings and Sautéed Prawns

10 items: \$8.95 20 items: \$16.95 30 items: \$25.95
40 items: \$33.95 50 items: \$42.95

Non-alcoholic Beverages: Coffee, Tea, Milk, Pepsi, Diet Pepsi, 7-Up, Schweppes Ginger Ale or Tonic Water, Mott's Clamato Juice, Lipton Ice Tea or Cranberry Juice, Soda Water, Sun-Ryoe Orange Juice, herbal tea, bottled water and sparkling water

Burgers

All burgers come on a fresh Kaiser roll with lettuce, pickle, tomato, onion (fresh or sautéed) and your choice of fries, perogies or salad.

Inn Burger	Our own freshly grilled 7 oz. patty	\$9.95
Buffalo Burger	Real Alberta Buffalo!!	\$10.95
Medieval Burger	More than 1/2 a pound of spicy feast	\$11.95
Chicken Burger	A boneless, skinless 6 oz. breast of chicken	\$10.95
Veggie Burger	A meatless patty, dressed to please!	\$10.95
BC Salmon Burger	Wild BC Salmon	\$11.95
Ye Olde Fish Burger	English Style beer battered cod	\$11.95
Add mozza, cheddar, 2 strips of bacon or sautéed mushrooms: \$1.39 each		

Fish & Chips

Our Famous Ye Olde Beer Battered Cod	1 Piece:	\$9.95
Also available grilled, with lemon pepper	2 Pieces:	\$12.95

All Day Breakfast

Ye Olde Breakfast	2 eggs, 4 pieces of bacon, our own hash browns, toast and jam	\$11.95
Steak and Eggs	A grilled 6 oz. aged New York Steak, 2 eggs, toast and homemade hash browns. Add sautéed mushrooms and onions for only \$1.39	\$13.95

We also host group gatherings, weddings, birthdays, anniversaries, Christmas parties, etc. Let us help you make that next special moment memorable!

Entrées

All entrées include your choice of our home fries, perogies or salad with your choice of dressing.

Grilled Cheese	On white, brown or rye bread	\$8.95
The BLT	Loaded with bacon, lettuce and tomato on toasted white or brown bread	\$9.95
Triple Decker	One big sandwich with bacon, ham and tomato	\$9.95
Hot Roast Beef	This sandwich has lean roast beef piled high and smothered in our own gravy	\$10.95
Ukrainian Perogies	With sautéed onions, bacon bits and garden salad	\$10.95
Baron of Beef Dip	Our own roast beef, served au jus with horseradish on the side	\$10.95
Reuben Sandwich	Fresh Corned Beef, sauerkraut and Swiss cheese on grilled Winnipeg rye bread	\$10.95
Bowl of Chili	So good, you'll eat the bowl! Served in a bread bowl with salad	\$10.95

Steak, Seafood and Ribs

Add sautéed mushrooms and onions for only \$1.39!

Medieval Steak	Our spicy medieval beef patty, baked potato or home fries, garlic toast and salad	\$11.95
New York Steak	A grilled 6 oz. aged center cut New York Steak, baked potato or home fries, garlic toast and salad	\$13.95
Steak & Prawns	Our great aged center cut New York Steak with the addition of 5 sautéed prawns, plus baked potato or home fries, garlic toast and salad	\$16.95
Steak & Lobster	A grilled 6 oz. aged center cut New York Steak with a 6 1/2 oz. lobster tail, baked potato or home fries and garlic toast	\$20.95
Chicken & Ribs	Half rack of ribs (8 oz.) and a grilled 6 oz. chicken breast, baked potato or home fries, garlic toast and salad	\$16.95
Rack of Ribs	A full rack of pork ribs with baked potato or home fries, garlic toast and salad. Served with your choice of BBQ, Honey Mustard, Honey Garlic, Teriyaki Sauce or Lemon Pepper	\$16.95
2 Lobster Tails	TWO lobster tails, baked potato or home fries, garlic toast and garden salad	\$26.95

**9 Scenic Kms
South From
Okanagan Falls**

Ye Olde Welcome Inn

Family Friendly ~ All Ages Welcome!

250-498-8840 • Hwy 97 Gallagher Lake

**Chef in until
10 pm Every Day
Including Holidays**

Reservations Recommended Ph. 250-498-8840

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