



SKAHA MATTERS

"Bringing Community Matters To You"

Volume 7 : Issue 8

August
2015

Your FREE Monthly
Community Newsletter

Published by Okanagan Matters Publications

www.SkahaMatters.com

skahamatters@telus.net

250.490.6951

4 Local Wines Awarded For Excellence

On July 21st, four Okanagan Falls wineries were presented with Lieutenant Governor's Awards for Excellence in BC Wines by the Honourable Judith Guichon, Lieutenant Governor of BC. Members of the Consular Corps of BC representing 14 countries were also in attendance to gain knowledge of BC's renowned wine industry.

The 2015 Lieutenant Governor Award recipients are: BC Wine Studio, located at Hawk's Vineyard, for the 2012 Siren's Call Syrah; Wild Goose Vineyards and Winery for the 2014 Mystic River Gewürztraminer; Noble Ridge Vineyard and Winery for the 2010 The One Sparkling; and Blasted Church Vineyards for the 2012 Holy Moly Petit Verdot.

All wineries in BC were invited to submit their wines for judging. This year, 425 wines from 116 wineries were considered by a panel of 9 renowned judges. There were 84 semi-finalists, 30 finalists, and just 14 wines selected as winners. There was no accident these wines won, as every wine was tasted 21 times each by the 9 judges. To have 4 of these 14 winners located right in Okanagan Falls ... perhaps its time for a local wine tour to discover these award winning wines for yourself!



BC Wine Studio - 2012 Siren's Call Syrah



Wild Goose - 2014 Gewürztraminer



Noble Ridge - 2010 The One Sparkling



Blasted Church - 2012 Holy Moly

Quick Facts: 3300 copies are printed and distributed each month. All residents and businesses in Kaleden, Heritage Hills, Okanagan Falls, Skaha Estates, St. Andrews, and Twin Lakes receive an issue via Canada Post on the last business day of each month. 35 locations also carry copies.



Scan QR Code to the left with your smart phone and read any issue of Skaha Matters.



Okanagan Falls residents, Darcey and Nel Godfrey, own Glow SUP Adventures at Sudbury Beach on Skaha Lake. For rentals, lessons and tours, call 250-486-1116 or visit www.glowsupadventures.com.

OKANAGAN FALLS
Winery Association

THURSDAY NIGHT
Consumer and Industry
Social & Wine Tasting

Every week
5:30PM to 7PM

"Meet your Maker"
at the Okanagan Falls Pub & Restaurant

Complimentary wine sampling from 2 featured
Okanagan Falls Wineries each week!



OKANAGAN FALLS
WINERY ASSOCIATION

Q & A session with the winemaker!

Get the skinny on grapes & wine!

Mix & mingle with winery staff!

For a list of featured wineries visit www.OFWA.ca

No admission required, must be 19+



Matheson Creek Farm

A perfect place to experience the freshest fruit you will ever eat.



On Eastside Road
in Okanagan Falls

Opening for the Season!
Thursday, July 30th

Sunrise apples, peaches, cherries,
berries, apple juice, tomatoes,
peaches & cream corn,
and so much more ...

Open Daily from 9:30-6:00

"We invite you to enjoy our farm and fruit stand. Relax under the arbour with a fresh fruit smoothie or a crisp apple, take in the beauty of the area and share with us our love and passion of farming." ~ The Sloan Family

Celebrating 67 years of farming in your neighbourhood!

AUGUST 2015 COMMUNITY CALENDAR

View Online at www.SkahaMatters.com ~ **Event Reminders on Facebook Page!**

Call 250.490.6951 or skahamatters@telus.net

* Event info is included in this issue.



**Get Your Event
on the Community Calendar!**
Free Listing for Local Non-profit Groups.
Advertise Your Business Event Too!

Ultra 520K Event *
Using Kenyon Park Area
5am - 8pm
Faro Reunion *
Sunoka Beach Summerland

Church Services* 2 Kaleden & OK Falls Community Churches 10am OK Falls United Church & Anglican Church 9:30am Catholic Mass 11:30am The Well 6pm	BC DAY! 3 OK Falls Legion #227* Drop-in Holiday Visit 3pm	Summer Reading Club 4 Kaleden Library Only *	Magician Leif David 5 at OK Falls Library * Everyone Welcome! 2:30pm Noble Ridge Vineyard & Winery * Barrels & BBQ Event	Youth & Teen Group 6 KVR Bike Ride * OK Falls Parks & Rec Kaleden Parks & Rec BBQ Buffet Dinner * Thursdays at 1912 6-9pm	OK Falls Legion #227* 7 Meat Draws Fri/Sat 5pm	OK Falls Legion #227* 8 Drop-in Darts Saturdays 1pm
Summer Fun Camps 9 Aug 10-14 & 17-21 OK Falls Parks & Rec BCSPCA Summer Camps for Kids * During July & August	Closing Date for 10 New Rural Services Manager Position *	Summer Reading Club 11 OK Falls Library Only*	What's on 12 Wednesdays? * Kenyon Beach 1-4pm Perseid Meteor Shower White Lake Observatory*	Blood Donor Clinic * 13 Pentiction Senior Centre Aug 12-14 1:30-5:30pm Industry Night * OFWA at OK Falls Pub Thursdays 5:30 - 7pm	OK Falls Hotel's 14 Family Bike Rally * Aug 14-16	Lakefront BBQ 15 Show & Shine * Kenyon Park
OK Falls Legion #227* 16 Funday Sunday at 1pm Hotdogs & Horse Racing	Kids Tennis * 17 Pioneer Park 1-3pm Aug 17-21 Moonlight Movie * Kenyon Park 7pm Concession Opens Movie Starts at Dusk	Summer Reading Club 18 Kaleden Wrap Up Party * OK Falls Lego & Crafts *	What's on 19 Wednesdays? * Kenyon Beach 1-4pm OK Falls Legion #227* Drop-in Darts Wed 7pm	Music in the Park 20 Oliver Bandshell Thursdays 6:30-8pm OK Falls Senior Centre* Thursdays Bridge 1pm & Crib 7pm	OK Falls Senior Centre* 21 Music & Coffee Wed/Fri 9-10:30am	BC Pinot Noir 22 Celebration * Linden Gardens
Kaleden Family 23 Fun Day * Pioneer Park 1-4pm St. Barbara's Church Service at 1pm	Challenge Pentiction 30 Triathlon in Area Church @ the Gardens * Linden Gardens	Summer Reading Club 25 OK Falls Wrap Up Party *	What's on 26 Wednesdays? * Kenyon Beach 1-4pm Pharmasave's Customer Appreciation Day *	Industry Night * 27 OFWA at OK Falls Pub Thursdays 5:30 - 7pm BBQ Buffet Dinner * Thursdays at 1912 6-9pm	OK Falls Legion #227* 28 Meat Draws Fri/Sat 5pm	OK Falls Legion #227* 29 LEGION DAY
September 2015 Special Events Sept 7 ~ Labour Day & Okanagan Falls Seniors Centre General Meeting at 1pm Sept 8 ~ First Day Back To School Sept 15 ~ Kaleden PAC Meeting Sept 18-19 ~ Okanagan Falls Revitalization Phase 2 - "Charrette" Meetings						
Delivery of September 31 Skaha Matters by Canada Post					View Calendar Online at www.SkahaMatters.com The deadline for submissions is between the 15-20th each month.	

Smoking Cheap "Pack" Deals

Your One Stop Shop for All Your Needs!

Falls Market would like to thank all of the local support from all of our customers. We value the loyalty and greatly appreciate it. We continue to strive upon making this "your" local store. Any comments or requests are always appreciated. We will always do our best to accommodate any request.

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Grocery Items • Confectionary Treats • Movie Rentals • Smittys Live Bait



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- New Craft Beer Selection ~ Amazing variety of some of the best breweries in the world.

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Until 10pm!
Thursday
Friday
Saturday**



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**Tom Siddon**

Director of
RDOS Area 'D'



FROM THE DIRECTOR

"Summer Camping Summer Fun!"

As I write this month's column, my wife Pat and I are enjoying a week of camping with four of our grandchildren at the Sorrento Centre on Shuswap Lake. Summer camp has become sort of an annual tradition each year when we "older folks" get to try our hand at "parenting" once again - although we've discovered it's not as easy as it used to be!

Much as we're in the middle of summer there's still lots of interesting things going on in Area D.

Restructuring the Okanagan Falls Office ~ As some of you may have heard, we've decided to reorganize the function and purpose of the RDOS office located in the IGA shopping centre in downtown Okanagan Falls. For the past several years, this office has been largely devoted to promoting economic development under the capable leadership of John Powell, following the closure of the Weyerhaeuser mill in 2007. We're now moving toward a more comprehensive and locally responsive form of service delivery, using the Okanagan Falls office as a "one stop shop" for a range of community programs and services within Area 'D'; these will include matters of land use, community development, seniors services, transit and transportation, tourism, parks and recreation, public safety and other services as needed.

Presently RDOS Human Resources is searching for a well-qualified individual to manage the Rural Services Office in Okanagan Falls. For further information about this position, you should call Ms. Marnie Manders, the RDOS Human Resources Manager at 250-490-4138.

Words of Appreciation to John Powell ~ On behalf of the ratepayers of Area 'D' and all those clients who he has served so effectively these past five years, I offer my sincere words of gratitude to John Powell. John, we all thank you sincerely and wish you well in your future career path.

Parkland Agreement Reached in Heritage Hills ~ As a result of prolonged and complex negotiations, an agreement has now been reached between Vintage Views Developments Ltd and the Regional District (RDOS) to provide a 4.6 acre sized parcel (almost 2 hectares) of land on which to develop a new neighborhood park for the Heritage Hills and Lakeshore Highlands communities. The park purchase agreement was signed by Mr. John Aantjes for Vintage Views on July 15th, and approved by the RDOS Board of Directors on July 16th. It includes the following:

1. A donation by Vintage of a 3.4 acre parcel of land to the immediate East of the present Vintage Views subdivision, including a small riparian area, in exchange for a tax receipt equivalent to the fair market value of the donated 3.4 acre parcel with a number of added improvements (site leveling, top soil, a water line and a constructed concrete sports box).
2. The purchase by the Regional District of an additional .93 acres of potential residential property at the South end of the donated parcel, valued by current appraisal at \$400,000.
3. A lease-to-purchase option for one additional residential lot of 0.38 acres, also to be appended to the proposed park for a lease period of up to 20 years.

The final closing date of the park purchase agreement is on or before December 31, 2015, once a number of precedent conditions have been removed by each party. Funds for the RDOS purchase portion of the agreement will be taken from the recently approved Parkland Borrowing Bylaw No. 2685 and existing Area 'D' park reserves.

My compliments to our CAO, Mr. Bill Newell, to our legal counsel, Mr. Richard Thompson, and to Mr. John Aantjes of Vintage Views for bringing this long-awaited community park a major step closer to reality. I look forward to its future development under the guidance of the Okanagan Falls Parks and Recreation Commission and the residents of Heritage Hills/Lakeshore Highlands.

Update on the Area D-1 OCP Review ~ Thanks to the diligent efforts of our citizens review committee, RDOS staff, and EcoPlan Consultants, we have passed the 2/3 point in preparing a draft report on amendments to the Official Community Plan for Area D-1. The Committee met again on July 23rd for a tour of the DRAO radio-telescope facility at White Lake followed by a discussion of several new subjects including; long-term protection of the radio interference-free zone around the DRAO facility, the possibility of smaller (8 Ha) parcel sizes in Ag-zoned areas, and considerations pertaining to the future development of parks, recreation and trails on the West side of Skaha Lake.

Should you want more information on the status of the OCP Area D-1 review, please refer to: www.D-1update.ca, or call Evelyn Riechert at 250-490-4204.

Governance Study Project Underway ~ The governance review committee recently approved the Terms of Reference and a formal Call for Proposals, for the selection of a well-qualified consultant to assist with the governance review study for Area 'D'. Once the consultant has been selected, the public consultation process will get underway in the early autumn, under the capable guidance of the Committee Chair, Mr. Bob Daly.

Okanagan Falls Revitalization Project - Phase 2 ~ On July 2nd the RDOS Board approved a proposal for Phase 2 of the revitalization planning project for the Okanagan Falls Town Centre. During last year's initial phase, preliminary design options were developed by our consultants, Urban Forum Associates and Counterpoint Communications, in dialogue with the community. The work now moves to developing a more detailed town centre design plan, using a facilitated interactive workshop called a design "charrette". A charrette is a highly effective and integrative workshop in which design happens in real time. A wide range of considerations are discussed by a diverse group of stakeholders over a couple of days, facilitated by urban planning and design experts, and supported by a graphic arts team.

The Okanagan Falls town centre design charrette is being planned for Friday, September 18th and Saturday, September 19th at a location to be announced in next month's column. Although a certain number of participants will be specifically invited to ensure a good cross-section of stakeholder interests, a number of additional seats may be available to interested individuals who may chose to apply by contacting Denise Melenka at RDOS: dmelenka@rdos.bc.ca or 250-490-4215.

Car Show and Motor Bike Weekend ~ If you like classic and custom cars, keep in mind the third annual Okanagan Falls Car Show being held on Saturday, August 15th at Kenyon and Christie Memorial Parks (a "first" at the lakefront). I hope to see you there! For registration information you should call the organizers, Geoff or Grace Walter-Hughes at 250-473-7454. And, don't forget the big Motor Bike Rally, hosted by the Okanagan Falls Hotel, also being held on the weekend of August 14th - 16th. Sounds like its going to be a real "Hot August" weekend in the old town.

Well folks, that's enough of my mid-summer musings. I hope you're all enjoying the warm lakeside evenings and lots of good holiday fun with family and friends.

Sincerely,

Tom Siddon, RDOS Director Area 'D'

Cell: 250-809-2548 // Penticton Office: 250-492-0237

Email: tsiddon@rdos.bc.ca // Website: www.rdos.bc.ca



Linda Larson, MLA ~ Boundary-Similkameen
6369 Main Street, Box 998, Oliver, BC V0H 1T0
Tel: 250.498.5122 Toll-free: 1.855.498.5122
"Your Voice in Victoria!" Linda.Larson.MLA@leg.bc.ca

Monthly Update From MLA Larson

By Linda Larson, MLA for Boundary-Similkameen

As Parliamentary Secretary for Accessibility, I continue to focus on municipal and small-business initiatives that will raise awareness. As I have mentioned before, some communities, such as Sechelt, have active volunteer accessibility committees that are consulted by local governments when new or general maintenance work is being done on local infrastructure. Their job is to put a lens on a project that raises awareness of sight, hearing or mobility issues as it relates to access for all. We have an aging population that will benefit from an accessible-friendly community, and while we don't think about it much from a tourism perspective, there are many travellers who have mobility issues who are looking for accessible-friendly tourism opportunities. I encourage every community to engage its citizens in this worthwhile endeavour.

Congratulations to the Oliver Seniors Centre, which received a community gaming grant of \$25,000 to assist in participation in the BC Seniors Games.

Grand Forks recently received funds through the Build Canada Initiative to upgrade its wastewater treatment facility. The province contributed one-third (\$153,000) to this project that will see wastewater treated to a new cleaner standard before being discharged into the river. Clean water is a priority of our government and projects such as this are critically important to keeping our water safe. It is also great to see that Grand Forks City Hall has been restored after the fire damage and is back in use for the people of Grand Forks.

I recently met with Doug Zorn and the Grand Forks ATV Club to look at the improvements to trails, day use and camping in the Granby and Bluejoint areas that they are accomplishing with the help of a community and employer partnership through the Ministry of Social Development and Social Innovation. The program runs for 28 weeks and has put four individuals to work and is teaching them a set of skills and certification that they will be able to use for future employment. I was impressed with the care of the environment that the Grand Forks ATV Club demonstrates in its activities in this wilderness area. The sustainability of our forests is of prime concern to woodlot managers throughout the province. This is a family-supporting industry that manages areas of our forest in a way that preserves and protects wildlife, as well as the health of the forest itself. I want to thank George Delisle and the Boundary Woodlot Association for inviting me to their recent meeting and lunch hosted by Paul and Sue Adrian in Christina Lake, so that I could hear their concerns and needs for support around this industry.

I attended the Collector Car Appreciation event in Keremeos on July 18th. This year, July 11th was declared Collector Car Appreciation Day and the Province of BC designates the entire month of July to this recognition. The organization held 216 events around BC last year and at every one of them there was a charitable component. In Keremeos, several cartloads of food were collected for the local food bank, and I want to thank everyone for their contributions to charities throughout BC.

Of interest to the South Okanagan will be a tour by the Royal BC Museum. In partnership with schools and museums, a mobile exhibit will be at the Oliver Museum the week of August 3rd and the Osoyoos Museum the week of August 10th. The exhibit in an eye-catching teardrop trailer will focus on species at risk with digital interactive displays providing innovative ways to educate people of all ages on species at risk. This is a pilot program for a three year project, and I encourage you to participate when the exhibit is in your community.

The Osoyoos Desert Society holds its annual fundraising event, Romancing the Desert, on August 8th. This is a unique way to experience a rare piece of our desert ecosystem and contribute to its preservation while enjoying good food and wine in a truly amazing setting. Sometimes events seem to all pile up on one day, and August 8th is one of those days. There is a Lavender Festival in Keremeos at Tree to Me; the official opening of the Border Town Winery in Osoyoos and the second annual Midsummer Night's Dream at Black Hills Winery in Oliver. The organizers of all these special events are to be commended for providing for locals and visitors alike an incredible variety of activities for us to enjoy.

Enough cannot be said about the fire danger to all of BC this season. While we in the South Okanagan, Similkameen and Boundary areas are not strangers to dry conditions, we all need to exercise extreme care if we are out enjoying our wild spaces. Understandably, the control of Mother Nature with lightning, etc., is outside our realm, but too many fires are human caused. We also have hundreds of homes on the fringe of our forested areas, and while communities like Anarchist Mountain are fire smart, many private-property owners have allowed flammable materials to accumulate around their homes, posing an even greater risk for fire. Please make an extra effort to be fire aware and have a fire escape plan for you and your family.

And finally, I encourage everyone to take time to be a tourist in your own town this summer.

Penticton Regional Transit Peach Festival Service



Effective **August 5–9, 2015**

- ▶ Additional later service and routing on **5 Main Street**
 - last bus leaves Peach Festival site at 11:38 pm
- ▶ Temporary bus stop at Okanagan Lake Park

Visit **www.bctransit.com** for a pdf schedule and route map.

City of Penticton



Kaleden's Kerry Muller & Gord Schellenberg
(and Barkley) are the

New Kaleden General Store Owners!

Thank you to the Kaleden residents for welcoming us!

Now Open 8am - 8pm Daily!

334 Lakehill Road in Kaleden

778-515-6006

kaledengeneralstore@shaw.ca

Get Your Fresh Baking ~ Pies, Muffins & Cookies!

Okanagan Falls Irrigation District News

with Bob Daly, OFID Chair

Water Conservation ~ With the long, dry hot spell that we have been having, it is important for each of us to reduce our water consumption. Adhering to the May 1st to September 30th watering restrictions for lawns and gardens is crucial. In addition, check our website at okanaganfallsirrigationdistrict.ca for water restriction information and for many water saving tips. Our staff are monitoring well levels on a daily basis.

OFID 2014 Annual Water Report ~ You can find our 2014 Annual Water Report on our website.

Water Shut-Offs ~ Do you know where your water shut-off at the street is located? It is sometimes necessary for a homeowner to shut off water to his or her house in order to do plumbing work. In many cases, these valves have been covered during paving or landscaping, resulting in much frustration and expense for homeowners and the Irrigation District. Home owners are responsible for knowing where their shut-off valves are located. If you don't know, contact the Irrigation District Office, and we will do our best to help you.

OKANAGAN FALLS IRRIGATION DISTRICT

1109 Willow Street | P: 250.497.8541 | E: ofid@telus.net

Office Hours: Tues/Thurs 8:30 - 4:30 (Closed 12-1)

www.okanaganfallsirrigationdistrict.ca

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Information Centre Update

with Barb Aschenbrenner,
Information Centre Manager

Promoting Local Businesses ~ Well, another month has past us by and we have seen visitors from all over. We even have had some people in who are thinking about relocating to our beautiful little town. They are asking all kinds of questions ... what do we have to offer, things to do, what kind of stores do we have, etc. We direct them to our shelf unit in the centre that promotes Okanagan Falls and it's businesses. So, to all our businesses in town, if you want to be promoted please bring in your brochures and business cards.

We also promote our new bus system that now gets our residents to Penticton numerous times a day. And speaking of the bus, I would like to let the bus drivers know that your considerate driving by pulling over and letting the cars pass is greatly appreciated.

How did Skaha Lake get it's name?

- On Anderson Map 1867 it was called "L. du Chien" (Dog Lake).
- On Trutch Map 1866 & 1871 it was called "Du Chien L."
- On BC Map 1915 the official name was "Dog".
- On October 6, 1930, it was officially changed to "Skaha".
- However, the Okanagan First Nations say "Skaha" is not their word for 'dog', but for the Shuswap Tribes it is. The local word for 'dog' is "chokowapee" or another spelling is "kaekuwapa". In fact, the local meaning for Skaha Lake is actually "Horse Lake".

The maximum length of the lake is 7.3 miles. The maximum width is 1.4 miles. The lake covers 7.6 square miles, with an average depth 87 feet and a maximum depth 186 feet. There are beautiful beaches both ends of the lake, so get out there and enjoy the rest of the summer!



KALEDEN PUBLIC NOTICE

EFFECTIVE IMMEDIATELY ~ The Province of BC has requested all water users to voluntarily reduce their water consumption by 30%. The Okanagan Valley is at Level 3 Drought Status, and Level 4 is anticipated. Kaleden's water supply is in good shape, but communities are being asked by the Province to do whatever they can to reduce consumption, specifically those with licenses on surface water sources like ours (Skaha Lake). Although water levels of Skaha Lake seem unchanged, the Kaleden Irrigation District supports the Okanagan Basin Water Board in terms of "One Valley, One Water". **The District currently has STAGE ONE water restrictions in place, watering is permitted from 6am to 10am and from 7pm to 11pm, STAGE TWO will be implemented if we cannot meet the requested reduction in consumption by the Province.**

CONSERVATION ENFORCEMENT ~ Over the past few years, the District's approach to conservation has been that of an educational one, rather than strict enforcement. However, the Board of Trustees feel that the days of being lenient to violators of the District's policies are coming to an end. Currently, if you are found to be in violation of conservation measures, the District will issue a 24 hour notification of shut-off, and you will be charged a **\$100 fee** to have it turned back on. The Board requests that you contact the District office, or a trustee, anonymously if you notice any violators. **AGRICULTURAL USERS (with Farm Status Designation):** We ask that you water **ONLY** your crops, and not the landscaped areas of your property **during the restricted times (10am to 7pm)**. If you require consultation or advice on how to reduce your water consumption, please visit our website at www.kaledenirrigation.com or contact the District office.

Contact Information ~ Kaleden Irrigation District, 119 Ponderosa Ave, PO Box 107, Kaleden, BC V0H 1K0. Ph & Fax 250-497-5407. Email: K.I.D@shaw.ca. Staff: Michael Snair, Superintendent; Cheryl Halla, Finance/Admin. Trustees: Michael Gane (Chair) 250-497-5674; Steve Arstad 250-497-5415; Sam Hancheroff 250-497-5878; Bruce Shepherd 250-497-8450; and Diana Macdonald 250-497-7001.

The District encourages the residents of Kaleden to support our community and our local neighbouring communities by conserving water during this current Drought Crisis. At this time we would like to thank all those residents who embrace water as our greatest resource and strive to be a conservationist ...

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Skaha Estates Improvement District

Important Message to the Residents of Skaha Estates!

with Don Allbright, Manager S.E.I.D.

Skaha Estates Improvement District has encountered a serious problem with the intake line. We are trying to get through the summer season without further problems. We are finding some homeowners that are watering when they are not supposed to. Please only water on your allotted day. Also, remember there is NO watering between the hours of 1 pm to 6 pm daily for every home. If the intake line should fail, we will have NO water period. The district will warn homeowners not abiding by the regulations, then turn the service off at the property line. Please help us with these water restrictions. Any questions, please call Don Allbright at 250.497.5688.

The Board of Trustees thank you in advance for your full cooperation.



Governance Study For Electoral Area "D" Kicks Off

In November 2014, the Minister for Community, Sport and Cultural Development approved a governance study for Electoral Area "D" within the Regional District of Okanagan-Similkameen (RDOS). The purpose of the study is to review and consider methods of improvement of local governance in Electoral Area "D", which is a widespread region, encompassing the communities of Upper Carmi, Heritage Hills, Skaha Estates, Okanagan Falls, Kaleden and Apex and the surrounding areas.

The RDOS has appointed a Governance Study Committee made up of various individuals who live, work and invest in Electoral Area "D". The Committee, working with a consultant, is responsible for the management and oversight of the governance study process. Committee members are: Bob Daly - Chair, Doug Lychak, Tamara Browne, Leslie D'Andrea, Navid Chaudry, Larry Kenyon, Myleen Mallach, Gerry Stewart, Eleanor Walker, Sam Hancheroff, Tom Siddon (ex-officio), and Tom Styffe (ex-officio).

A Request for Proposals to retain the consultant was posted on July 9, 2015, and completion of the study is expected by Fall 2016.

The governance study places a great deal of importance on public consultation with one of the main goals to engage Area "D" residents and property owners in discussion about community issue and local governance. There will be considerable opportunity for Electoral Area "D" residents to provide input throughout the process.

The focus of this governance study is the consideration of improvement of governance and service options within the context of the Regional District, and should not be confused with an incorporation study.

Interested public can stay informed and check out the progress of the Electoral Area "D" Governance Study by coming out to meetings of the Committee, attending public engagement events or by visiting the Committee's webpage www.rdos.ca then click on Electoral Area "D" Governance Study. The Committee will next meet in mid-August 2015 to select a consultant and develop a consistent schedule of meetings.

Celebrating Canada Day & Our Flag

What great Canada Day celebrations in our communities! It was so fitting to see the 50th Anniversary of the Canadian Flag celebrated by permanently raising the flag in both Kenyon Park and Pioneer Park.



L - WI serving cupcakes. Middle - OK Falls Legion Colour Party. L - Flag Raised Proud!

Lakehill Road Walkway Grand Opening

The RDOS is pleased to announce the completion of the Lakehill Road Pedestrian Walkway. The 2km paved walkway provides a safe walking and biking route for pedestrians down Lakehill Road between Highway 97 and the Lower Kaleden Lakeshore. The access to recreational amenities, including the KVR Trail, offers rich opportunities for outdoor activities that contribute to physical and mental health.

The new walkway encourages people to be active and is accessible to a wide range of users; allowing school children, young families and retirees to move around easily within their neighbourhood. Active transportation improves individual health and the health of our communities by cutting down on greenhouse gas emissions, reducing air pollutants, noise pollution and congestion. By choosing to use the walkway, individuals are also causing less wear and tear on the roads and increasing their contact with their neighbours and community.

This \$600,000 project was made possible thanks to \$300,000 from both the Federal Gas Tax Fund and the BC Ministry of Transportation.



L - Fred King, Kim Denis, MLA Larsen & Director Siddon. R - Fred King enjoying the new walkway.

Kraze Legz *What is there to do at night?*
Vineyard and Winery



Experience an August evening wine tasting
call 250 497-6957 to book

The SKAHA Vineyard series extends the award winning portfolio of red and white wines handcrafted by Kraze Legz Winery.

Tasting Room Open Daily 10 am - 6pm May 1st - Oct 15th

info@krazelegz.com

111 Fir Ave, Kaleden BC

www.krazelegz.com



Employment Opportunity Area "D" - Rural Services Manager Community Services Department

The Regional District of Okanagan-Similkameen is seeking an Area "D" - Rural Services Manager. This position is based in Okanagan Falls, BC and is responsible for liaising with the human resources committed to Area "D"; for facilitating all Area "D" community initiatives; identifying and fostering development opportunities; securing funding for Area "D" development activities and programs; ensuring public input into development plans and projects; and administering and monitoring community empowerment initiatives. The successful incumbent will supervise recreation, administrative and tourism office personnel to ensure community goals and requirements are met.

For more information on this opportunity, please visit: <http://www.rdos.bc.ca/departments/human-resources/careers/>

The closing date for this competition is 12:00 pm (noon) on Monday, August 10, 2015.

Heritage Hills / Lakeshore Highlands Homeowner's Association Finally Gets It's Neighbourhood Park

By Doug Lychak, President

Heritage Hills/Lakeshore Highlands Homeowner's Association

On Thursday, July 16th, the RDOS Board formally approved the transfer of lands agreement with developer, Vintage Views Developments Ltd (Johnny Aantjes). The arrangement includes a donation by the developer of a portion of the lands, a purchase of a portion of the lands from the developer and a rent-to-purchase of a portion of the lands comprising the park.

The Executive Board of the Homeowner's Association would like to sincerely thank our Parks Committee, chaired by Ron Obirek, and those involved in the successful negotiations and conclusion of this transaction - Director Tom Siddon, CAO Bill Newell and his staff, and developer Johnny Aantjes.

Director Siddon supported the Association's request for a park from the very outset and has been instrumental in achieving Okanagan Parks & Recreation Commission and RDOS backing for the acquisition of this parkland.

Our Association has been working on getting a park for this neighbourhood for the last 5 years and now looks forward to working with the RDOS staff and the Parks & Recreation Commission on a long-term plan for development of the park. We have also worked with the Subdivision Approving Officer, Ministry of Transportation and Infrastructure, to establish an emergency egress road through Vintage Views, which has now been accomplished as part of this subdivision plan approval.

Many residents have expressed interest in walking trails, a playing field, sports box, washrooms and considerably upgraded water feature. All of these and other thoughts and ideas will be considered when developing a plan for the park.

A park was promised to the purchasers of lots in this subdivision over 30 years ago and now, after 5 years of hard work and lobbying ... it is a reality!

Our hope is that this park becomes a focal point for enjoyment for all residents of Heritage Hills, Lakeshore Highlands and Vintage Views/Chadwell Place. We look forward to existing and future members of our Association coming together in September at a meeting/celebration to help plan our park.



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Reduce Water Use By 30%

In response to dry conditions, the BC Government extended its Drought Response Level 3 to include all the Okanagan as of Wednesday, July 15th, due to concerns for fish stocks resulting from observed low stream flows and warming water temperatures. Additionally, angling has been suspended in all streams and rivers throughout the South Okanagan, which includes all streams and rivers in the Similkameen drainage.

What does "Level 3 Drought" mean? A Level 3 means conditions are becoming very dry. Potential serious ecosystem or socio-economic impacts are possible or imminent, or impacts already occurring. Emphasis continues to be on voluntary conservation but increased water restrictions may be imposed by water service providers.

What can we do to help? The RDOS is asking all residential, agricultural and commercial users of water across the District, on both private and public water systems, to reduce their overall water consumption by 30%. This voluntary reduction may prevent the need for further mandatory restrictions in the future.

Observe how much water you use in a day and then look for ways to reduce consumption. Make it a family, neighbourhood or personal challenge to reduce usage, make water work and re-use water creatively. We can make a difference and continue to have enough water for all. Residents can visit www.rdos.bc.ca/departments/public-works/water-systems/water-conservation/ for more conservation tips.

What is the RDOS doing in response to the Provincial statement? The RDOS is closely monitoring water usage in the public water systems operated by the RDOS and is observing an increase in consumption compared with the last 5 years of data. Also, the RDOS's Parks and Recreation Department has reduced irrigation usage in all of the RDOS parks by 30%.

For further information, please contact, Public Works Manager, Roger Huston at 250-490-4103 or info@rdos.bc.ca.

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Youth & Teens Group KVR Bike Ride Thursday, August 6th

Starts at Kenyon Park in Okanagan Falls.

Join in at Pioneer Park in Kaleden.

Heads to Penticton on KVR Trail.

Destination is the Sand Castle Competition at Skaha Beach in Penticton during Peach Fest.

Includes treats along the way and van ride home.

All Fitness Levels Welcome. Bike & Helmet Required.



Sign Up & Times
250.497.8188



SPECIAL NOTICE

Saturday, August 1st
5:00 am - 8:00 pm

Once again, over the August long weekend, the South Okanagan and Similkameen will play host to one of North America's most challenging endurance events: Ultra520K Canada. The organizers of Ultra520K Canada would like to give notice to all the residents of the Kenyon Park area of Okanagan Falls that at the time and date above, 8th Avenue and Kenyon Park will be used as the Day 1 Finish Area for the Ultra520K Canada Triathlon Championships.

This year's race features 25 athletes hailing from 11 different countries including Canada (5), United States (7), Australia (1), Spain (5), Singapore (1), Ireland (1), England (1), Japan (1), Kazakhstan (1), Mexico (1), and Guatemala (1). The field consists of 6 women & 19 men. Day 1 (Aug 1) begins with a 10km swim in Skaha Lake from Penticton to Sovereign Road near Okanagan Falls. After which, athletes complete a 149.8 km bike ride through the South Okanagan, over the Richter Pass, and ending back in Kenyon Park in OK Falls. As this will necessitate the set-up of a Finish Line Structure and a clear path for the athletes to enter and cross the finish line, as well as increased traffic and parking demands by the crew vehicles, we ask that you please avoid driving and parking on that portion of 8th Avenue adjacent to Kenyon Park behind the shopping plaza on August 1st.

Organizers will be closing 8th Avenue for set-up at 5am on Saturday, August 1st and we would ask that residents have their guests park in other areas and leave as much area as open as possible along 8th Avenue. PLEASE DO NOT PARK OVERNIGHT from Friday, July 31st to Saturday, August 1st, as vehicles may be blocked in by the set-up. The organizers are working with OK Falls Parks & Rec to minimize any inconvenience to residents and guests of Okanagan Falls. We encourage everyone to come and cheer on these extraordinary athletes undertaking one of the toughest races in the world.

We expect our first athlete to arrive at the Day 1 Finish at approximately 1:30 pm. Our final athlete must complete by 7 pm and we fully expect to vacate the area by 8 pm. We also ask that people please keep their pets under control for the duration of the event for the safety of your pets and the athletes.

Please Note: The Swim Portion starts at 6:30 am at Skaha Beach in Penticton and finishes at 12 pm at the Sovereign Road boat launch at the South End of Skaha Estates. Banbury Point and Ponderosa Point areas are used as sighting points and swim areas for the race. Please be aware of swimmers and their escort crafts during the race time frame and please use Skaha Lake with Caution. Your cooperation is greatly appreciated.

Live streaming of selected portions of the event can be viewed at www.ultra52kcanada.com. Shaw Cable has been instrumental in providing the appropriate connections to make the streaming possible.

The local community has been incredibly supportive of this event, most notably the IGA in OK Falls, Jack Kelly Coffee, The Bike Barn, District of Summerland, Town of Princeton, OK Falls Parks & Recreation, Speedo, Hammer Nutrition, Hoodoo Adventures, Peach City Runners, Impact Canopy, Black Iron Grill and Cannery Brewing.

For further information on Ultra520K Canada, contact Race Director Steve Brown at 250-809-1798 or visit www.ultra520kcanada.com.



Aug 5th - OK Falls Library Presents:
Leif the Magician 2:30 pm



August 12th - Make your own drum and join the Drumming Circle 1:00-3:00pm

Aug 19th - Build It! Forts, Lego and More
12:00 - 3:00pm



BBQ

August 25th - Community Barbeque 12:00-2:00 pm
Smokies, hot dogs and popcorn (small fee)



For more information about the events you can contact OK Falls Parks and Recreation - 250 - 497 - 8188



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By Kim Denis, Kal-Rec Commission Member

Mark your calendars for the next **Kaleden Family Fun Day** to be held on **Sunday, August 23 from 1-4 pm!** This year will see the annual water brigade, as well as crafts and games and other fun activities. Grab yer eye-patches and yer parrot ... and start planning your Pirate costume.

Please be advised that there has been a call for a 30% reduction in water consumption due to dry conditions. Because of this, the RDOS's Parks and Recreation Department has reduced irrigation usage in all of the RDOS parks by 30%.

Residents are also being asked to voluntarily reduce and conserve as well. For conservation tips please visit the RDOS website at www.rdos.bc.ca/departments/public-works/water-systems/water-conservation.



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A: BECAUSE THEY ARRRRRRR....**



SUNDAY AUGUST 23RD

1:00-4:00 PM

Kaleden Fire Department Presents:

Annual Water Brigade 'Buccaneer' Challenge

*Bounce Houses and Balloon Twisting

*Prizes for best outfits and riddles

*Crafts and Games, including 'Chuck-a-Fish'



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**KVFD August Tip:
Exercise and the Heat!**

Summer is a time when many people are more physically active. We are swimming, biking, boating, hiking, etc. When you exercise in hot weather, keep these precautions in mind:

- Pay attention to weather forecasts and heat alerts. Know what the temperature is expected to be for the duration of your planned outdoor activity.
- Get acclimated. If you're used to exercising indoors or in cooler weather, take it easy at first when you exercise in the heat.
- Know your fitness level. If you're unfit or new to exercise, be extra cautious when working out in the heat.
- Drink plenty of fluids. Dehydration is a key factor in heat illness. Help your body sweat and cool down by staying well-hydrated with water. Don't wait until you're thirsty to drink fluids.
- Continue to have a fun, safe and healthy summer!

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Health Care in BC, can it be improved?

By Dr. Tamara Browne, Naturopathic Physician,
Licensed & Registered by the BC Ministry of Health



Much debate surrounds the question of which system of health care delivery best serves a community. With a wide variety of needs and expectations, the challenges to meet all of these needs is great. All health care providers feel the frustration at one time or another of trying to best help patients optimize health and diminish risks of illness within the confines of the system they work in. And, the Ministry of Health feels the frustration of trying to keep health care costs down to maintain a sustainable, lasting, quality medical system.

I have been putting much thought into this topic lately, because of the increasing frustration reported to me from patients who feel that their needs are not being met. Whether it is long wait times for specialist visits or procedures, or the lack of choice in health care options, the problem seems to be growing. After 20 years in practice, these issues are not new to me. In fact, I became a Naturopathic Physician for this very reason. It was obvious to me from the start that although in BC we are very fortunate to have a dedicated, modern, accessible health care system, it is not without flaws. Currently, the Ministry of Health has identified the main problems and is examining ways to better deliver quality health care to the citizens of BC. The Select Standing Committee on Health (SSCH) chaired by our local MLA Linda Larson, tasked with solving these issues, is reviewing submissions from concerned citizens and organizations, and will be developing recommendations to the Legislature for improvement in the health care delivery system in BC.

The goals of the committee and the Ministry of Health are valid and well intended; *to lower health care costs and improve the health of British Columbians*. The goals of Naturopathic Physicians are, and always have been the same; *to lower health care costs and improve the health of all citizens*. Yet, ironically, we are being largely ignored. NDs find and implement scientifically based methods of healing that are largely non-drug based. The SSCH has identified that over prescribing drugs is a major problem and that in BC we could avoid \$2 billion in health care spending annually by addressing this problem and focusing more on prevention. In fact, it has been identified that prescriptions for drugs rose 80% from 1999 to 2009. It has also been identified that the BC health care system is fragmented leading to an estimated 25% of the budget being wasted to inefficiencies. Naturopathic doctors are experts in evidence based, scientifically proven methods of prevention and the use of non-drug therapies, plus we believe strongly in integration of health care services (leading to less fragmentation). These methods are proven to both save money and improve the quality of life of patients.

I bring this to the public's attention in an effort to inform you (the recipients of health care) about the processes that affect you all. You can make a submission outlining your concerns to the Select Standing Committee on Health and have your voice heard. It appears that the BC Ministry of Health is on the right track with identifying the key issues that trouble our health care system. Implementing change, however, is never simple. The more public input they receive regarding these issues the better fortified they will be to institute meaningful change.

I urge you to get involved and have your voice heard if you too wish to see positive change in our health care system. You can contact the SSCH and read the findings at:

Select Standing Committee on Health, c/o Parliamentary Committees Office, Room 224, Parliament Buildings, Victoria, BC, V8V 1X4. Phone: 250-356-2933 (collect) or 1-877-428-8337 (toll-free). Fax: (250) 356-8172. Email: HealthCommittee@leg.bc.ca

For more information, visit www.leg.bc.ca/cmt/health/about.asp.



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Dr. Tamara Browne, Naturopathic Physician

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An Okanagan Falls Healthy Communities Special Feature

Making the Healthy Choice ... The preferred Choice!



Kids Yoga in Kenyon Park

Close to 50 kids showed up for the "What's on Wednesday" program in Kenyon Park on July 22nd. The theme was Yogi Kids. Yoga instructor Tammy Semple led the group through a Yoga class after giving a little Yoga history lesson. Above is a one-legged downward dog pose. Tammy will be offering a Kids Yoga program in Okanagan Falls starting in October. Nice to see so many kids choosing a healthy activity!

If there is someone or something you would like to see honoured for healthy choices, email info@okfalls.net or call 250-497-8188.



Are you over 50? Just \$15/yr to join!

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Perry Tompkins, Pharmacy Mgr

Live Well HEALTH TIP

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Insect Bites ~ With summer in full swing, many of us are spending our days outdoors, bringing us in contact with different types of stinging and biting insects: bees, hornets, wasps, flies, mosquitos, spiders and increasingly, ticks.

Thankfully, most symptoms of insect bites are mild and localized and can be managed by promptly removing any stinger (by gentle sideways scraping motions, rather than grasping) and applying a cold compress for 15 minutes every hour for several hours to limit swelling. Thereafter, any continued swelling, persistent itch or redness can be treated with 0.5% hydrocortisone cream applied 3-4 times daily for several days, with or without oral antihistamines such as Benadryl. Pain or burning can be treated with oral pain killers such as Tylenol or Advil. Calamine or Pramoxine lotion may also be helpful to alleviate itch. Typically these bites heal within a week or two and its important to avoid repeated scratching, which can break skin resulting in delayed healing and can lead to secondary skin infections.

Sometimes, however, insect bites can produce more serious complications and require medical assessment. Living in the South Okanagan occasionally brings us in contact with the brown recluse spider whose bite is reported to produce tissue mortification and/or secondary infection and occasionally causes vomiting, muscle cramps, headache, fever and weakness. Likewise, ticks, which have been said to be increasing in number along the American border, occasionally carry and transmit Lyme disease, which can lead to serious long-term complications. The early stage of Lyme disease often produces a rash resembling a bullseye and the appearance of this rash warrants immediate medical assessment.

Fortunately, the most commonly encountered insect is often the least dangerous, with a few relatively exotic exceptions. Of course, I'm referring to the mosquito. Mosquito bites can be treated as described above and 25-30% DEET remains a safe and effective repellent for prevention. Here's hoping your summer is bite free and visit our website for more health and wellness articles at www.isit4real.info. See you in September!

"Walking with a friend in the dark is better than walking alone in the light." ~ Helen Keller

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RCMP Community Report



Reporting Crimes in your Neighborhood

Recently Supt Kevin Hewco and I attended community meetings in Kaleden and Okanagan Falls. The meetings were held to give the community an opportunity to discuss policing in their communities and to get an update from Supt Hewco in regards to crime trends and initiatives that were being implemented to address various trends and concerns. Certainly everyone would like to see more preventative patrols and police presence in their communities and it is certainly something that Supt Hewco and the Detachment is committed to do, based on resources and priorities. Those in attendance learned that the number of rural resources for policing their communities and others in the area around Penticton is not always sufficient to meet all demands for service. As such, police have to prioritize what and when they attend certain requests and calls. Unfortunately, the police cannot always attend every single request for service due to a variety of circumstances at any given time. However, this does not mean that you should not report crime or suspicious activities that occur in your neighborhood simply because you feel the police are too busy, or won't attend, or there is nothing they can do for you. Ultimately, the police need to know what crime is occurring and where and when it is occurring, so that we can better plan and implement strategies and/or enforcement to reduce and eliminate the crime. It may be that we need do some education, some enforcement, targeting or any combination to deal with the concerns, but we can only do this if we know about it in the first place. We employ a Crime Analyst at our Detachment for the region. This person reviews all reported crime and organizes it into types of crime, high crime areas, similar fact crimes, methods and suspects. This information is shared with other Detachment crime analysts as we all know criminals travel and this sharing of information helps us to develop profiles to track and catch those responsible. We have access to computer programs that can



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certainly assist us in cyber tracking and solving crimes, but it is all dependent on the information that the residents provide the police on crime, suspects and activities that are occurring in their communities. Crime Stoppers is a great way to report crime and suspicious activities if you want to remain anonymous, but want the police to know what is going on in your neighborhood. Any contact with Crime Stoppers via a phone call, a text tip or a web tip is all received anonymously by Crime Stoppers. Some people at the meeting thought that with "call display" that if they called Crime Stoppers their identity would be revealed in the call display and thus no longer would they be anonymous. As the coordinator of the South Okanagan Similkameen Crime Stoppers program, I know we do not use or subscribe to call display. Your calls, texts and web messages are routed anonymously to the appropriate Crime Stopper program and you are known only by the Tip number that is generated and given to you when you call Crime Stoppers with your information. I can reply back to you on text tips, but only through our anonymous server and I have no idea who I am talking with or the phone number I am replying to. Crime Stoppers goes to great lengths to ensure you remain anonymous, as that is what the program is based upon. So, if you want the police to be in a position to better serve and understand your concerns, you need to let us know what is happening in your neighborhood or to you. While at times police may not need to or be able to attend, the information will be recorded and your little bit of information when added to other bits of information could help solve a crime or issue that otherwise would not have been solved.

Rick Dellebuur, Crime Stoppers & Community Policing Coordinator
Direct: 250-490-2374 // CrimeStoppers: 1-800-222-8477 or sostips.ca



**2nd Annual
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Hawk's Vineyard Grand Opening Event

The Grand Opening of "Hawk's Vineyard", located at 2434 Oliver Ranch Road in Okanagan Falls, took place on Saturday, July 18th. The event started off at 2pm with something you don't see everyday, a World Class Arm Wrestling Competition with our 18-time Canadian Champion Dall'Antonia competing. From 5-8pm, the atmosphere completely changed as live music was echoing from The Hollow Amphitheatre, featuring Mary Zilba, one of the main cast members of The Real Housewives of Vancouver, who performed with her son, along with Canadian violin sensation Rosemary Siemens and saxophonist Eli Bennett. The evening included wine tastings and an a la carte BBQ dinner. What a beautiful summer evening celebration! Hawk's Vineyard is owned by Stephen Carter, who purchased the 30 year old vineyard in 2012. He's been busy renovating it ever since, adding in a winery, tasting room, as well as an outdoor amphitheatre to host special events. Hawk's Vineyard is also home to the BC Wine Studio and winemaker Mark Simpson, who recently received a 2015 Lieutenant Governor's Award for his "Siren's Call Syrah".

For wine tastings by appointment, please call 250-497-8778. For more information, visit www.hawksvineyard.ca and www.bcwinestudio.ca.



Winemaker Mark Simpson



Grand Opening Event Entertainment



The Best of BC Pinot Noir

On Saturday, August 22nd, the 3rd annual BC Pinot Noir Celebration will see 26 of the province's best pinot noir producers delight the palates of more than 250 guests at the Linden Gardens.

Meyer Family Vineyards' winemaker Chris Carson had experienced varietal celebrations in other corners of the world. Igniting the spark, in 2012 he proposed the idea to proprietor JAK Meyer, alongside Luke Smith of Howling Bluff Estate Winery and Tantalus Vineyards winemaker David Paterson. It didn't take long for the visionaries to imagine what could be, and start planning.

The inaugural celebration event in 2013 was hosted at Okanagan Falls' Meyer Family Vineyards where 120 guests enjoyed 13 wineries' pinot noirs. Then in 2014, the event moved to Tantalus Vineyards in Kelowna with 16 wineries participating and 160 attendees. This year's event represents the most ambitious year yet. The wineries were selected by blind tasting by the Vancouver Chapter of the Canadian Association of Professional Sommeliers (CAPS).

Guests will enjoy a Summerhill Pyramid Winery sparkling wine reception with international guest speaker, Decanter Magazine editor Steven Spurrier, followed by breakout sessions alongside the pinot noir winemakers. Always popular, the blending session offers guests a chance to experience the making of pinot noir. Following will be a garden tasting salon paired with a canapé competition with celebrated Okanagan Chefs Chris Van Hooydonk, Alex Sielmann and Jason Leizert, and Calgary chef Dilan Draper. Capping off the evening will be a family-style dinner feast prepared by Artisan Culinary Concepts, paired with pinot noirs, accompanied with live music by the Young'uns. Visa Infinite and the BC Wine Institute proudly sponsor the BC Pinot Noir Celebration. A sell-out event each year, tickets can be purchased on the website at www.BCPinotNoir.ca. The \$175 ticket includes a shuttle service to and from select locations. Cheers to BC Pinot Noir!



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Okanagan Falls Lions Update

with Michael Livingstone, President

The members of the Okanagan Falls Lions Club are busy preparing to serve breakfast and lunch at the Shriner's Show & Shine on Saturday, August 15th. The show will be down at Kenyon Park in Okanagan Falls. Now, this is a great time to plan to visit the park! Enjoy all the antique cars, talk to the owners about their cars, enjoy music and a meal, all while enjoying a summer outing in the park. Join us for Breakfast at 8:00 am and Lunch starting at noon.

Some of the members of the Okanagan Falls Lions Club also volunteer their time to other groups. One example of this is donating their time to Canadian Blood Services at the Blood Donor Clinics. They remind you that a donation of blood can save a life. These members work hard at this life saving event and hope for a good turnout at the next Blood Donor Clinic being held on August 12, 13 & 14 at the Senior Centre in Penticton. Remember, *"It's in you to give!"*

The Lions Club hopes that everybody has a safe and enjoyable summer as you travel on our roads in this great country and province. Please be safe and courteous out there to ensure that everybody gets home safely.



Blood Donor Clinics

August 12, 13 & 14

1:30-5:30 pm - Penticton Seniors Drop-in Centre
2965 South Main Street in Penticton

To donate BY APPOINTMENT, call 1-888-2DONATE
OR www.blood.ca *It's in you to give!*

Okanagan Falls Helping Hand Providing Christmas Food Hampers For Those In Need

with Keray Levant, Helping Hand Chair

Okanagan Falls Helping Hand held its Annual General Meeting in early July. The slate of officers is: Chair - Keray Levant, Vice Chair - Vera Gilbert, Secretary - Barbara Levant, and Treasurer - Linda Horn. Preparation for this year's Christmas Hamper program will begin in September. If you would like to volunteer to help this Christmas Season, please call 250-486-2767 and leave a message.

Emergency hamper assistance is available and the contact number is the same 250-486-2767. For any other assistance, contact Penticton Community Resources at 250-492-5814.



Keray Levant, Okanagan Falls Helping Hand Chair on left, thanking Colin Powell, New Manager of the Okanagan Falls IGA on right, for putting on a barbecue and children's cake decorating fund raiser for the Okanagan Falls Helping Hand this past June. A total of \$400 and 500 pounds of food were donated. Thank you!

Okanagan Falls Volunteer Fire Department

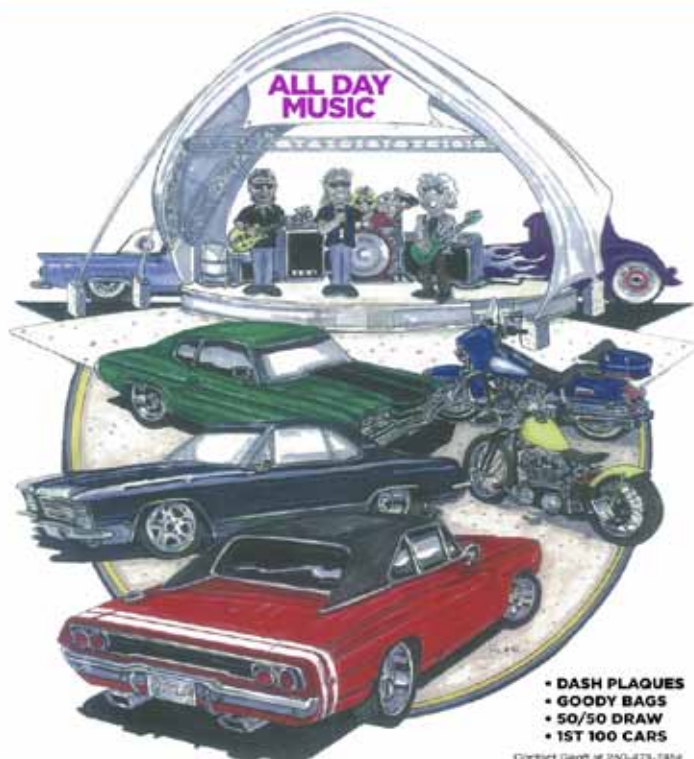
BBQ Tip of the Month



Check your barbecue to ensure that all propane connections are tight and in good working order. Always remember to turn off your tank when you are finished cooking. It is also advisable to not locate your barbecue too close to any structure in case of fire. A barbecue on your deck should have a non-combustible pad underneath. And, always have an immediate water source (garden hose) handy. We are urging residents to use extreme caution with any heat source outdoors, due to dry summer conditions. Remember, no outdoor burning is permitted. The department is always looking for dedicated men and women to join the team, an experience that offers comprehensive training, advancement, benefits and camaraderie. For more information, leave a message at 250-497-5700, or drop by the fire hall on Wednesday nights between 7-9 pm.

LAKEFRONT BBQ SHOW & SHINE

PENTICTON SHRINE CLUB #20



- DASH PLAQUES
- GOODY BAGS
- 50/50 DRAW
- 1ST 100 CARS

Contact Geoff at 250-473-7454 with any inquiries.

SATURDAY, AUGUST 15TH, 2015
IN BEAUTIFUL OKANAGAN FALLS, BC, CANADA
KENYON PARK • BEHIND IGA

The Show & Shine Heads to the Beach

Everyone is invited to the Penticton Shriner's "Lakefront BBQ Show & Shine" on Saturday, August 15th being held at Kenyon Park in Okanagan Falls. Wander through Kenyon Park on the beautiful shores on Skaha Lake, view the assortment of vehicles on display, enjoy music and a meal, all with an amazing Okanagan view!

If you own a show vehicle and would like to have it on display in this special event, please call Geoff at 250-473-7454. For just a \$20 entry fee, the 1st 100 cars registered will receive a goody bag and a dashboard plaque. In addition to this, all those that register will receive a complimentary meal served by the Okanagan Falls Lions Club. What a great bonus for the vehicle owners!

We will also have games for the children, so everyone is sure to have a great time. We look forward to seeing you at the Show & Shine!



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Kaleden Bursaries Awarded for 2015



The Kaleden Bursary Committee awarded three bursaries this year. The committee would like to thank all the sponsors of the bursaries, who without their sponsorship, we would not be able to assist these students with their post secondary education.

Sabrina Warkentin received the Allen Leslie Willis Memorial Bursary sponsored by Judy Leman.

Alyssa Bouillet received Ted and Barbara Gane Memorial Bursary sponsored by Mike Gane and his sister Lynda Nelson.

Sinclair Lovett was awarded the Kaleden Volunteer Fire Department Bursary.

We would like to congratulate all the Kaleden students and wish them all the best in their future endeavours.



Piano and Theory Lessons in Kaleden

Members of BC Registered Music Teachers

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Carmen Leier, ARCT

778-515-2592

Kaleden's New Community Banners



The Kaleden School Community Banner Project is complete for this year with the installation of 15 colourful student artwork banners depicting various local themes. The Kaleden School and the Banner Project Committee would like to thank the students and staff of Kaleden School, along with members of the Kaleden community, for their support of this school-based community funded project. Continuation of banners from the Kaleden Hall to the 1912 Hotel will hopefully be planned for sometime in the coming year.



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Kaleden Elementary PAC Update

with Brad Nunes

With summer in full swing, the last thing on most kid's minds is school (parents may have started counting the days...). KPAC is hoping everyone is having a fun and exciting summer. With Pioneer Park being the community's summer hot spot, we just wanted to remind everyone to be water safe. Be sure to keep eyes on kids at all times when near the water. Most swimmers in distress don't yell or flail. Watch for weak or tired swimmers, who are just barely above water. Remind older kids to always swim with a buddy, because even strong swimmers can get into trouble. Also, always make sure kids (and you adults as well) wear life jackets when in boats. Not only will it save you a fine, it can save your life.

We have two upcoming dates to remember. The first day of class is Tuesday, September 8th! Ms. Rose said she will be there with bells on (if she can find bells in the summer season). The date of our first KPAC meeting is Tuesday, September 15th at 7:00 pm in the school library. Parents please come out and help support our school. We welcome anyone and everyone (I showed up for two meetings and now I write these things!). It is a fun and motivated group (and sometimes Karen brings goodies). Have a great summer everyone!

Perseid Meteor Shower Event Wednesday, August 12th

The public is invited to come and enjoy the Perseid Meteor Shower on August 12th at the Dominion Radio Astrophysical Observatory, located at 717 White Lake Road, south of Kaleden. Admission is free. Bring a blanket or lounge chair to watch for meteors in comfort. Dress warmly. Gates open at 7:15pm. Talks presented at 8:15pm by Tim Robshaw, Ryan Ransom, Tom Landecker and Ken Tapping. By 9:30pm, dusk should allow viewing of the brightest meteors. The Royal Astronomical Society of Canada - Okanagan Centre will set up telescopes for the public to enjoy other celestial wonders. The event concludes by 10:45pm, with gates closing at 11:15pm. Should inclement weather (i.e. clouds) alter the quality of the meteor and telescope viewing, the grounds will still be open and talks presented.

WEDGIE'S PIZZA & CAROLE'S PASTA DELI

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it's time for Mrs. Wedgie to retire!*

Our Last Day Open is

Sunday, August 30th!

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Kaleden Branch: 101 Linden Avenue - 250-497-8066

Tuesday 1 - 5 pm / Thursday 1 - 8 pm / Friday 1 - 5 pm

Summer Reading Club continues on for the remainder of the summer, with programs at 6 pm on Tuesday, August 4th (Building Kaleden, Past and Present) and Tuesday, August 18th (Prizes and Awards Party!) You can continue on reading for the remainder of the summer and still receive a medal and certificate!

We would also like to extend a heartfelt thank you to Myleen for her participation in the Summer Reading Club program in July, the Build Your Own Newsletter was a great success. We all enjoyed our experience and if you would like to see the product of our efforts, please drop in to the Kaleden Library to see a copy of our creation!

OK Falls Branch: 101 - 850 Railway Lane - 250-497-5886

Tuesday 12 - 8 pm / Wednesday 10 am - 4 pm

Friday 10 - 5 pm / Saturday 10 - 2 pm

Okanagan Falls Library is once again offering our **FREE Summer Reading Program** for 5-12 year olds. Children may attend as many of the programs as they are able. Our theme this year is "Build It" and we are offering a variety of programs throughout the summer. **Wednesday, August 5th at 2:30 pm** we are hosting a Special Program featuring **Leif David an award winning Magician**, who will help you "Build Your Imagination". Everyone is welcome to attend this amazing performance. Tuesday, August 11th at 6 pm we will once again enjoy stories read by community volunteers. Tuesday, August 18th at 6 pm we will be building with Lego and doing crafts. And, on Tuesday, August 25th we will be having our Wind Up Party with volunteer readers, hotdogs, treats and prizes. For more information, call the library or check our website at www.orl.bc.ca



Okanagan
Boys & Girls Clubs
A good place to be

The Moonlight Movie Returns

with Laurene Sloboda

As the sun goes down in our communities, Interior Savings Credit Union and the Okanagan Boys and Girls Clubs will be lighting up parks in your area with a giant inflatable movie screen and fun activities for the family. Similar to the classic drive-in experience, just without the cars or the concrete, the community is invited to bring their lawn chairs and blankets and enjoy a movie under the stars. There is no charge to attend the event, but a donation of \$3 per person or \$10 per family is encouraged with all proceeds benefiting the Okanagan Boys and Girls Clubs.

"We strive to support over 7000 children, youth and families in the Okanagan by providing programs and services that provide a safe place to belong where young people can discover, dream and grow to be successful and active participants in our communities," says Diane Entwistle, CEO of Okanagan Boys and Girls Clubs. "The Interior Savings Moonlight Movie Night is a unique event for our communities that will help us raise funds to support these programs and services."

The Moonlight Movie will take place at Kenyon Park in Okanagan Falls and will begin at dusk on Monday, August 17th. This year's movie is "Home". A concession is open at 7pm. We hope to see you there!

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spca.bc.ca/camp

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moonlight MOVIE NIGHT

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MONDAY, AUGUST 17
KENYON PARK, OKANAGAN FALLS

Movie: Home (G)
Time: 7:00 pm concession & activities begin. Movie starts at dusk (8:00 pm).
Admission: Suggested donation \$3 per person or \$10 per family.
More Info: boysandgirlsclubs.ca or interiorsavings.com

Logos: ez100, TELUS, Interior Savings, Sunfm, AM 1150

THIS AUGUST JOIN US FOR INTERIOR SAVINGS MOONLIGHT MOVIE NIGHTS IN ASHCROFT, CHASE, CLEARWATER, KAMLOOPS, KELOWNA, LILLOOET, MERRITT, AND OKANAGAN FALLS

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Importance of Summer Reading

with Principal Lisa McCall of Okanagan Falls Elementary School

Research shows that kids who read four or more books over the summer are better prepared for the coming school year and do not go down the 'summer slide' - the loss of reading and learning skills during the summer break. It is my hope this article inspires you to bring literacy alive in your home! Reading over the summer months really does make a difference to your child's learning and as importantly can be a lot of fun for everyone! Here are some facts to support daily reading habits: Reading empowers critical thinking skills; Reading can enhance empathy and lead to greater understanding of people who are different from ourselves, and it can help us appreciate other points of view; Reading for pleasure is one of the building blocks needed for young people to grow into healthy, productive adults. The more children read they will develop fluency, vocabulary, comprehension, and literacy skills required to be mindful communicators. (Source California Library Assn). Most of all, reading is a lot of fun!

Here are five easy ways you can help your child reduce summer reading loss:

- 1. Make reading important & relevant to everyday life.** Be a role-model for reading. Let your child see you reading throughout the day and use daily routines as reading opportunities. Cooking, reading TV listings, looking for information on-line, reading directions, or following a map all provide authentic reading experiences. Remember, literacy involves a number of skills including listening, speaking, reading, writing, viewing and representing, so try and incorporate them into your everyday life. Literacy skills will also improve how we articulate and communicate with others.
- 2. Give your child the power of choice.** Children who have easy access to books read more books. Having reading materials available is key to helping kids love to read and the reading materials kids choose themselves are best. In fact, 92% of children and teens say they are more motivated to read and are more likely to finish a book they have picked out. Help your child find texts that appeal to his or her interests, yet are age appropriate and 'just right' in difficulty. Gift cards for book stores for birthdays are a great way to allow your child to take time to peruse a book store and pick something of interest.
- 3. Set aside time to read every day.** We know that the more kids read, the better they become at reading and the more they will enjoy reading. During the summer, encourage your child to read for at least 20 minutes per day. Make reading 'down-time' - an opportunity for family members to read together, either aloud or quietly to themselves. Reading in a variety of interesting locations including outside, at the beach, in the car, or in the park. Keep track of progress by recording book titles, pages read, and minutes spent.
- 4. Talk it up.** Talking about books during and after reading helps improve comprehension. Encourage kids to share their ideas and opinions by asking open-ended questions. Talk about what you read to let them know that reading is an important part of your life. Tell them why you liked a book, what you learned from it, or how it helped you - soon they might start doing the same. Remember, early intervention research supports reading aloud to children at an early age is the most effective way to help them develop language skills and to communicate with the written word.
- 5. Be part of a reading challenge.** Most local libraries have summer reading programs that help engage and motivate readers. Kids set a goal, track books they read, and receive incentives for achieving goals. Summer programs also promote reading club opportunities where children can discuss and share books with others, either on-line or in person. You can even create your own family reading challenge. Research tells us students who participated in the public library summer reading program had better reading skills at the end of third grade and scored higher on the standards test than the students who did not participate.

"There is no such thing as a child who dislikes reading; there are only children who have not found the right book!" ~ Frank Serafini

"It takes a Community to raise a Child!" Contact us today if you wish to register your child for our optimal learning experiences or if you can share a moment of your time to contribute to our Community School. Please visit our website today at www.sd53.bc.ca/OkanaganfallsElem

Rose Mah Citizenship & Safety Award Recipient: Chloe Redenbach

Congratulations to Chloe Redenbach, chosen as the Okanagan Falls Student recipient for the annual Rose Mah Citizenship & Safety Award for 2014/2015. Criteria for this award involves being dedicated to practicing and role modeling citizenship in the school and community throughout the year through her dedication to the welfare and well-being of others. Way to go Chloe! You are an exemplary individual who is dedicated to demonstrating exceptional behaviours and practices



that keep our school community focused on mindfulness, character education, and integrity! Thank you Rose Mah for being a well-respected example of citizenship and safety through your 27 years of valued service as our crossing guard, playground supervisor, and member of the Okanagan Falls Elementary School and School District 53 Team.

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Spotlight on Volunteers!



The Okanagan Falls Volunteer Junior Leaders

Okanagan Falls Parks & Recreation offers programs for children throughout the year. Many of these programs are made possible with the volunteer help of our youth. Thank you to all our Junior Leaders for taking time to volunteer. We really appreciate all that you do!

Volunteers in back row left to right - Andrew, Chloe and Zoe assisting the "What's on Wednesday" program at Kenyon Park, where there is a new theme each week. Front row left to right - Aisha, Chloe and Taytene showing us their tinfoil sculptures.

Volunteers Making A Difference

If there is someone *you* would like to see honoured in this column, please call 250-497-8188 or info@okfalls.net.

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Mr. Skaha Lake's Perspective On Real Estate

By Taras Kinash

The built environment industry is one that excites me every day. With years of academic and work experience in this field, I feel very fortunate to say I love what I do. My interest in the built environment industry began at an early age. I was especially drawn to the business of real estate and the creative aspect of architectural design. To be an expert consultant in Real Estate, I have always believed that one requires experience within the entire scope of the Built Environment field. In order to represent an individual in the purchase or sale of land/buildings, the representative should be able to comprehend the conditions of the land and understand how building structures are assembled. A student of architectural design. A student of property development. A practitioner of building design. A practitioner of real estate marketing and development. A practitioner of real estate purchase and sales. I am very proud to say I embody all of these credentials.

My intention is always to deliver expert service. Real estate is not a simple commodity exchange and should not be approached in such a way. To buy and sell real estate is life changing. My desire is to assist you, offer you my expertise and be part of your journey. All I ask is for you to put your trust in me and I will deliver!

1st Annual Faro Reunion ~ Did you live in Faro? Then you are invited to 1st Faro, Yukon Reunion will be held at Sunoka Beach in Trout Creek, Summerland on August 1st starting at 10am. Faro was founded in 1969 as a mining community and there are many long lasting friendships as a result. People came from Newfoundland to BC, and all parts of the North to work at Faro. It was a great community with a short, but important, history in the North. For more information, please call Rick at 250-497-7871.

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ONYX Castings Featured on HGTV

By Leann Robbins and the ONYX Team

On June 29th, Rob Martin, representing ONYX Castings, made his debut on national television on an episode of "Love It or List It".

Produced by Big Coat Productions of Toronto, the show is described as a prime-time reality series about homeowners faced with the toughest decisions of their life. Will they stay in their home or will they go? Each episode is filled with the stress of major renovations, the temptation of beautiful real estate, and the fierce rivalry between designer Hilary Farr and real estate agent David Visentin. In the end, the homeowners must decide if they "Love It" enough to stay or is it time to move and "List It"?

The show's producers approached The Concrete Countertop Institute (CCI) back in March about featuring concrete on an upcoming episode that was being filmed in Raleigh, NC. However, CCI is a training facility and is not capable of handling a project of that scope. So, Jeff Girard, founder of CCI sought to put together the "dream team" of former alumni. Founding partners Greg Robbins and Rob Martin both trained with Jeff at CCI and felt that participating was a rare opportunity. Over 20 applications were submitted and CCI chose three artisans that they felt had the most experience with Glass Fibre Reinforced Concrete (GFRC). ONYX Castings was the only Canadian business selected along with Rock Solid Concrete Artisans in Huntersville, NC and Arthouse Custom Concrete in Miamisburg, OH.

The designer and host of the show, Hilary Farr, wanted a natural grey for the countertop, a full height backsplash behind the sink and an end panel for the peninsula. The project, 80 square feet, was pretty typical of a kitchen remodel, but the timeline was very compressed due to the filming schedule of the show. The team templated on Wednesday, formed the molds on Thursday, cast on Friday, stripped and processed on Saturday and sealed on Sunday. Installation occurred the following Friday according to the schedules of the other trades.

Filming for the show occurred at the beginning of May and ONYX Castings wasn't able to publicize our participation until June 29th, the day the episode first aired on HGTV in the states and W Network and OWN in Canada. If you tuned in to watch, you know that Dave and Sonya "Loved It" and especially their kitchen countertops!



Above - Kitchen before reno. Below - Kitchen with ONYX Castings countertops after.
(Photos courtesy of Big Coat Productions of Toronto)



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Pricing Your Home To Sell

with Brian Moen, Realtor with Royal LePage Locations West

Imagine you want to buy a gallon of milk. You eye the dairy case, shelves stocked with dozens of choices, but they are really all the same. Milk is milk, and which one you select is really insignificant because they are all identical, and they are all priced the same.

But, what if each identical offering was priced differently? Odds are you have set aside ample time for your shopping trip, and you will carefully check the price labels and go for the best deal. Or, maybe you are drawn to the more attractive packaging.

When selling your home, attractive pricing and packaging are arguably the two most basic essentials. In our current real estate market, the buyers have a lot of choices. In many areas, the shelves are simply overstocked. And since no two homes are the same, making that distinction between your home and the dozens of others is key.


Where pricing is concerned, establishing that all important asking price is part science and part art, and there are several things you should consider.

- **Study past sales** ~ This is the starting point for any thoughtful and successful pricing strategy; think of it as the "science" part. Take the time to study past sale statistics for homes in your area and areas similar to yours. None will be identical, of course, but having a clear understanding of true market value is the first step in establishing your list price.
- **Do not confuse active listings with past sales** ~ Active listings have not sold. They are just your competition. It is important to be aware of your competition's pricing, but this is often just an indication of what your home won't sell for.
- **Do not overprice, because you have "time"** ~ If the market is appreciating, this strategy may work, but if prices in your area are declining, you may quickly find yourself chasing a market and costing yourself money. And, if the market is stable? Your home will just sit. Buyers pay in today's dollars, and time is rarely on your side.
- **Leave some room for negotiation, but don't overreach** ~ No seller wants to feel he left money on the table, and no buyer wants to overpay. Your price should give both parties room to maneuver, but if it is too high, you risk being perceived as unrealistic, and buyers will pass over your home.
- **Think like a buyer** ~ What are the things that you value in a home? Is it a large yard, an updated kitchen or a view? These are likely the same things that your buyer values as well. Talk to your agent about current buyer trends. Yesterday's avocado green shag carpeting is today's granite countertop. The property facing the interstate is going to be a tougher sell than the one with a mountain view. Your price should reflect how your home compares to the others offered for sale. Buyers will find objections to any home, as none is perfect, but it is curious how quickly objections disappear when the price is compelling.
- **React swiftly and decisively** ~ If your home is on the market and is not being shown or if you receive feedback that you are priced too aggressively, don't hesitate to adjust your price. Bad news, like spoiled milk, doesn't get better with time.

First impressions are everything when selling your home. Studies have shown that the first two weeks on the market are the most crucial to your success.

During these initial days, your home will be exposed to all active buyers. If your price is perceived as too high, you will quickly lose this initial audience and find yourself relying only on the trickle of new buyers entering the market each day.

Markets are dynamic, and your price has an expiration date. You have one chance to grab attention. Make sure your pricing helps you stand out on the shelf ... in a positive way.



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Warm Weather Requires Responsible Fishing

By Larry Martin

Area rivers are now closed to fishing, due to low flow and high water temperatures. For details on the regulations and current updates, visit www.env.gov.bc.ca/fw/fish/regulations/changes/1517/region8.html.

Area lakes are open; however, we should expect some exceptions to follow. Recreational Salmon fishing has been closed in several areas in fresh waters around the province and it is expected that the recreational Sockeye fishery in Osoyoos will not open or at the least be delayed until later this season.

As anglers, it is our responsibility to ensure we always check for in season regulation changes on the official sites. It is also our responsibility when fishing in lakes that are open to fishing to modify our fishing during high temperatures. High elevation lakes like Nickel Plate still have comfortable water temperatures. We should always limit the exposure of fish to the air that we intend to release, especially during high temperatures. In lower elevation level lakes that have high surface temperatures, we should stop fishing unless we intend to keep the fish. If keeping fish, be prepared and get them on ice as soon as caught. If you intend to release fish, don't overlook targeting species like Bass in Skaha Lake that have a broader tolerance for temperature than Trout or Kokanee.

For more information, just ask Larry at fs-lemartin@shaw.ca.



Left - Nickel Plate Lake near Apex is a high elevation lake that still has comfortable water temperatures for the fish. Right - Bass fishing on Skaha Lake is a good choice.

CatMatch



Meet Monaco

I'm dancing because I am footloose and fancy free! All the kids have moved out and now it is my turn to start living my life! My name is Monaco and I am approximately one and 1/2 years old. I have the most beautiful golden eyes

flecked with green, if I say so myself. Currently residing at Bosley's Pet Food store in Penticton, I can have my belongings packed in no time if you want to share your home with a one hot (former) momma! If I have sparked your interest, just contact www.AlleyCATSAlliance.org.

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The "Pro Bonos" Play Live Weekly

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with Vi Creasey of Reliable Travel

A repositioning cruise is a fun way to get away for a few days.

Reliable Travel has a group of 14 ladies sailing to San Francisco on September 28th on a three day cruise. We would love to have you join us. It will definitely be a good time. Call Vi for details.

Some of us don't really like winter that much and want to get away from it. Well, you can consider a "long stay package". And, where is summer during our winter? It's down under, meaning in this case, Australia, New Zealand and the Cook Islands in the Pacific Ocean. Plus, the price is right!

When 18th century explorer Captain James Cook sailed to New Zealand, he aptly named it the Bay of Plenty. One of New Zealand's most popular holiday destinations and a thriving port city, the Bay continues to offer its bounty of beaches, culture and lifestyle to visitors from near and far.

Because you will be staying longer than average, you can take advantage of great prices. In fact, the longer you stay, the better it becomes. You will be surprised at the quality of accommodation provided for the prices charged! And, you don't just get the accommodation. There's much more to Snowbird Winter Escapes. Why shiver here when you could be enjoying a one, two or three month winter break relaxing around a pool or by the ocean, taking walks in the sunshine or exploring new locations.

In 1994, Goway introduced the concept of sending Snowbirds to Australia extending it to new, non-traditional winter escape destinations. In Australia, they offer the Sunshine Coast just North of Brisbane in Queensland and the Gold Coast just South. The locals are friendly and enjoy having visitors from North America.

In 2001, Goway added New Zealand staying in the Bay of Plenty on the North Island situated on the East Coast half way approximately between Auckland and Rotorua. Lots of sightseeing possibilities here.



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The Royal Canadian Legion Branch #227

with Sharon Proctor

Hi Everyone, It's Sharon Proctor, your Legion Reporter and Legion Event Coordinator. And speaking of events, what a great Canada Day we had! Many thanks to our chefs, Ron and Wayne, and all the 'preppers'. The burgers and fries were terrific! "Timeline", the Canada Day Band, kept us rockin' all afternoon. The dance floor was full, so I had to dance with the girls at the bar! Many thanks to the executive and volunteers who made this a special day for the Legion. Let's make it an Annual Event!

July 18 & 19 were successful with our Dinner and Dance and Yummy Breakfast. Good job to Ron and his committee for keeping us full and happy! Come and join us 'regulars' on Monday, August 3rd on BC Day for some libation, good conversation, and popcorn in "Wayne's World" at the Legion starting around 3pm. It is so great to see our younger members volunteer. We would like to thank Renny Van Uden and Becky Vickers for the installation of the Horseshoe Pits for adults and kids, which of course will be a hit on Legion Day!

"Legion Day" will be held on Saturday, August 29th. Due to the changes in our executive and time restrictions, we are hosting our Legion Day Event on Legion grounds only. We will most definitely provide an action packed day for young and old, with lots of entertainment, fun and full bellies! How about 'showing us what you've got' as an Exhibitor or 'strutting your stuff' in our Parade? Lorraine Harrison is our Exhibitor Chair and Parade Marshall. She can be reached at 250-497-8781 or by email lharri40@shaw.ca. Our community as always is being very supportive and we hope to use our new Band Shell provided by the Womens' Institute in Centennial Park next year. As always, we would love to see you volunteer and be a part of the fun. Please call me at 250-497-5701 and watch for our poster to check out all the events and entertainment. See you at Legion Day!

Dates to Remember:

BC Day, Monday, August 3rd ~ Drop-in and visit around 3pm.
Legion Days returns on Saturday, August 29th ~ See our poster!
Wednesday Nights ~ Drop-in Darts at 7pm
Fridays & Saturdays ~ Meat Draws at 5pm
Saturdays ~ Drop-in Darts & Pool at 1pm
Sundays ~ Funday Sunday at 1pm - Horse Races, Bingo & Hot Dogs
Afternoon Drop-Ins for 'Conversation & Libation' usually around 3pm.



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Okanagan Falls Seniors Activity Centre

with Audree Sikorski

Just winding down for summer at the Senior Centre ... However, we do have Bridge and Crib still going for August on Thursdays, along with Pool and Music & Coffee on Wednesday and Friday mornings. Please feel free to join in on these activities and we look forward to being up and running in full again starting in September. Be sure to watch for our Fall Flea Market in October.

Please Note: There will be no Bingos held in August, due to lots of people away. However, they will be back again in September. Our monthly Pancake Breakfasts and Potluck Dinners will return in September too. Remember, our General Meeting is at 1 pm on Monday, September 7th.

MARK YOUR CALENDAR

Wednesday & Friday Music & Coffee (9 am)

Thursdays Bridge (1 pm) & Crib (7 pm)

General Meeting ~ Monday, September 7th (1 pm)

If you would like more information on any of these activities phone Audree at 250-497-5572 or just drop in for coffee on Wednesday or Friday mornings between 9:00 and 10:30 and introduce yourselves.



'Saddle Up' and Mosey on Down' to our Western Legion Day Event

At The
Royal Canadian Legion Branch 227
All Day & Night August 29th, 2015



Mat Duffus



El Surf Cats



Mikie Spillet & Ken



Penticton Pipers

Schedule of Events - Outside on Legion Grounds

11:30 - 4:00	Shank's Mare Western Parade, Trading Post Exhibitor Fair
12:00 - 12:30	Opening Ceremonies, Legion Colour Party, Dignitaries & United Spirits
12:00 - 7:00	Texas BBQ, Baron of Beef, Hamburgers, Hot Dogs
12:30 - 4:00	Mat Duffus - Youngin's Entertainment & Kid's Corral

Schedule of Events - Inside Our Legion

8:00 - 11:00	True Grits - Yummy French Toast & Pancake Breakfast
8:00 - 4:00	Real Gold - Toonie Auction
1:00 - 3:00	Ladies Auxiliary Bingo (Upstairs)
1:00 - 4:30	El Surf Cats Band Entertains us with Rock a Billy 50/80's
4:30 - 5:00	Cowboy & Cowgirl Fashion Show, Early Bird Raffle
5:00 - 6:30	Meat Draws and 50/50 Draws all Day
7:00 - 11:00	Mikie Spillet & Ken, Country Rock Band

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Success With Bringing Our Generations Together ...

A special thank you to the Summer Fun Camp Children who hosted an "Old Fashioned Lunch in the Park" on Friday, July 24th for our Seniors. Everyone enjoyed a wonderful afternoon of food, fun and games.





Coming Soon!

We are currently developing an Age Friendly Resource Directory in partnership with the United Way.

If you would like to receive a copy of this and/or our new Okanagan Falls Age Friendly Newsletter, please add your contact information to our database by emailing info@okfalls.net or calling 250-497-8188.

Okanagan Falls Women's Institute

with Betty Lynch

August is upon us, and how did that happen? The last time I looked, Summer was just around the corner, and now we are definitely here and heading for the next season.

We women of the W.I. and our friends and guests always enjoy Canada Day. It is fun to see everyone and to be sure they all get cupcakes. The kids are the greatest! One of my little school friends saw me as she emerged from the lake, streaming wet and bestowed upon me a huge wet hug. That felt wonderful. So, everything was good, the way it should be.

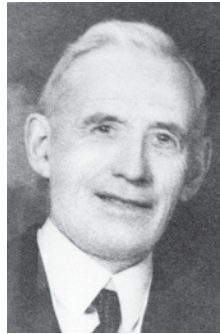
Our next event was the Party in the Park. This is always an exhilarating time. Again, we enjoy all the attendees, meeting new people and partying with friends - well, we don't really party, as we are most busy with flogging our tickets for the grand prizes. Once again, Mel Walker, we owe you and friend Brenda Tulak one great big round of applause for your unique talent in getting everyone to purchase raffle tickets.

The Okanagan Falls Wineries Association generously donated a huge basket with many luxurious items contained therein, including, would you believe, several bottles of wine! The other raffle item was a beautifully crafted, ornate necklace by Karine Johnson, which was of mother-of-pearl and intricate bead work. What a pleasure it was to display such artistry. The raffle winners were Nichole Nemechek winning the Wine Basket and Alec Rufiange winning the Necklace.

The Okanagan Falls Womens' Institute is always extremely grateful for the support and participation of our community.

Kaleden Museum ~ A History Tid Bit

with Meredith King



Developer James Ritchie

To understand how and why disaster struck James Ritchie and the Kaleden Development Company, we need to go back to the beginning. There was no one particular reason for the difficulties which threatened this small community, but was a combination of timing and events.

Kaleden was a huge undertaking and James Ritchie had borrowed heavily to develop it. In Summerland he had purchased and developed 320 acres. In Kaleden he attempted 3000 acres, and for that he needed a lot more money than he had in his possession. He had gone to London, England to procure funds and established the Kaleden Development Company. By 1912, one investor alone, Lord de Vesci, had invested \$150,000.

The irrigation system was the biggest investment in infrastructure and it had major cost overruns. Thousands of dollars had been spent to develop the elaborate system, a great deal more than anticipated had been poured into its construction. In addition, thousands more dollars were wasted in trying to bring water to Gillespie Flats. An expensive ditch digging machine was purchased and it proved to be utterly useless for this type of job. An additional \$75,000 loan at 10% interest was taken out before the extension to the Gillespie Ranch was abandoned. This loan provided temporary relief, but actually intensified the financial problems.

1913 was a hopeful year economically for Kaleden. The orchards were beginning to produce and the store, the hotel and the freighting businesses were booming. But, worldwide the prospects did not look so good. When 1913 ushered in a world wide recession, another loan for \$65,000 was required.

The beginning of World War I in 1914 was the final blow. Check in next month and find out why.

Join us next month, as we share stories and facts down the historical path and building of our community of Kaleden. To donate an item to the Kaleden Museum, please contact Meredith at 250-497-6995.

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OK Falls Heritage & Museum Society

with Marla Wilson

Ahh, the lazy, hazy, (smoky?) days of summer. Now, is the time I run from the air conditioned shops to the air conditioned car. Here is a plus; we don't have to shovel the heat!

Heritage Society is busy with summer tours. The Museum is open from 10:00 am to 3:00 pm on Tuesdays, Wednesdays, Fridays, and Saturdays. Costs are still \$2.00 per person or \$5.00 per family. A good variety of visitors are stopping by. The gardens are looking very nice this year. Gardener Sue is really doing a great job keeping down the weeds and looking after the needs of the plants. Some work had to be done on some fallen trees. Now it is all cleaned up.

Thriftee Shop is busy as usual. We have a good selection of quality, clean summer clothes for men and women. Also, this year we have added a children's section. We seem to be in short supply of men's long pants; however, there's lots of shirts and shorts for you guys.

There are still some openings on our volunteer staff. Phone Louise at 250-497-5339, if you have an hour or two to spare in the week.

Have a great summer! Seems that when I moved into the Okanagan Valley, I became a bed and breakfast for family members I didn't know I had. And, that's OK.

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providing services to
people in need in our
Community.



LOCAL CHURCH DIRECTORY

Kaleden Community Church

Family Worship ~ Sundays at 10:00 am

Church @ the Gardens ~ 10:00 am on August 30th - Linden Gardens

Fall Book Club ~ will begin in September. Our next book is "The Celtic Way of Prayer" by Esther De Waal. Please contact the Church for further info and/or to sign up. Copies of the book are also available for purchase (\$13).

The HUB ~ A program for knowing and responding to individual and family needs in the Kaleden Community. For more information, please phone Les Clarke (250-497-5995), Heather Rose (250-770-7692) or Judith King (250-497-6985).

443 Lakehill Rd, Kaleden / Phone: 250-497-5995

Pastor Les Clarke. Church email: kalgarden@shaw.ca

www.kaledencommunitychurch.org - for up to date event info

Okanagan Falls Community Church

Sunday Worship ~ 10:00 am & 6:00 pm

1356 McLean Creek Rd, OK Falls / Office: 250-497-5131

Pastor Ron Crooker ~ Come join us in celebrating God's Love!

Okanagan Falls United Church

Sunday Service ~ 9:30 - 10:30 am

Children are welcome! Coffee and social time to follow service.

1108 Willow St, OK Falls / For more information, call 250-497-1171 or

www.okfallsunited.ca

Our Lady of Lourdes Catholic Service

Sunday Mass ~ 11:30 am

1039 Willow St, OK Falls / Administrator - Father Neil

Okanagan Falls Contact: Lorraine Harrison - 250-497-8781

St. Barbara's Anglican Church

Sunday Service ~ 9:30 am for 3 Sundays of the month. The 4th Sunday of the month Service will be at 1 pm.

Coffee and social time after the Church Service.

1039 Willow St, OK Falls / Incumbent Rev. Rick Paulin - 250-494-0704

The Well

Sunday Service ~ 6:00 - 7:30 pm

Free childcare provided.

1141 Cedar St, OK Falls - in the OK Falls Parks & Recreation Centre

Pastor David Oosterveld - 250-488-9514



Violet Elizabeth "Betty" Schneider (nee Thomas)

September 2, 1917 - July 14, 2015

It is with great sadness that the family of Betty Schneider announce her passing. She'll be forever loved and missed by all of us. She is survived by her loving son Ronald (Dawn) Schneider of Kelowna, daughters Rhona Levine of Mackenzie

and Sheila (Bob) Daly of Okanagan Falls, also by her sister Kathleen Doyle of Okanagan Falls, grandchildren Linda, Ronald, Vance, Paula, Scott, Jim, Dean, Meredith, Gary and Darcy, and many great grandchildren, great great grandchildren, nieces and nephews residing across Canada, USA and Japan.

She was predeceased by her parents, Edward and Violet Thomas, husband Ernest, youngest daughter and son-in-law, Maureen and Terry Locke, as well as sons-in-law Gary Kirkpatrick, Robert (Neil) Levine, her two sisters and their husbands Rene (Dave) Clarke and Mary (Mel) McGregor, brothers-in-law Duncan Lynch and Jim Doyle, along with a great granddaughter Courtney Sigmund-White.

Mom was born in Vancouver, BC on September 2, 1917. She was raised on her parent's fruit orchard on Allendale Lake Road in Okanagan Falls, then worked in the Penticton and Kaleden Packing Houses as a teenager. She met Ernie at a local dance, fell in love and they were married on July 28, 1935 in the Okanagan Falls United Church. It was the first formal wedding in the historic 'Blasted Church'.

The newlyweds resided briefly in Penticton before moving to Hedley, BC where Dad worked at the Hedley Mascot Mine until 1941 when the mine closed. Dad was then hired on by Burrard Shipyards in North Vancouver, where they moved and set down roots and raised their family until retirement in 1973. In 1975 they returned to Okanagan Falls building their final home right across the lane from the original homestead.

Mom not only left a true legacy of Motherhood, but also of Womanhood. Mom was a soft gentle person who found great joy in being with her family and caring for them. She always put the needs of her family before her own. She was a wonderful listener and encouraged the philosophy of turning the other cheek, giving a second chance and never telling secrets. She loved to laugh and received joy from poetry, nature and animals. She loved local and BC history and was a founding member of the Okanagan Falls Heritage Society.

The family would like to acknowledge and give thanks to Dr. Frasiniski, all of the nurses and staff at the Haven Hill Retirement Centre for their loving, compassionate care over the past two years. We also appreciate the kindness and the support of all those who took time out of their lives to visit with Mom.

A Celebration of Life will be held at the Okanagan Falls United Church on Mom's Birthday, September 2nd at 11:00 am with a tea to follow. In lieu of flowers, memorial donations on Mom's behalf may be made to the BC Cancer Foundation or the Alzheimer Society of BC.

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Flowers or Fish Heads?

Send yours to skahamatters@telus.net

(Please Note: Some discretion on content inclusion may be involved.)



Flowers to Randy, Shawn, and all of the lovely ladies that helped make our Canada Day in Okanagan Falls a fantastic day.

~ from Janet & Nancy of Okanagan Falls Parks & Recreation

Flowers to Peter of Appleton Waste. When he came to pick up our recycling at the Esso in OK Falls, one of the bags wasn't tied up and many items fell out. Peter got out of the truck and cleaned everything up. I offered to help and his co-worker Grant said. "No, this is what we do!" That is service above & beyond! ~ from Heather of OK Falls

Flowers to Okanagan Falls IGA for their recent amazing support of many activities in our community. IGA gave generously to both the Okanagan Falls PAC Year-end BBQ and the Okanagan Falls Junior Triathlon by donating all the hotdogs, buns and condiments. (This was in addition to a corporate cash donation.) IGA is the sponsor of the What's on Wednesday program held weekly at Kenyon Park. They held a fundraiser for the Helping Hand and they also donated all of the ice for the Okanagan Falls Winery Association's recent "Party in the Park". A huge thank you to the IGA! ~ from the Okanagan Falls Community

Flowers to the Kaleden School Banner Project. What a wonderful idea and so enjoyable seeing the students' colorful banners coming down Lakehill Road. ~ from a grateful resident of Kaleden

Flowers to those who've been supportive and ready to come back to The Bear Bean once we open again. ~ from Karen of The Bear Bean

Flowers to 1912 musicians on Thursday evenings ... love the music! ~ from the local neighbours

Fish Heads to and shocked to see how many people that didn't remove their hats on July 1st for the flag raising ceremony and singing of O'Canada at Kaleden's Pioneer Park. ~ from a concerned Kaledenite



Fish Heads to the person who dumped two BBQs on the empty lot beside ours. It seems to have become a place to retire refrigerators, bags of garbage, and the like. This picture may look like only one, but there really are two dumped together. Please use the dump next time. ~ from Diana of Okanagan Falls

Fish Heads to distracted drivers on the sharp Linden Avenue Corner. I am a Kaleden resident living in the Linden Gardens area. I would like to bring attention to and increase awareness about the hazardous corner on Linden Avenue, just past the library. The first corner on Linden Avenue is quite sharp and as you may know, Linden Avenue is narrow. No fewer than three times in the last year we have had a close call on the inside of the corner, almost being hit by someone cutting the corner. There is no visibility around the corner and oncoming traffic is obscured from both directions. There are also often pedestrians and cyclists as well that can't be seen ahead. I would ask those using Linden Avenue to please be aware when entering that corner and swing wide when going South. Also, be aware of tourists who may not know the road. I would hate to see a school child get hurt by someone not paying attention. I hope at least this will make some of the residents slow down and swing wide. ~ from Andy of Kaleden

Fish Heads to the person who took this "Welcome" sign. Please return it or \$100 to George Mullen of Two Trees Log Homes & Log Furniture. Box 596 OK Falls. 250-328-5557.

No questions asked. ~ from George of Two Trees in Okanagan Falls



Fish Heads to those that leave bags at our Thriftee Shop door. We can only accept gently used clean items during store hours, which is posted clearly on the door, yet this continues to happen. If you should see anyone dumping off bags, please help us and take down their license plate number or call 250-497-5339.

~ from the Louise of the H&M Thriftee Shop

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with Lesley H. Luff, resident of Okanagan Falls

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Summer is in full swing, and our beach is crowded with people. It is great to see so many children enjoying the sand and the water features. The dog park is also being enjoyed by many pooches and their owners. Most animals are so well behaved, and their owners very diligent about the "scooping". There is one large and very loud German Shepherd, however, whose owner allows it to bark incessantly. Please, whomever you are, be aware that there may be folks convalescing, taking a nap, or just trying to enjoy some peace and quiet. Be a considerate neighbour!

Safety First: Be mindful of pedestrians, cyclists and children along the beach area. Slow down! if you are a boater, please make sure there are life jackets on every person in your vessel. Watch out for canoes, kayaks and paddle boards. Not always clearly visible from a speeding boat. We wish everyone to stay safe and able to return next Summer.

May we extend our sincere condolences to friends who lost loved ones in July, and thanks to all who placed their trust in us.

Credible Cremation Services Ltd. (250) 493-3912

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Linden Gardens

**Gardens & Café
OPEN DAILY!**

& Frog City Café



lindengardens.ca

Bring this ad to
Linden Gardens for a
FREE Garden Entry!

250.497.6600

351 Linden Avenue, Kaleden



Ye Olde Welcome Inn Menu



Now Family Friendly!

Appetizers

Eat In or Take Out

Salads

Now Family Friendly!

Basket of Fries	Enough for 2	\$4.50
Onion Rings	A basket full of our flavour	\$4.95
Soup of the Day	Great on a chilly day	\$5.75
French Onion Soup	Served with grilled garlic toast	\$7.25
Chicken Fingers	Served with dip and a basket of fries	\$10.95
Snake Bits	12 jalapeno stuffed chicken pieces served with veggies and dip	\$8.95
Dry Boneless Garlic Ribs	10 ounces of delight! served with veggies and dip	\$8.95
Calamari	Served with Pita Bread & Tzatziki	\$8.95
Veggie Platter	SMALL Carrots and celery with dip	\$4.95
Veggie Platter	LARGE Carrots, celery, cucumber, radishes mushrooms, and green peppers with dip	\$8.95
Munchie Basket	Deep fried chicken wings, chicken strips, shrimp, zucchini, onion rings, and jalapeno stuffed chicken served with fries and dip	\$11.95

Our Dips: Ranch, Plum Sauce, Honey Garlic, Honey Mustard, Sour Cream, Teriyaki, Blue Cheese, BBQ, Hot and Inferno.

Please ask server for your favourite dressing.

Garden Salad	With a meal	\$4.85
	Small	\$5.25
	Large	\$6.95
Caesar Salad	With a meal	\$5.50
	Small served with grilled Garlic Toast	\$7.25
	Large served with grilled Garlic Toast	\$8.95
Greek Salad	mmmmmmmmmm Feta Cheese	\$10.95
Chicken Caesar	Classic Caesar salad with a grilled chicken breast and garlic toast	\$12.95
Salmon Casesar	Classic Caesar salad with wild BC Salmon and garlic toast	\$12.95

Chicken Wings and Sautéed Prawns

10 items: **\$9.95** 20 items: **\$18.95**
30 items: **\$28.95** 40 items: **\$37.95**

Non-alcoholic Beverages: Coffee, Tea, Milk, Pepsi, Diet Pepsi, 7-Up, Scwepes Ginger Ale or Tonic Water, Mott's Clamato Juice, Lipton Ice Tea or Cranberry Juice, Soda Water, Sun-Ryoe Orange Juice, herbal tea, bottled water and sparkling water.

Burgers

All burgers come on a fresh Kaiser roll with lettuce, pickle, tomato, onion (fresh or sautéed) and your choice of fries, perogies or salad.

Inn Burger	Our own freshly grilled 7 oz. patty	\$9.95
Buffalo Burger	Real Alberta Buffalo!!	\$10.95
Medieval Burger	More than 1/2 a pound of spicy feast	\$11.95
Chicken Burger	A boneless, skinless 6 oz. breast of chicken	\$10.95
Chrispy Chicken Burger	\$10.95
Veggie Burger	A meatless patty, dressed to please!	\$10.95
BC Salmon Burger	Wild BC Salmon	\$11.95
Ye Olde Fish Burger	English Style beer battered cod	\$11.95

Add mozza, cheddar, 2 strips of bacon or sautéed mushrooms: \$1.39 each

Fish & Chips

Our Famous Ye Olde Beer Battered Cod	1 Piece:	\$9.95
Also available grilled, with lemon pepper	2 Pieces:	\$12.95

All Day Breakfast

Ye Olde Breakfast	2 eggs, 4 pieces of bacon, our own hash browns, toast and jam	\$11.95
Steak and Eggs	A grilled 6 oz. aged New York Steak, 2 eggs, toast and homemade hash browns. Add sautéed mushrooms and onions for only \$0.95	\$13.95

Extras & Odds: Gravy \$1.39 / Garlic Toast \$1.95 / Add Chicken Breast \$3.95 / Additional Sour Cream, Green Onions or Dip \$.39 / Make it spicy & HOT \$.95 / Fry your perogies \$1.95 / Baked potato with sour cream or butter \$4.95 / Substitute Onion Rings for French Fries on a meal \$1.95 / Make your salad a Caesar \$1.39 / Add a lobster tail to meal \$9.95 or without a meal \$12.95 / Add 5 prawns to meal \$4.25 / Side of 3 perogies \$4.95 / Add Swiss \$1.50 / Add Feta \$1.95 / Change to Gluten Free Bun or Bread for \$1.75.

Entrées

All entrées include your choice of our home fries, perogies or salad with your choice of dressing.

Grilled Cheese	On white, brown or rye bread	\$9.95
The BLT	Loaded with bacon, lettuce and tomato on toasted white or brown bread	\$9.95
Hot Roast Beef	This sandwich has lean roast beef piled high and smothered in our own gravy	\$11.95
Ukrainian Perogies	With sautéed onions, bacon bits and garden salad	\$10.95
Baron of Beef Dip	Our own roast beef, served au jus with horseradish on the side	\$10.95
Reuben Sandwich	Fresh Corned Beef, sauerkraut and Swiss cheese on grilled Winnipeg rye bread	\$11.95
Bowl of Chili	So good, you'll eat the bowl! Served in a bread bowl with salad	\$11.95

We also host group gatherings, weddings, birthdays, anniversaries, Christmas parties, etc. Let us help you make that next special moment memorable!

Steak, Seafood and Ribs

Add sautéed mushrooms and onions for only \$1.39!

Medieval Steak	Our spicy medieval beef patty, baked potato or home fries, garlic toast and salad	\$12.95
New York Steak	A grilled 6 oz. aged center cut New York Steak, baked potato or home fries, garlic toast and salad	\$13.95
Steak & Prawns	Our great aged center cut New York Steak with the addition of 5 sautéed prawns, plus baked potato or home fries, garlic toast and salad	\$16.95
Steak & Lobster	A grilled 6 oz. aged center cut New York Steak with a 6 1/2 oz. lobster tail, baked potato or home fries and garlic toast	\$20.95
Chicken & Ribs	Half rack of ribs (8 oz.) and a grilled 6 oz. chicken breast, baked potato or home fries, garlic toast and salad	\$17.95
Rack of Ribs	A full rack of pork ribs with baked potato or home fries, garlic toast and salad. Served with your choice of BBQ, Honey Mustard, Honey Garlic, Teriyaki Sauce or Lemon Pepper	\$17.95
2 Lobster Tails	TWO lobster tails, baked potato or home fries, garlic toast and garden salad	\$26.95

**9 Scenic Kms
South From
Okanagan Falls**

Ye Olde Welcome Inn

Family Friendly ~ All Ages Welcome!

250-498-8840 • Hwy 97 Gallagher Lake

**Chef in until
10 pm Every Day
Including Holidays**